BOOKS

Acceptance Groups for Survivors
*Nancy Bauser MSW, 2001*
Nancy uses her experience as a brain injury survivor and expertise as a social worker to craft group discussions to help participants grasp acceptance as a process of recognizing problems, admitting deficits, accepting the reality of the present. (124 pages)

Achieving Communication Independence: A Comprehensive Guide to Assessment and Intervention
*Yvonne Gillette, 2003*
The author provides a structure for observation, assessment, and implementation and a systematic way to document the needs and progress of persons with communication challenges. (156 pages)

Attention, Memory and Executive Function
*G Reid Lyon, 1996*
This book presents research on central cognitive processes and explains how these findings can help clinicians assess and remediate deficits. The book also examines the role of executive function in children’s development, explores the use of cognitive strategies to guide learning; and provides explicit instructional examples for teaching organization and planning skills. (424 pages)

Awareness of Deficit after Brain Injury
*George Prigatano and Daniel Schacter, 1991*
Clinical experience indicates brain-injured patients are unaware of the deficits that impair their performance in everyday life. This book explores these issues in hopes that the information obtained from studying disorders of self-awareness will lead to improved rehabilitation of patients with brain dysfunctions. (271 pages)

Behavior Analysis Guidelines and Brain Injury Rehabilitation: (reference only)
*Harvey Jacobs, 1993*
This book is a reference manual for persons interested in applying behavior analysis to brain injury rehabilitation. The book presents guidelines for applying the basic principles of behavior analysis in brain injury rehabilitation, and covers more advanced concepts, such as social skills training, complex skill building and ultimately, personal empowerment. (374 pages)

The Rehabilitation and Reference section has materials on brain injury rehabilitation, addressing cognition, emotion, daily living, and other abilities impacted by brain injury, and also includes clinical reference materials on brain injury and its consequences.
Behavior Functional Rehabilitation Activity Manual  
*Barbara Messenger, M.Ed, ABDA and Niki Ziarnek, MS, CCC-SLP/L, 2004*
This manual includes activities on: social skill awareness, interpreting cues, group interaction; social skill acquisition, telephone etiquette, time management; anger management; and vocational skills including interest assessment, interviewing, job application, resumes, and presentation. (292 pages)

The Behavior Management Handbook: A Practical Approach to Patients with Neurological Disorders  
*Brigitte Matthies, Jeffrey Kreutzer, and Deborah West, 2003*
This manual details techniques for addressing the challenging behaviors often seen in patients with neurological dysfunction. This resource provides: sample treatment goals for behavioral problems; descriptions of common behavioral problems and “common mistakes” made by professionals (152 pages)

Brief Interventions and Brief Therapies for Substance Abuse  
*US Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, 1999*
This book will be of use to professionals who need to help persons with substance abuse disorders alter their use patterns or seek treatment. The goal is to make readers aware of research, results, and promise of brief interventions and therapies (234 pages)

*Madonna Siles, 2006*
Part memoir, part recovery manual, this is a guide for thousands of individuals who find themselves having to make life and death decisions for those they love. She examines the patient’s recovery, the role of caregivers, and the pressures they face (221 pages)

*National Resource Center for Traumatic Brain Injury, 1999*
This handbook provides a framework and set of principles for addressing the short- and long-term problems of persons with brain injuries. These principles are useful at home or within an inpatient or outpatient rehabilitation setting (121 pages).

The Rehabilitation and Reference section has materials on brain injury rehabilitation, addressing cognition, emotion, daily living, and other abilities impacted by brain injury, and also includes clinical reference materials on brain injury and its consequences.
REHABILITATION AND REFERENCE

The Brain Pack (Reference Only)
*Ron Van der Meer, 2000*
The Brain Pack explores the facts and mysteries inside your head. You can examine a model of your brain to see how information is processed, evaluate memory skills and more. (13 pages)

The Brain That Changes Itself: Stories of Personal Triumph from the Frontiers of Brain Science
*Norman Doidge, 2007*
Evidence is showing the brain can rewire itself, even in the face of catastrophic trauma: the brain can be strengthened like a weak muscle. This book features case studies reminiscent of Oliver Sacks combined with interviews with lead researchers. (427 pages)

Case Studies in Neuropsychological Rehabilitation
*Barbara Wilson, 1999*
This text presents 20 case studies of adults who sustained severe brain injury. The chapters describe the lifestyle of each individual before the onset of brain injury, and subsequent symptoms, assessment, rehabilitation and outcomes. (384 pages)

The Child with Traumatic Brain Injury or Cerebral Palsy
*Lucia Braga, 2006*
This book presents a context-sensitive, family-centered model for rehabilitating children with brain injury. The accompanying CD has a manual with illustrated activities designed to promote the child’s neurodevelopment through family involvement. (287 pages)

Cognition Functional Rehabilitation Activities Manual
*Barbara Messenger and Niki Ziarnek, 2004*
This manual includes 60 activities concerning: orientation, memory, interactions, money management, organization, health awareness, attention, problem-solving, comprehension, reading, and community orientation. (126 pages)

Cognitive Rehabilitation: An Integrative Neuropsychological Approach
*Mckay Moore-Sohlberg, PhD, 2001*
This textbook reviews cognitive rehabilitation. It focuses on the assessment and treatment of persons with deficits in attention, memory, executive functions, and communication. It is written in clear, straightforward fashion with case studies. There are sample assessments, rating scales, and patient handouts. (492 pages)

The Rehabilitation and Reference section has materials on brain injury rehabilitation, addressing cognition, emotion, daily living, and other abilities impacted by brain injury, and also includes clinical reference materials on brain injury and its consequences.
<table>
<thead>
<tr>
<th>Title</th>
<th>Author(s)</th>
<th>Year</th>
<th>Description</th>
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<tbody>
<tr>
<td><strong>Collaborative Brain Injury Intervention</strong></td>
<td>Mark Ylvisaker and Timothy J Feeney</td>
<td>1998</td>
<td>This book reviews cognitive, behavioral, and communication issues applied through positive everyday routines, and covers topics concerning children and adults in a practical manner. (330 pages)</td>
</tr>
<tr>
<td><strong>Communication Disorders Following Traumatic Brain Injury</strong></td>
<td>Skye McDonald</td>
<td>1999</td>
<td>Psychologists, speech pathologists and therapists working with people with brain injury will find this book a comprehensive source for assessing communication problems faced by people with brain injury, and for planning rehabilitation. (338 pages)</td>
</tr>
<tr>
<td><strong>Daily Living Functional Rehabilitation Activities Manual</strong></td>
<td>Barbara Messenger, Med, ABDA and Niki Ziarnek</td>
<td>2004</td>
<td>The purpose of this manual is to teach functional rehabilitation activities, therapeutic tasks designed to facilitate an individual’s independence with activities of daily living. The activities can be used with children and adults. (108 pages)</td>
</tr>
<tr>
<td><strong>The Depression Workbook</strong></td>
<td>Mary Ellen Copeland, MS, MA</td>
<td>2001</td>
<td>This workbook provides exercises that help readers take charge of their own wellness and teach coping skills, such as tracking moods, increasing self-esteem, avoiding conditions that exacerbate mood swings, and using relaxation, diet, and exercise. (333 pages)</td>
</tr>
<tr>
<td><strong>Family Rehabilitation Activity Manual</strong></td>
<td>Barbara Messenger and Niki Ziarnek</td>
<td>2006</td>
<td>This manual lists activities families can use to help an individual with behavior, cognition, leisure interests, and daily living. Many of the exercises work on attention, memory, organization, behaviors, anger, emotions and concentration. (118 pages)</td>
</tr>
<tr>
<td><strong>Fractured Minds: A Case Study Approach to Clinical Neuropsychology</strong></td>
<td>Jenna Ogden, PhD</td>
<td>2005</td>
<td>Fractured Minds introduces the reader to clinical neuropsychology through case descriptions. This book is about the courage, humor, and determination to triumph over disability “ordinary people” demonstrate when coping with brain disorders. (416 pages)</td>
</tr>
</tbody>
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REHABILITATION AND REFERENCE

Functional Assessment and Intervention
James Carr, 2002
Problem behaviors serve a number of functions for a person with disability. They may provide positive or negative reinforcement. The authors describe a newer functional approach to problem behavior, offer strategies to assess behaviors and intervene using functional assessment and intervention techniques (99 pages)

The Helping Exchange: PEARL
Martin J McMorrow, 2005
This behaviorally-oriented rehabilitation manual provides a down-to-earth, easy to implement model designed to teach, strengthen, and evaluate desired skills in human service interactions. Examples illustrate how to apply the P.E.A.R.L. to clients. (48 pages)

The Hero’s Journey
Kit Malia, BED, MPhil, CPCRT and Anne Brannagan, DIPCOT, MSc, 2008
A group curriculum with content to increase understanding and adjustment to the changes caused by brain injury. It can be used by clinicians, caregivers and families. The activities are designed as “adventures, challenges and insights” to enhance understanding of the brain and the consequences of an injury. (120 pages)

Judgment and Safety Screening Inventory Administration Manual
Jeffrey S Kreutzer, PhD, Deborah D West, BA and Jennifer Marwitz, MS, 2001
The Judgment and Safety Screening Inventory was developed to identify and communicate concerns about safety. The kit includes a manual and forms. The manual provides information on scoring, interpretation and recommendations to improve safety. (56 pages)

Leisure Functional Rehabilitation Activities Manual
Barbara Messenger, Med, ABDA and Niki Ziarnek, MS, CCC-SLP/L, 2004
Meaningful activities can make a difference in the life of a person with a cognitive impairment. This manual presents activities that can be used in home and community settings. Activities include: exploring the community, game playing, making an interest inventory, outdoor activities, art and crafts, and writing. (18 pages)

The Rehabilitation and Reference section has materials on brain injury rehabilitation, addressing cognition, emotion, daily living, and other abilities impacted by brain injury, and also includes clinical reference materials on brain injury and its consequences.
A Manual for Teaching Patients to Use Compensatory Memory Systems
McKay Moore Sohlberg, Alice Johansen, Suzanne Geyer, Sue Hoornbeek, 1994
This manual provides clinicians exercises to teach individuals how to use external memory systems. The manual reviews memory and training models, design of external memory systems, programs for increasing awareness, exercises, generalization and methods for involving significant others. (174 pages)

Memory Matters: Strategies for Managing Everyday Memory Problems
Deborah D West and Janet Niemeier, 2005
Memory problems are common after brain injury. Trouble learning and remembering information leads to frustration and struggles to perform tasks. This book identifies steps to manage problems. An interactive approach helps put strategies into action. (40 pages)

The Memory Workbook
Douglas J Mason, PsyD, Michael Lee Kohn, PsyD, 2001
This workbook shows readers how to improve their memory functioning. Readers learn how to maximize the receptiveness of their senses, focus on what is important and block out what isn’t, rehearse and imprint information, and use visual imagery to retain experiences. (230 pages)

Neurobehavioral Disability and Social Handicap After Brain Injury
Rodger Wood and Tom McMillan, 2001
The book reviews the nature of neurobehavioral disability, how it translates into social handicap, and addressing these problems through rehabilitation, vocational training, and family education. Consideration is given to evaluating post-acute rehab methods and selecting the most appropriate form of rehabilitation. (315 pages)

Neuropsychosocial Intervention: Practical Treatment of Severe Behavioral Dyscontrol after Acquired Brain Injury
Robert L Karol, 2003
This book outlines the nature and significance of behavioral dyscontrol, explains aggression, and details the neuropsychosocial treatment approach and the principles on which it is based. It demonstrates even persons with brain injury and severe behavioral problems can succeed with amazing results. (199 pages)
REHABILITATION AND REFERENCE

Neurotrauma (Reference Only)
*Raj Narayan, MD, Jack Wilberger, MD and John Povlishock, PhD, 1996*
This clinical textbook is a reference for the wide spectrum of physicians and scientists involved with this field. (1558 pages)

Rehabilitation for Traumatic Brain Injury
*Walter M High, Jr., PhD, 2005*
This book reviews the effectiveness of rehabilitation interventions. Experts conduct evidence-based reviews of domains of brain injury rehabilitation summarizing what is known, critiquing studies in the area, and then outlining new directions for research. (368 pages)

Rehabilitation for Traumatic Brain Injury, Physical Therapy Practice in Context
*Maggie Campbell, 2000*
This book increases professionals’ knowledge and understanding of the problems faced by patients and their families. It will help them define their role as therapists within the lengthy and ongoing rehabilitation process. (259 pages)

Road to Rehabilitation (8-Part Series) (Spanish)
*Brain Injury Association of America, 2001*
This is the Spanish edition of the guide to rehabilitation. (88 pages)

Sports Neuropsychology
*Ruben Echemendia, 2006*
Knowledge about sports-related concussion has grown, with a corresponding upsurge of awareness among coaches, team physicians, and the public. This volume discusses practical guidelines for evaluating mild brain injury and making crucial return-to-play decisions for athletes at all levels. (324 pages)

Starting Again, Early Rehabilitation After Traumatic Brain Injury or Other Severe Brain Lesions
*Patricia M Davies, 1998*
This book describes early rehabilitation of the patient with a brain injury. It addresses perceptual disturbances, positioning, learning to eat, think and speak again as well as activities for retraining balance and motor control. Ways to prevent or overcome loss of range of motion are described. (442 pages)

The Rehabilitation and Reference section has materials on brain injury rehabilitation, addressing cognition, emotion, daily living, and other abilities impacted by brain injury, and also includes clinical reference materials on brain injury and its consequences.
Substance Abuse Treatment for People with Co-Occurring Disorders
US Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, 1999
The Center for Substance Abuse Treatment’s Treatment Improvement Protocols (TIPs) are best practice guidelines for the treatment of substance use disorders. This TIP provides information about new developments in the rapidly growing field of co-occurring substance use and mental disorders. (560 pages)

Substance Use Disorder Treatment for People with Physical and Cognitive Disabilities
Center for Substance Abuse Treatment, 2008
The Center for Substance Abuse Treatment’s Treatment Improvement Protocols (TIPs) are best practice guidelines for treatment of substance use disorders. This TIP presents simple and straightforward guidelines on how to overcome barriers and provide effective treatment to people with disabilities. (156 pages)

Textbook of Traumatic Brain Injury
Jonathan M Silver, MD, Thomas W McAllister, MD, and Stuart C Yudofsky, MD, 2005
This textbook addresses imaging, diagnostics, neuropsychological assessment, social issues, systems of care, treatment, and neuropsychiatric sequelae including apathy, reduced awareness, fatigue, pain, headaches, etc. (771 pages)

Traumatic Brain Injury Activities: Back to Life
Andrew K Gruen & Lynn S Gruen, 1994
The book provides functional narratives to augment and generalize performance with individuals who need help with memory and other cognitive skills. This material will be useful to individuals in clinical, educational, and home-based programs (405 pages)

Traumatic Brain Injury Rehabilitation: Children and Adolescents, 2nd Edition (reference only)
Mark Ylvisaker, 1998
This book provides professionals a framework for treating children and adolescents with brain injuries. It reviews the pathophysiology and consequences of brain injury, intervention, and guidelines for reintegrating the child into school, family, and work. (479 pages)
Traumatic Brain Injury: Rehabilitation Treatment and Case Management (reference only)
*Mark J Ashley, 2004*
A source of information on issues faced by people with brain injury and their caregivers. Provides procedures that may be effective in reducing disability, improving life quality and life satisfaction, and reducing financial expenditures associated with TBI. (800 pages)

Understanding Everybody’s Behavior after Brain Injury: “Don’t ‘Don’t’!”
*Harvey E Jacobs, 2010*
This book helps you understand the factors that cause behavior after brain injury. It shows how behavior is affected by events and circumstances as much as the injury. It helps people involved with the individual be more responsive and effective. It is ideal for training, staff development, and case consultation. (249 pages)

Understanding Everybody’s Behavior after Brain Injury: Workbook
*Harvey E Jacobs, 2010*
The workbook is designed to help you understand the complexity of brain injury, to identify strengths and challenges, and develop action plans. By using the Workbook, families, caregivers and clinicians will develop a proactive approach. (138 pages)

VIDEOS

60 Minutes: Awakening
*CBS Broadcasting, 2007*
There are as many as 300,000 Americans living with such serious brain injuries that they are trapped in what is called a “minimally conscious state”. Most will never emerge from this state, but for a few, there might be hope. (12 minutes)

ABCs of the Zs: Sleeping with a TBI
*Alicia Fredella, RRT, CBIT, 2007*
This video reviews the neurobiology of sleep and how sleep can be disturbed because of TBI; clinical treatment for TBI-related sleep disorders and assessment and treatment techniques used in sleep disorders. (52 minutes)
Coma (HBO Documentary Films)
_HBO Documentary Films, 2008_
COMA follows the journeys of four brain injury patients, after their emergence from a coma into a persistent vegetative state, a minimally conscious state, or beyond. The film charts the patients’ progress and details efforts made on their behalf by doctors, therapists, and families and friends. (102 minutes)

Coping with Brain Injury: Brain Injury Speakers’ Series
_U California-San Diego TV, 2006_
Four television programs featuring speakers and brain injury survivors sharing information and real-life examples. (120 minutes)

How to Be an Effective Consumer of Neuropsychology Services
_Richard Temple, PhD, 2008_
This video reviews neuropsychological evaluation, testing, and practice, including assessment domains, choosing a neuropsychologist, and the rights and responsibilities of consumers of neuropsychology. (60 minutes)

Intersection of Aging and Traumatic Brain Injury, The
_Gary Seale, MS, 2009_
This video examines statistics regarding TBI and aging, questions at the intersection of TBI and aging, existing evidence, and multiple recommendations for promoting “healthy aging”. (63 minutes)

Long-Term Health Outcomes
_John D Corrigan, PhD, 2009_
This video examines the long-term consequences of brain injury by reviewing case studies. The results support reconceptualizing brain injury as a chronic disease. (65 minutes)

Medication and Brain Injury
_Gregory O’Shanick, MD, 2009_
This video reviews the role of medications in treatment, mechanisms of action, side effects, and other aspects of medication (70 minutes)

Systematic Care Management: Overview and Preliminary Results
_D Nathan Cope, MD, 2010_
This video reviews health industry trends affecting the care of persons with severe TBI, including insurance management. The video considers systematic care management and its application in TBI-related health care. (58 minutes)
Understanding the Continuum of Care  
*Douglas Cooper, PhD, 2008*
This video reviews issues in the treatment of brain injured service members, opportunities for collaboration with brain injury rehabilitation programs, and blast-related treatment. (90 minutes)

**UW TBI Model Systems Series: 2004 Conference Series**

*Part 1- Dr Mary Pepping; Jesse Fann, MD, MPH*
This video contains lectures on the anatomy of the brain; and psychiatric disorders that accompany TBI (120 minutes)

*Part 2- Myron Goldberg, PhD; Julie Brunings, MS, CCC-SLP and Julie Rosenzweig, MS, COC*
This video contains lectures on understanding & managing behavioral problems in TBI; and pragmatics of communication and TBI (120 minutes)

*Part 3- Andrea Abrahamson; Caregiver and Self Advocate Panel*
This video contains lectures on self-advocacy; navigating the health care system; and a discussion, “Case Management and Caregiver Support” (120 minutes)

**BOOKS**

*Jeff Kreutzer, Stephanie Kolakowsky-Hayner, Debbie West, Gene Gourley, 1999*
This guide helps people with brain injury sort through the options of going back to the same job, finding a new job, or not going back to work. (160 pages)

*Choosing, Finding, and Keeping a Job After Brain Injury*
*Janet P Niemeier, PhD, ABPP, Jeffrey S Kreutzer, PhD, ABPP, Shy DeGrace, BS, 2009*
A vocational training program for adults with brain injuries which includes structured sessions with a workbook and CD. (167 pages)