

SENSITIVITY & STAFF DEVELOPMENT

People with Brain Injury are Speaking Up about Quality of Services

National Center on Outcomes Resources, 2001

This booklet presents the views of people with brain injury concerning quality in services and supports. (20 pages)

Treating Families of Brain Injury Survivors

Paul R Sachs, PhD, 1991

A text on treatment for families of brain injury survivors, including information on the family system, assessment, psychological treatment, the family self-help movement, the emotional impact of family treatment on the professional, and future directions of treatment. (211 pages)

Working with Families of Brain Injury Survivors in Community Re-Entry

Paul Sachs, PhD, 1996

This manual is for rehab therapists working with families of persons with TBI at the community re-entry stage. (56 pages)

The Sensitivity and Staff Development section has materials for professionals on working successfully for people with brain injury, as well as for family and other peers who would like the same information to help a person with brain injury succeed.

STROKE

BOOKS

After a Stroke: 300 Tips for Making Life Easier

Cleo Hutton, RN, 2005

Cleo Hutton, a 12-year stroke survivor and nurse, gives readers tips she used in her recovery including how to accomplish daily living routines, combat fatigue, enjoy recreational activities, and how to turn deficits into assets. (128 pages)

After Stroke

David M Hinds, 2000

This book has information why a stroke occurs and what happens when it does, how to get the best care in a specialized stroke unit and more. (210 pages)

Brain Attack—The Journey Back

Liz Pearl, M.Ed., 2005

A book of 33 narratives written by survivors about their recoveries. (137 pages)

The Stroke category has materials about strokes, including information on diagnosis, treatment, coping and adjustment.

STROKE

The Dresser Poems: After the Stroke

Patricia Celley Groth, 2001

A collection of poems by an award winning poet and stroke survivor. (21 pages)

Living with Stroke: A Guide for Families

Richard Senelick, 2001

In this book, stroke survivors and their families, friends, and caregivers learn about the process of rehabilitation, and the causes of stroke. (277 pages)

My Mum Had a Stroke

Jenny Tunstall, 2001

This book explores a daughter's reaction to her mother's stroke. She has to cope with her mother's changes, and her own fears and feelings. Although her life is now different and has its difficulties, she comes to appreciate that there are good times, too. (40 pages)

Out of the Darkness

Allison S. O'Reilly, 2014

An inspirational story of survival in the face of stroke and locked-in syndrome. (119 pages)

Stroke and the Family: A New Guide

Joel Stein, MD, 2004

In this book, Joel Stein shows the many faces of stroke and the people it strikes and gives guidelines for family coping. (272 pages)

Stronger After Stroke: Your Roadmap to Recovery

Peter G Levine, 2009

Written for survivors, caregivers, and loved ones, this book offers a new approach: stroke survivors recover by using the same learning techniques anyone uses to master anything. Concepts include repetition of task-specific movements, proper scheduling, setting goals and recognizing achievements. (215 pages)

Take Brave Steps: For Stroke Survivors and Families

Ron Gardner, 2008

In 1997, Ron suffered a devastating stroke. After recovering from his stroke, Ron shares his powerful and personal message of motivation and hope with individuals and corporations. His is a human interest story of triumph over tragedy that will be sure to inspire and help you and your loved ones. (156 pages)

The Stroke category has materials about strokes, including information on diagnosis, treatment, coping and adjustment.