

# Welcome to Camp TREK 2017

TOGETHER IN RECREATION, EXPLORATION AND KNOWLEDGE

**Sunday August 20 through Friday August 25**

**Policies have changed please read carefully!**

**Camp Applications are due no later than March 31, 2017.**

**Notification of Application Acceptance will be mailed the first week of April, 2017.**

Camp TREK is the Brain Injury Alliance of New Jersey's summer respite and recreation program. Its primary purpose is to provide respite to family members and caregivers of people with brain injury. It also allows the person with a brain injury to experience a week away in a social and recreational atmosphere. The program is designed to serve adults, age 18 and older, with the primary diagnosis of brain injury.

This week-long camping program for adults with brain injuries will take place **Sunday August 20 through Friday August 25** at **CAMP SUN 'N FUN** in Williamstown, New Jersey (Gloucester County). This summer will be Camp TREK's 31st year!

Planned program activities may include a variety of physical/recreational opportunities such as crafts, nature, photography, swimming, cooking, sports, yoga, music and evening social activities.

**Those interested in attending TREK must complete and return the application no later than March 31, 2017. We have a lot of interest in Camp TREK this year. Spots will be filled by applicants who meet the preliminary requirements, on a first come, first served basis. Prior camp participation does not guarantee acceptance. During the first week in April, applicants who meet the preliminary requirements for the program will be sent additional paperwork to complete. Application and all required documentation is subject to review by the TREK Planning Committee prior to final acceptance. An updated photo, as well as copies of medical insurance cards will be needed prior to final acceptance.**

Each individual is unique and has different needs; therefore staff to camper ratio will be based on clients' needs. Safety of the camper and staff is paramount. Individual's needs change over time; they might need more supports this year than they have in previous years or might need less support. The final decision of staff to camper ratio will be made by the TREK Camp Committee. Camper acceptance and placement will be based on the amount of supports needed and whether we are able to meet those needs safely. TREK does not provide 1:1 staff to client ratios.

When filling out the application, please answer each question regarding camper's medical, behavior and self-care needs thoughtfully. Consider a day/time period when the camper would need the most supports. Think about changes that have taken place this past year, is there something we need to know to safely meet the needs of the individual. A camper might be independent at home showering, but might need additional assistance in a camp environment. If someone is in a wheelchair-please explain to us specifically what type of needs are required for self-care needs, hygiene, eating, etc. We will call families as we review applications for follow up information if needed. Again, safety is our number one concern!

Personal Care Attendants are required for campers with involved medical, physical or behavioral challenges which require one on one care. **PCA's must be the same gender as the camper for whom they are responsible. Space is limited; therefore the PCA and individual must be able to share a cabin with other campers. In the past we were able to accommodate separate cabins for clients with PCA's. Due to limited space we will not be able to continue that arrangement.** PCA's responsibilities include 24 hour a day one-on-one care as described above for your camper, in a physically demanding outdoor camp environment.

The administrative fee for TREK is \$405.00 per participant. Campers who attend with a personal care attendant (PCA) must also submit \$405.00 for the PCA. All fees are due with submission of medical forms. Campers denied placement will be reimbursed.

Transportation will not be provided. Applicants are responsible for providing reliable transportation to and from camp.

Please read the Participant's Handbook for specific information. If you would like an application mailed to you or have additional questions, please contact Liz Sullivan at 732-745-0200. Applications and camper photographs can be emailed or you can mail them to the following address:

**Camp TREK/Liz  
Brain Injury Alliance of New Jersey  
825 Georges Road, Second Floor  
North Brunswick, NJ 08902**