New Jersey Brain Injury Resource Guide
Dear Reader,

On behalf of the Brain Injury Alliance of New Jersey, I am pleased to present this guide to resources that may be of assistance to people with brain injury and their families. Brain injury is the leading cause of death and disability among children and adolescents, and an estimated 3.17 million Americans live with disabilities resulting from brain injury. Many programs and state agencies serve individuals affected by brain injury; this guide was developed to assist you in having a better understanding of the resources available.

The guide contains a listing of comprehensive brain injury rehabilitation programs, support groups and state and county agencies that assist people with brain injuries. While we attempted to include a wide variety of services throughout New Jersey, there may be programs that are not listed. Professionals who are in private practice are not included in the guide.

For further assistance in identifying appropriate supports, please contact one of our Community Resource Specialists at 1-800-669-4323.

Sincerely,

Barbara Geiger-Parker
President & CEO

The Brain Injury Alliance of New Jersey does not support, endorse, or recommend particular methods, treatments, or programs for people with brain injury. Our goal is to inform the public. We believe every individual affected by brain injury has the right to know what resources are available. Inclusion of a brain injury program in this directory does not imply endorsement by the Brain Injury Alliance of New Jersey. The Brain Injury Alliance of New Jersey is not responsible for the nature, scope and quality of the programs listed in this directory.
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Brain Injury Alliance of New Jersey

The Brain Injury Alliance of New Jersey is a statewide nonprofit organization dedicated to improving the quality of life people experience after brain injury. Since being founded in 1981 by a small group of concerned parents of children who sustained brain injury, we’ve grown to become the primary source of information, education, advocacy, support, and hope for people with brain injury and their families in New Jersey. Today, our dedicated staff, board, volunteers, donors, and community partners proudly serve over 10,000 New Jerseyans each year.

Mission

Our mission is to support and advocate for individuals affected by brain injury and raise public awareness through education and prevention.

Services for People with Brain Injury & Their Families

- **Family Helpline** (1-800-669-4323) and **Resource Library** offering people with brain injury, family members, professionals and the general public free information and resources about brain injury. The library contains free publications and articles, as well as books and videos which may be borrowed at no cost.
- **Support Groups** for people with brain injury, their family and friends.
- **Family Support Program** provides families with loved ones injured under the age of 22 with care coordination, resource exploration, and assistance navigating the system of available supports and services.
- **Support Coordination** for individuals who are eligible for Self-Directed Services from the Division of Developmental Disabilities.
- **TREK (Together in Recreation, Exploration, and Knowledge)** Program for people with brain injury 16 and older that provides a weeklong residential summer respite and recreational camp program.
- **Social Outings and Gatherings** for individuals with brain injury to get out, interact, make new friends, and just have fun.

Outreach

- **Outreach to Health & Human Service Organizations** to raise awareness of brain injury and the programs and services of the Alliance.
- **Exhibiting & Community Events** to further raise awareness of brain injury and the Alliance by exhibiting at large professional conferences, as well as smaller grassroots level events.

Education & Training

- **Brain Injury Basics for Families Sessions** offered throughout the state for families, people with brain injury and their families to learn more about brain injury and the resources available to individuals and families.
- **Adjustment to Brain Injury Sessions** also offered throughout the state. At these sessions you will find information that will help you and your family learn how to adjust to living with a brain injury.
- **Fall Family Conference** aimed at educating family members and persons with brain injury about the challenges of brain injury and resources to help cope with those challenges.
- **Annual Seminar** aimed at educating family members, persons with a brain injury, professionals, and the general public on issues surrounding brain injury.
- **Regional Seminars** for health and human service workers to learn more about brain injury.
- **Online Course for School Professionals** offered through a partnership with Rutgers University.
- **Brain Injury Traveling Workshops** provide free educational opportunities for all people affected by brain injury, including family, friends, and professionals. Have our staff train you at your facility.
- **Brain Injury Alliance of New Jersey** website at www.bianj.org.
- **E-News** free monthly electronic newsletter.

If you have any questions regarding any of the education and training opportunities please visit our website at www.bianj.org or call our office at 732-745-0200 and request to speak to the Brain Health Training Coordinator.
**Brain Health Network- Prevention**

- **Brain Injury Prevention and Awareness Lesson Plans** for early childhood safety ([www.bianj.org/prevention](http://www.bianj.org/prevention)).
- **Brainy Bunch** wheeled sports, helmet, and pedestrian safety. ([www.brainybunch.info](http://www.brainybunch.info)).
- **Concussion in Youth Sports** campaign ([www.sportsconcussion.com](http://www.sportsconcussion.com)).
- **U Got Brains Champion Schools Program** campaign aimed at adolescents and transportation safety ([www.ugotbrains.com](http://www.ugotbrains.com)).
- **NJTeenDriving** safe driving campaign aimed at parents and adolescents ([www.njteendriving.com](http://www.njteendriving.com)).
- **NJDriverEducation.com** campaign aimed at driver’s education teachers ([www.njdrivereducation.com](http://www.njdrivereducation.com)).
- **NJSmartRiders** campaign aimed at motorcyclists throughout the state ([www.njsmartriders.org](http://www.njsmartriders.org)).
- **NJSmartDrivers** campaign aimed at drivers to encourage sharing the road with motorcycles. ([www.njsmartdrivers.org](http://www.njsmartdrivers.org)).
- **Heads Up Seniors** fall prevention and safety awareness ([www.bianj.org/prevention](http://www.bianj.org/prevention)).

**Advocacy**

- **Advocacy and Legislative Affairs** maintaining a voice in government and promoting safety legislation.
- **CHIC (Council for the Head Injured Community)** supporting self-advocacy efforts for people with brain injury.

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For more information regarding our programs, please contact us:

**Brain Injury Alliance of New Jersey**
825 Georges Road, 2nd Floor, North Brunswick, NJ 08902
(800) 669-4323 (NJ only) or (732) 745-0200
Fax: (732) 745-0211
Web Site: www.bianj.org ~ Email: info@bianj.org
Office Hours are Monday – Friday
9:00am – 5:00pm
Brain Injury Organizations in Neighboring States

United States Brain Injury Alliance
PO Box 1804
Alexandria, VA 22313
Telephone: 703-960-6500
Email: info@usbia.org
Website: www.usbia.org

Brain Injury Association of New York
10 Colvin Avenue
Albany, NY 12206
Telephone: 518-459-7911
Family Helpline: 800-228-8201 or 1-800-444-6443
Fax: 518-482-5285
Website: www.bianys.org

Brain Injury Association of Pennsylvania
950 Walnut Bottom Road
Suite 15-229
Carlisle, PA 17015
Telephone: 866-635-7097
Fax: 717-692-5567
Website: www.biapa.org

Brain Injury Association of Delaware
840 Walker Road, Suite ADover, DE 19904
Telephone: 302-346-2083
Family Helpline: 800-411-0505
Website: www.biaofde.org

Brain Injury Association of America
1608 Spring Hill Road, Suite 110
Vienna, VA 22182
Telephone: 703-761-0750
Family Helpline: 800-444-6443
Fax: 703-761-0755
Website: www.biausa.org
E-Mail: FamilyHelpLine@biausa.org
What is Brain Injury?

The brain controls everything we say, do, think, and feel. It controls the very functions that keep us alive: breathing, circulation, digestion, hormones, and the immune system. It is through the brain that we experience emotion and express ourselves.

“Weighing less than sixteen hundred grams (three pounds) the human brain in its natural state resembles nothing so much as a soft, wrinkled walnut. Yet despite this inauspicious appearance, the human brain can store more information than all the libraries in the world. It is also responsible for our most primitive urges, our loftiest ideals, the way we think, even the reason why, on some occasions, we sometimes don’t think, but act instead.” - From The Brain by Richard Restak, M.D.

Definitions and Causes

Brain injury refers to an injury in which an insult to the brain causes damage to the brain. Just as every individual is unique, every brain injury is unique, and no two injuries are ever the same.

Brain injuries are often described as either traumatic or acquired based on the cause of the injury.

Traumatic brain injury (TBI) is an insult to the brain which is caused by an external physical force that may produce a diminished or altered state of consciousness, and which results in an impairment of cognitive abilities or physical functioning. It can also result in the disturbance of behavioral or emotional functioning.

Traumatic brain injuries occur during everyday activities, including: falls, motor vehicle crashes, assaults, and sports injuries, including concussions.

Acquired brain injury (ABI) is an injury to the brain that is not inherited, congenital, or degenerative. Acquired brain injuries are caused by some medical conditions, including strokes, encephalitis, aneurysms, anoxia (lack of oxygen during surgery, drug overdose, or near drowning), metabolic disorders, meningitis, or brain tumors.

Although the causes of brain injury differ, the effects of these injuries on a person’s life are quite similar.

Results of a brain injury

Whatever the cause, a brain injury can result in an impairment of cognitive abilities and physical functioning. It can also result in the disturbance of behavioral or emotional functioning. Cognitive consequences may include memory loss, slowed ability to process information, trouble concentrating, organizational problems, poor judgment and difficulty initiating activities. Physical consequences can include seizures, muscle spasticity, fatigue, headaches, and balance problems. Emotional and behavioral consequences can include depression, mood swings, anxiety, impulsivity, and agitation.

Brain injury affects not only the individual but also the family, close friends, co-workers, and other social networks of the individual. Roles and relationships change. The financial ramifications may be extensive.

The silent epidemic

Brain injury has been called the “silent epidemic” because public recognition of brain injury is
extremely low despite the staggering number of people who are injured each year.

The effects of brain injury are often invisible to an unknowing observer. Likewise, the visible effects of brain injury—such as physical impairment, behavioral issues, and even cognitive deficits—are often not properly attributed to brain injury.

Over 1.7 million people in the United States sustain traumatic brain injuries each year but only one sixth of them are admitted to hospitals. This number does not include people with acquired brain injuries. The annual incidence of TBI alone is higher than that of breast cancer, multiple sclerosis, spinal cord injury, and HIV/AIDS combined.

TBI in the United States
According to the Centers for Disease Control and Prevention (2010):

- 1.7 million Americans sustain a traumatic brain injury every year.
- Each year, approximately 80,000 - 90,000 Americans experience the onset of long-term disability following TBI.
- More than 52,000 people die every year as a result of TBI.

For additional national statistics, visit the CDC website: http://www.cdc.gov/ncipc/tbi/TBI.htm

TBI in New Jersey
According to the New Jersey Department of Health & Senior Services’ Center for Health Statistics:

- Each year in New Jersey there are nearly 9,000 traumatic brain injuries (TBI), resulting in hospitalization or death. This does not include the brain injuries that are treated in emergency departments and outpatient settings or those that go untreated.
- Approximately 10% of these TBIs are fatal.
- Leading causes of TBI in New Jersey are falls, motor vehicle crashes, assaults, and self-inflicted injury. Historically, the leading cause has been vehicle crashes (including automobiles, bicycles, and recreational vehicles). However, in 2003, falls became the leading cause of TBI in New Jersey, responsible for more than 20% more TBIs than vehicle crashes.
- TBI rates are higher among men for all major causes. The rate of TBI for males is nearly twice that of females for motor vehicle injuries and 54% higher for falls.

For additional state statistics, visit the Center for Health Statistics website:

- http://www.state.nj.us/health/chs/monthlyfactsheets/tbi_0407.pdf
- http://www.state.nj.us/health/chs/oisp/cns.shtml
Brain Injury Alliance of New Jersey Support Groups

What is a brain injury support group?
Brain injury support groups allow persons with brain injury and their family members to meet others who are in similar situations, gain valuable emotional support from one another, form friendships, obtain information and resources, and hear speakers discuss a variety of brain injury topics. They are an opportunity for both persons with brain injury and their family members to discuss the difficulties and hardships they are facing, as well as the accomplishments and joys in their life. Meetings typically take place once a month, and are led by professionals who volunteer their time to run a brain injury support group. The groups are free of charge and are open to both family members and people with brain injury.

Many individuals avoid support groups because they feel that they are only complaint sessions that focus on the negative aspects of life after brain injury, but this is not the case. Support groups can be an opportunity for individuals to support and encourage one another, not only through the rough times, but also through the good times.

*Please note that the support group information is subject to change. Please call before you attend a meeting for the first time or if you have not attended recently.

- **Adolescent/Parent Groups at Children’s Specialized Hospital- Middlesex County**
  200 Somerset St., New Brunswick, NJ 08901
  Adolescent Group: Auditorium 2, Contact: Deborah Brown, 856-229-3065
  Parent Group: Auditorium 1, Contact: Doreen Bridgman, 732-977-7381
  *Both groups meet the 3rd Thursday of each month at 7 p.m.*

- **Atlantic Group at Bacharach Institute for Rehabilitation**
  61 W. Jimmie Leeds Road, Pomona, NJ 08240-0723
  Contact: Nutan Ravani, 856-589-5797
  *Meets the 2nd Thursday of each month at 7 p.m.*

- **Bergen Group at Englewood Hospital**
  350 Eagle St., Englewood, NJ 07631
  Contact: Jane and Joe Concato, 201-666-2015
  *Meets the 3rd Monday of each month at 6:30 p.m.*

- **Burlington/Camden Group at Bancroft NeuroRehab**
  Resnick Center, 3900 Church Road, Mt. Laurel, NJ 08054
  Contact: Kristin Lukianovich, 856-616-6431
  *Meets the 3rd Monday of each month at 6:30 p.m.*

- **Burlington/Camden Group at Independence Rehab**
  1030 North Kings Highway, Cherry Hill, NJ 07052
  Contact: Nutan Ravani, 856-589-5797 or Mark Rader, 856-667-3330
  *Meets the 2nd and 4th Wednesdays of each month at 7 p.m.*

- **Cape May Group at Cape May Regional Medical Center**
  2 Stone Harbor Blvd., (1st floor, Maruchi Room)
  Cape May Court House, NJ 08210
  Contact: Bonnie Kratzer, 609-463-4043
  *Meets the 3rd Thursday of each month at 1 p.m.*

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  Cape May Court House, NJ 08210
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  *Meets the 3rd Thursday of each month at 1 p.m.*
• College Students with Brain Injury Group at Rutgers, New Brunswick
  (This group is open to all college students with brain injury)
  Rutgers Campus, Lucy Stone Hall, A-Wing, Suite A145,
  54 Joyce Kilmer Ave, Piscataway Township, NJ 08854
  Contact: Kathy Loder-Murphy, 848-445-4428
  Meets the 4th Sunday of each month from 6:30-8:30 p.m.

• Cumberland Group at HealthSouth Rehabilitation Hospital of Vineland
  1237 West Sherman Avenue, Vineland, NJ 08360
  Contact: Allison Frederick, 856-696-7100 x305
  Meets the 1st Tuesday of each month at 7 p.m.

• Essex Group at Kessler Institute for Rehabilitation
  1199 Pleasant Valley Way, West Orange, NJ 07052
  Contact: Judi Weinberger 973-677-4260 or Cristina Kylmasz 973-414-4718
  Meets the second and last Tuesday of each month at 6:30 p.m.

• Gloucester Group at Moss Rehab/Drucker Brain Injury Center at Woodbury
  135 South Broad Street, Woodbury, NJ 08096
  Contact: Dayna Scott, 856-853-9900 x201
  Meets the 4th Monday of each month at 5:30 p.m.

• Mercer Group at St. Lawrence Rehabilitation Hospital
  Conference Room 117, 2381 Lawrenceville Road, Lawrenceville, NJ 08648
  Contact: David Searles, 609-896-9500, ext. 2244
  Meets the 1st Wednesday of each month at 6:30 p.m.

• Middlesex Group at JFK Johnson Rehab Center for Head Injuries
  JFK Hartwyck at Oak Tree, 2048 Oak Tree Rd., Edison, NJ 08820-2012
  Contact: Sabrina Leuth, 732-906-2640, ext. 42656
  Meets the 2nd Tuesday of each month at 6 p.m.

• Monmouth Group at Dorbrook Park Recreation Area
  Route 537, Colts Neck, NJ, 07722
  Contact: BIANJ Office, 732-745-0200
  Meets the 1st Tuesday of each month at 7 p.m.

• Morris Group at Kessler Institute for Rehab at Chester Campus
  Pleasant Hill Road, Chester, NJ 07930
  Contact: Denise Holderied, 973-252-6375
  Meets the 1st Tuesday of each month at 6 p.m.

• Morris Group at DAWN Center for Independent Living
  30 Broad St, Suite 5, Denville, NJ 07834
  Contact: Carmela Slivinski, Carl Brand or Linsay Tuman 973-625-1940
  Meets the 3rd Thursday of each month at 6 p.m.

• Ocean Group at Community Medical Center
  99 Highway 37 West, Toms River, NJ 08755
  Contacts: Vicky Hardy, 732-557-8000, ext. 10226 and Pam Lightfoot, ext. 11547
  Meets the 3rd Tuesday of each month at 6 p.m.
• **Passaic/Bergen Group at Rehabilitation Specialists**
  18-01 Pollitt Drive, Suite 1A, Fair Lawn, NJ 07410
  Family Contact: Dawn King, 201-478-4200 ext. 19 & Jennifer Victoria-Proano, ext. 31
  Voices That Count (Survivors) Contact: Carly Schoener, 201-478-4200 ext. 26
  *Both groups meet the 2nd Wednesday of each month at 6:30 p.m.*

• **Salem Group at Memorial Hospital of Salem County**
  Friends Village, One Friends Drive, Woodstown, NJ 08098
  Contact: Diane Lynn Robbins, 609-202-9902
  *Meets the last Monday of the month at 6 p.m.*

• **Sussex Group at Redeemer Lutheran Church**
  37 Newton Sparta Road, Newton, NJ 07860
  Contact: Vince D'Orio, 703-297-7726, Vincentd54@msn.com
  *Meets the 2nd Tuesday of each month at 7 p.m. (March through November)*

• **Union/Somerset Group at Community Skills Program**
  776 Mountain Blvd, Suite #102, Watchung, NJ 07069 (In TRAM building room 102)
  Contact: BIANJ Office 732-745-0200
  *Meets the 2nd Thursday of each month at 6 p.m.*

• **Post Concussion Support Group at Weisman Children's Hospital**
  This group serves 11-19 year olds and their families.
  92 Brick Rd., (3rd Floor), Marlton, NJ 08053
  Contact: Andrea VanVreede 856-489-4520 ext. 264
  *Meets the 3rd Monday of each month 6:30-7:30 p.m.*
Choosing a Brain Injury Rehabilitation Program

Guidelines for Selecting a Facility

1. Always try to obtain the names of at least three programs to consider for your family member.

2. Location should be just one of many factors families consider in regard to selecting a brain injury rehabilitation program. If a nearby program is not familiar with brain injury, it may be better to travel a distance to ensure an appropriate program.

3. Tour the facilities. You shouldn’t rely on brochures and phone calls alone. Nothing can replace the experience of viewing a facility in person and meeting with program staff.

4. Look for a clean environment with a caring staff and adequate space for all disciplines of the treatment team to provide treatment.

5. Ask questions. Learn about the program, its staff and rehabilitation philosophy and methodology. If you do not understand something, insist that someone take the time to explain it in the detail you need.

6. Write down answers to your questions during tours to enable you to compare information about the different programs.

7. It is most important that members of the prospective treatment team all have expertise in brain injury rehabilitation and have a team approach to planning and treatment.

8. Ask for the names of family members of individuals who have been through the program within the past year. Ask the family member what they were told prior to admission. Were they satisfied with the program content? Was discharge based on goals reached or exhaustion of funding?

9. Ask if a nationally recognized accrediting body, such as the Commission on Accreditation of Rehabilitation Facilities (CARF), accredits the brain injury program.

10. Finally, the decision you arrive at must be based on your own individual opinions. This will continue to be the most important criteria in the long term care of your family member. Remember that people with brain injury and their family members know themselves and their needs best.
Accreditation

National Accreditation Commissions such as those mentioned below are paid by facilities to visit their location and conduct an outside evaluation of services. The evaluation is conducted by experts in the appropriate specialty areas who apply very strict standards of care to the evaluation process. If a facility meets the standards, the agency will accredit the facility for a period of one to three years. Facilities may then let the public know that they have met very strict standards that have been evaluated by a National Accreditation Commission. National Accreditation Commissions could include:

- **JCAHO**: Joint Commission Accreditation of Healthcare Organizations  
  Website: [www.jointcommission.org](http://www.jointcommission.org)  
  Phone: 630-792-5800

- **CARF**: Commission on Accreditation of Rehabilitation Facilities  
  CARF has different categories that a facility may have:  
  - CARF in Brain Injury  
  - CARF in General Rehabilitation  
  - CARF in Comprehensive Inpatient Rehabilitation  
  Website: [www.carf.org](http://www.carf.org)  
  Phone: 888-281-6531

- **CORF**: Comprehensive Outpatient Rehabilitation Facility  
  Website: [www.cms.gov/Medicare/Provider-Enrollment-and-Certification/Guidancefor-LawsAndRegulations/CORF.html](http://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/Guidancefor-LawsAndRegulations/CORF.html)
Descriptions of Services

Acute inpatient rehabilitation: This may be provided at either a hospital or a freestanding rehabilitation facility that offers 24-hour nursing care. Patients participate in a minimum of 3 hours of intensive rehabilitation services per day, at least 5 times per week. After acute rehabilitation, patients may be transferred to subacute rehabilitation or discharged home.

Behavioral management: Evaluation and treatment techniques in order to increase the frequency of desired behaviors and/or decrease the frequency of problem behaviors. Behavioral management techniques are provided by specially trained clinicians and therapists on an in- or out-patient basis and typically are integrated into other provided rehabilitation services.

Clubhouse day program: A community center for people living with the effects of a brain injury. Members work together to support each other in the pursuit of personal goals. Clubhouses encourage community re-entry, the rebuilding of social relationships and the training of skills required to return to productive activity.

Cognitive rehabilitation: The process of relearning cognitive skills that have been lost or altered as a result of brain injury. If skills cannot be relearned, then new ones are taught to enable the person to compensate for their lost cognitive functions. Treatment is based on an evaluation of the person’s needs with specific emphasis on the achievement of functional goals at home and in the community. Treatment may occur in a group setting or one-on-one and may be performed by a multi-disciplinary team, usually under the supervision of a neuropsychologist.

Coma treatment center: Some persons with brain injury will remain in a coma for months or longer after injury. Selected centers will accept such individuals once they are medically stable and attempt to achieve improvement by the use of various stimulation techniques.

Concussion services: Screening and assessment of concussion. Services may include recommendations for further testing, therapies targeted at cognitive deficits, return-to-play decisions for athletes, and assistance reintegrating back to school or work.

Day rehabilitation program: These are non-residential facilities. They emphasize a variety of services to improve functional skills, including traditional therapies, psychosocial adjustment, cognitive therapy, pre-vocational training, independent living skills training, etc.

Driver evaluation and re-training: Individuals are evaluated to determine if they able to maintain safe driving skills in various traffic environments. Based on the evaluation, the instructor may provide behind-the-wheel training and use of adaptive driving equipment.

Home and community based services: Rehabilitation and therapy sessions may be provided in an individual’s home, community, or workplace. These services help people adapt, find employment, and be active in their communities.

Individual and family counseling: One-to-one and group counseling focused on adjustment to the effects of the brain injury and the development of coping skills and compensatory strategies. Counseling that is specific for family members may also address the stress of changing family dynamics following the brain injury.

Neurology: Neurological evaluations and treatment provided by a doctor with specialized training in the central nervous system. Treatment may include medications, therapies and referrals to other specialists such as neuropsychiatrists, neuropsychologists, etc., depending on the nature and extent of an individual’s brain injury and related symptoms.
**Neuro-ophthalmology:** Evaluation and treatment of vision problems specific to brain injury, including loss of vision caused by injury to the brain, as well as injury to the nerves that connect the brain to the eye. Neuro-ophthalmologists may prescribe, and depending on their training, provide, specialized rehabilitation therapies for vision loss related to brain injury.

**Neuropsychiatry:** Evaluation and treatment of people with neurologic conditions with associated cognitive, emotional and behavioral problems. Services are provided by a psychiatrist who is also board-certified in neurology, or by a neurologist who specializes in behavior-brain relationships (sometimes called behavioral neurology). Neuropsychiatrists may prescribe medications for the treatment of behavioral and psychiatric symptoms of brain injury such as aggression, depression, etc.

**Neuropsychology:** Evaluation and treatment provided by clinical psychologists who have completed additional training in brain-behavior relationships. May involve lengthy, comprehensive evaluations of cognitive deficits caused by brain injury, cognitive rehabilitation to help the individual develop compensatory strategies for the deficits, and counseling to help adapt to living with a brain injury.

**Occupational therapy:** Occupational therapists address physical and cognitive skills related to the individual’s ability to perform activities of daily living, such as dressing and preparing meals, and aspects of safely navigating the home and environments like the workplace and community.

**Physical therapy:** Physical therapists provide evaluation and treatment for gross and fine motor impairments, including loss of motion, loss of flexibility, and problems of spasticity after brain injury.

**Residential services:** For those individuals unable to live at home or independently, a structured residential program may be an alternative. These long-term care arrangements may include supervised apartments or group home living options.

**School re-entry services:** Services that prepare a student to re-enter school may include educational counseling, learning disability evaluations, and consulting with school personnel to provide necessary support and accommodations.

**Speech therapy:** Speech therapists provide evaluation and treatment for functional speech disorders and treat general cognitive deficits related to communication.

**Subacute rehabilitation:** Subacute care is provided in an inpatient setting, such as a nursing home, with 24-hour nursing care. Typically, patients participate in rehabilitation one to two hours a day, four to five days a week. Some patients may transfer to this setting from the hospital or acute inpatient rehabilitation.

**Substance abuse services:** Individuals with brain injury are especially vulnerable to abusing alcohol and drugs. Counselors and clinicians familiar with cognitive issues related to brain injury, such as memory loss, problems in comprehension, etc., may be better able to treat substance abuse issues in a specialized substance abuse treatment program.

**Transportation:** Some rehabilitation programs are able to provide local transportation to and from a program within a specified mile radius.

**Vocational rehabilitation:** Services intended to help the individual with brain injury find and keep a job, including job coaching, resume development, skills building, and, in some cases, the direct involvement of a vocational counselor in the individual’s workplace to help the individual put in place accommodations and strategies to maximize their independence in the workplace.
Listing of Programs by Type

Rehabilitation programs provide a variety of services to assist individuals with brain injury to progress to their optimum level of recovery. Beyond the program types listed below, additional services provided by rehabilitation facilities may also include physical, occupational, speech and recreational therapies; cognitive rehabilitation; vocational and employment services.

1. Acute Inpatient Rehabilitation:
   In New Jersey, the following brain injury rehabilitation programs provide acute inpatient rehabilitation:
   - Bacharach Institute for Rehabilitation (Atlantic)
   - Children's Specialized Hospital (pediatrics – Middlesex, Ocean)
   - HealthSouth Rehabilitation Hospital (Cumberland, Monmouth, Ocean)
   - JFK Johnson Rehabilitation Institute – Brain Trauma Unit (Middlesex)
   - Kessler Institute for Rehabilitation (Bergen, Essex, Morris)
   - Marlton Rehabilitation Hospital (Burlington)
   - St. Lawrence Rehabilitation Hospital (Mercer)
   - Weisman Children's Rehabilitation Hospital (pediatrics - Burlington)

2. Subacute Rehabilitation:
   In New Jersey, the following brain injury rehabilitation programs provide subacute rehabilitation:
   - JFK Johnson Rehabilitation Institute's Center for Head Injuries (Middlesex)
   - Monmouth County Care Centers (Monmouth)
   - Weisman Children's Rehabilitation Hospital (pediatrics – Burlington)
   - Willowcreek Rehabilitation and Care Center (Somerset)

3. Residential Services:
   In New Jersey, the following brain injury rehabilitation programs provide residential programs:
   - Bancroft NeuroHealth (Burlington, Gloucester, Middlesex, Ocean)
   - Moss Rehab - Drucker Brain Injury Center (Gloucester)
   - NeuroRestorative (Atlantic, Burlington, Camden, Mercer)
   - Rehabilitation Specialists (Bergen)
   - Universal Institute (Essex, Monmouth)

4. Day Rehabilitation Programs:
   In New Jersey, the following brain injury rehabilitation programs provide day rehabilitation programs:
   - Bancroft NeuroHealth (Burlington, Middlesex, Ocean)
   - Independence Rehabilitation Services (Camden)
   - JFK Johnson Rehabilitation Institute's Center for Head Injuries (Middlesex)
   - NeuroRestorative (Atlantic, Burlington)
   - Rehabilitation Specialists (Bergen)
   - Universal Institute (Essex, Monmouth)
   - Weisman Children's Rehabilitation Hospital (pediatrics - Burlington)
5. Coma Treatment Centers:
In New Jersey, the following brain injury rehabilitation programs provide coma treatment centers:
• Children’s Specialized Hospital (Middlesex)
• Eastern Shore Nursing & Rehabilitation (Cape May)
• JFK Johnson Rehabilitation Institute – Brain Trauma Unit (Middlesex)
• Kessler Institute for Rehabilitation (Bergen, Essex, Morris)
• St. Lawrence Rehabilitation Center (Mercer)
• Willow Creek Rehabilitation and Care Center (Somerset)

6. Home & Community Based Services:
In New Jersey, the following brain injury rehabilitation programs provide home and community based services:
• Bancroft NeuroHealth (provided statewide on a case-by-case basis)
• Cambridge Rehabilitation Services (provided in Bergen, Burlington, Camden, Hudson, Hunterdon, Mercer, Middlesex, Monmouth, Passaic, Somerset and Union Counties)
• Community Skills Program (provided statewide)
• NeuroRestorative (provided statewide)
Listing of Programs by County

Programs are listed in the county in which they are located, although they typically work with individuals from a wider geographic area. Contact the programs listed below for more specific information on the programs and services they offer. For more help in selecting a facility, contact the Brain Injury Alliance of New Jersey to obtain a copy of the Guide to Selecting & Monitoring Brain Injury Rehabilitation Services.

Atlantic County

- **Bacharach Institute for Rehabilitation**
  61 West Jimmie Leeds Road
  Pomona, NJ 08240
  - Inpatient: Acute
  - Outpatient
    - OT / PT / ST
    - Cognitive Rehabilitation
  - In-Home
    - PT
  Telephone: 609-652-7000
  www.bacharach.org

- **NeuroRestorative**
  235 W. White Horse Pike
  Egg Harbor City, NJ 08215
  - Residential: Egg Harbor Township, Galloway, Somers Point
  - Outpatient
    - OT / PT / ST
    - Cognitive Rehabilitation
    - Day Rehabilitation
  - In-Home
    - OT / PT / ST
    - Cognitive Rehabilitation
  Referral line: 800-743-6802
  www.neurorestorative.com

Bergen County

- **Cambridge Rehabilitation Services**
  611 N. Maple Ave, Suite 10
  Ho Ho Kus, NJ 07423
  - Outpatient
    - OT / PT / ST
    - Cognitive Rehabilitation
    - Neuropsychology Family/Individual Counseling
  - In-Home
    - OT / PT / ST
    - Cognitive Rehabilitation
    - Family/Individual Counseling
  Telephone: 201-251-8555 ext. 3 or 4
  www.cambridgerehabilitationservices.com

- **The Center for Neurological and Neurodevelopmental Health**
  218 New Jersey 17, #500
  Rochelle Park, NJ 07662
  - Outpatient (Pediatric)
    - OT / PT / ST
    - Cognitive Rehabilitation
    - Concussion Services
    - Neuropsychology
  - Family/Individual Counseling
  - Behavior Management School
  - Re-Entry Services Neurology
  Telephone: 855-852-8150
  www.cnnh.org

- **Kessler Institute for Rehabilitation—Saddle Brook**
  300 Market Street
  Saddle Brook, NJ 07663
  - Inpatient: Acute, Coma Treatment
  - Outpatient
    - OT / PT / ST
    - Cognitive Rehabilitation
    - Neuropsychology
  - Family/Individual Counseling
  - Vocational Rehabilitation
  - Driver Evaluation and Training
  Telephone: 201-368-6000
  www.kessler-rehab.com
• **Rehabilitation Specialists**  
18-01 Pollitt Drive, Suite 1A  
Fair Lawn, NJ 07410  
Telephone: 800-441-7488  
www.rehab-specialists.com

  - Residential: Fair Lawn  
  - Outpatient  
    - OT / PT / ST  
    - Day Rehabilitation  
    - Cognitive Rehabilitation  
  - In-Home:  
    - Cognitive Rehabilitation  
    - Neuropsychology

**Burlington County**

• **Marlton Rehabilitation Hospital**  
92 Brick Road  
Marlton, NJ 08053  
Telephone: 800-988-9828  
www.marltonrehab.com

  - Acute: Inpatient  
  - Outpatient  
    - OT / PT / ST  
    - Day Rehabilitation  
  - Cognitive Rehabilitation  
  - Neuropsychology  
  - Neuro-Ophthalmology

• **NeuroRestorative**  
8008 Route 13 North Building C  
Delran, NJ 08075  
Telephone: 800-743-6802  
www.neurorestorative.com

  - Residential: Delran, Maple Shade, Mount Laurel, Moorestown  
  - Outpatient:  
    - OT / PT / ST  
    - Cognitive Rehabilitation  
    - Day Rehabilitation  
  - In-Home:  
    - OT / PT / ST  
    - Cognitive Rehabilitation  
  - Behavior Management  
  - Vocational Rehabilitation

• **Weisman Children’s Rehabilitation Hospital**  
92 Brick Road, 3rd Floor  
Marlton, NJ 08053  
Telephone: 877-543-8774  
www.weismanchildrens.com

  - Inpatient: Pediatric Acute, Pediatric Subacute  
  - Outpatient  
    - OT / PT / ST  
    - Cognitive Rehabilitation  
    - Day Rehabilitation  
  - Concussion Services
Camden County

• **The Center for Neurological and Neurodevelopmental Health**
  250 Haddonfield-Berlin Road, Suite 105
  Gibbstown, NJ 08026
  - Outpatient (Pediatric)
    - OT / PT / ST
    - Cognitive Rehabilitation
    - Concussion Services
    - Neuropsychology
  Telephone: 855-852-8150
  www.cnnh.org

• **Independence Rehabilitation Services**
  1030 N. Kings Hwy, Suite 210
  Cherry Hill, NJ 08034
  - Outpatient:
    - OT / PT / ST
    - Cognitive Rehabilitation
    - Day Rehabilitation
  Telephone: 800-356-7360
  www.independencerehab.com

• **NeuroRestorative**
  Telephone: 800-743-6802
  - Residential: Merchantville, Pennsauken
  www.neurorestorative.com

Cape May County

• **Eastern Shore Nursing and Rehab**
  1419 Route 9 North
  Cape May Court House, NJ 08210
  - Inpatient: Subacute
  - Outpatient:
    - OT / PT / ST
  Telephone: 609-465-2260
  www.easternshorenursing.com

Cumberland County

• **HealthSouth Rehab Hospital of Vineland**
  1237 West Sherman Avenue
  Vineland, NJ 08306
  - Inpatient: Acute
  - Outpatient:
    - OT / PT / ST
    - Cognitive Rehabilitation
  Telephone: 856-696-7100
  www.healthsouthvineland.com

  - Day Rehabilitation
  - Neuropsychology
Essex County

- **Kessler Institute for Rehab - West Orange**
  1199 Pleasant Valley Way
  West Orange, NJ 07052
  - Inpatient: Acute, Coma Treatment
  - Outpatient:
    - OT / PT / ST
    - Cognitive Rehabilitation
    - Day Rehabilitation
    - Neuropsychology
  Telephone: 973-731-3600
  www.kessler-rehab.com

- **Opportunity Project**
  60 East Willow Street
  Millburn, NJ 07041
  - Outpatient:
    - Clubhouse Day Program
  Telephone: 973-921-1000
  www.opportunityproject.org

- **Universal Institute**
  15-17 Microlab Road
  Livingston, NJ 07039
  - Residential: Livingston
  - Outpatient:
    - OT / PT / ST
    - Cognitive Rehabilitation
    - Day Rehabilitation
  - In-Home:
    - Cognitive Rehabilitation
  Telephone: 973-992-8181
  www.uirehab.com

Gloucester County

- **Moss Rehab - Drucker Brain Injury Center**
  135 South Broad Street
  Woodbury, NJ 08096
  - Residential: Woodbury
  - Outpatient:
    - OT / PT / ST
    - Cognitive Rehabilitation
    - Clubhouse Day Program
  Telephone: 800-225-5667
  www.mossrehab.com

- **Bancroft NeuroHealth**
  8 Commissioners Road
  Mullica Hill, NJ 08062
  - Residential: Mullica Hill
  Telephone: 800-774-5516
  www.bancroft.org
Mercer County

• St. Lawrence Rehabilitation Center
2381 Lawrenceville Road
Lawrenceville, NJ 08648
  - Inpatient: Acute, Coma Treatment
  - Outpatient:
    o OT / PT / ST
    o Cognitive Rehabilitation
    o Concussion Services
    o Neuropsychology
  - Telephone: 609-896-9500
  - www.slrc.org

• Children’s Specialized Hospital—Outpatient Center at Hamilton
3575 Quakerbridge Road
Hamilton, NJ 08619
  - Outpatient (Pediatric):
    o OT / PT / ST
    o Cognitive Rehabilitation
    o Family / Individual Counseling
  - Telephone: 888-244-5373
  - www.childrens-specialized.org

• NeuroRestorative
  - Telephone: 800-743-6802
  - www.neurorestorative.com

  • Residential: Hamilton, Lawrenceville.

Middlesex County

• Bancroft NeuroHealth
666 Plainsboro Road, Suite 2000C
Plainsboro, NJ 08536
  - Residential: Plainsboro
  - Outpatient:
    o OT / PT / ST
    o Cognitive Rehabilitation
    o Day Rehabilitation
  - Telephone: 800-774-5516
  - www.bancroft.org

• Children’s Specialized Hospital
200 Somerset Street
New Brunswick, NJ 08901
  - Inpatient: Pediatric Acute, Coma Treatment
  - Outpatient:
    o OT / PT / ST
    o Cognitive Rehabilitation
    o Neuropsychology
    o Family / Individual Counseling
  - Telephone: 888-244-5373
  - www.childrens-specialized.org

  • In-Home:
    o OT
    o Cognitive Rehabilitation
    o Family / Individual Counseling

• JFK Johnson Rehab Institute—Brain Trauma Unit
65 James Street
Edison, NJ 08818
  - Inpatient: Acute, Coma Treatment
  - Telephone: 732-321-7733
  - www.nirehab.org/head-injuries/

• JFK Johnson Rehab Institute—Center for Head Injuries
2048 Oak Tree Road
Edison, NJ 08820
  - Inpatient: Subacute
  - Telephone: 732-321-7790
  - www.nirehab.org/head-injuries/

  • Outpatient:
    o OT / PT / ST
    o Cognitive Rehabilitation
    o Day Rehabilitation
    o Neuropsychology

  o Family / Individual Counseling
  o School Re-Entry Services
  o Driver Evaluation and Training
  o Transportation

  • In-Home:
    o School Re-Entry Services
    o Vocational Rehabilitation

  o Behavior Management
  o School Re-Entry Services
  o Neurology
  o Neuropsychiatry

  o Individual Counseling
  o Vocational Rehabilitation
Monmouth County

- **HealthSouth Rehabilitation Hospital of Tinton Falls**
  2 Centre Plaza
  Tinton Falls, NJ 07224
  - Inpatient: Acute
  - Outpatient:
    - OT / PT / ST
    - Cognitive Rehabilitation
  Telephone: 732-460-5320
  www.rehabntintonfalls.com

- **The Center for Neurological and Neurodevelopmental Health**
  3350 State Route 138 #117
  Wall Township, NJ 07719
  - Outpatient (Pediatric)
    - OT / PT / ST
    - Cognitive Rehabilitation
    - Concussion Services
    - Neuropsychology
  Telephone: 855-852-8150
  www.cnnh.org

- **John L. Montgomery Care Center—Monmouth County Care Centers**
  115 Dutch Lane Road
  Freehold, NJ 07728
  - Inpatient: Subacute
  Telephone: 732-431-7420
  http://co.monmouth.nj.us/carecenters/

- **Universal Institute**
  73 Dudley Street
  Long Branch, NJ 07740
  - Residential: Long Branch
  - Outpatient:
    - OT / PT / ST
    - Cognitive Rehabilitation
  Telephone: 732-222-4916
  www.uirehab.com

Morris County

- **Atlantic Rehabilitation Institute - Brainworks Cognitive Rehabilitation Program**
  95 Mount Kemble Avenue
  Morristown, NJ 07962
  - Outpatient:
    - OT / ST / PT
    - Cognitive Rehabilitation
  Telephone: 973-971-4451
  www.atlanticlehealth.org

- **Kessler Institute for Rehabilitation**
  201 Pleasant Hill Road
  Chester, NJ 07930
  - Inpatient: Acute, Coma Treatment
  - Outpatient:
    - OT / ST / PT
    - Cognitive Rehabilitation
    - Concussion Services
  Telephone: 973-252-6300
  www.kessler-rehab.com
Ocean County

- **Bancroft NeuroHealth**
  1608 Route 88, Suite 202
  Brick, NJ 08724
  Telephone: 800-774-5516
  www.bancroft.org
  - Residential: Brick
  - Outpatient:
    - OT / PT / ST
    - Cognitive Rehabilitation
  - In-Home:
    - OT
    - Cognitive Rehabilitation
    - Family / Individual Counseling

- **Children’s Specialized Hospital**
  94 Stevens Road
  Toms River, NJ 08755
  Telephone: 888-244-5373
  www.childrens-specialized.org
  - Inpatient: Pediatric Acute
  - Outpatient:
    - OT / PT / ST
    - Cognitive Rehabilitation
    - Neuropsychology
    - Family / Individual Counseling

- **HealthSouth Rehabilitation Hospital of NJ**
  14 Hospital Drive
  Toms River, NJ 08755
  Telephone: 732-244-3100
  www.rehabnjtomsriver.com
  - Acute: Inpatient
  - Outpatient:
    - OT / PT / ST
    - Cognitive Rehabilitation
  - Driver Evaluation and Training
  - School Re-Entry Services
  - Vocational Rehabilitation

Passaic County

- No listings—see Bergen County listings.

Salem County

- No listings—see Cumberland and Gloucester County listings.

Somerset County

- **Willow Creek Rehabilitation and Care Center**
  1165 Easton Avenue
  Somerset, NJ 08873
  Telephone: 732-246-4100
  www.reverawillowcreek.com
  - Inpatient: Subacute, Coma Treatment

Sussex County

- **NeuroRestorative**
  Telephone: 800-743-6802
  www.neurorestorative.com
  - Residential: Newton
Union County

- Atlantic Neuroscience Institute—Concussion Center
  99 Beauvoir Avenue
  Summit, NJ 07902
  - Outpatient:
    - Cognitive Rehabilitation
    - Concussion Services
    - Neuropsychology
  - Telephone: 908-522-6146
  - www.atlantichealth.org

- Children’s Specialized Hospital
  150 New Providence Road
  Mountainside, NJ 07092
  - Outpatient:
    - OT / PT / ST
    - Cognitive Rehabilitation
    - Neuropsychology
    - Family / Individual Counseling
  - Telephone: 908-301-5534
  - www.childrens-specialized.com

Warren County

- The Concussion Center at St. Luke’s Warren
  755 Memorial Parkway, Suite 103
  Phillipsburg, NJ 08865
  - Outpatient:
    - OT / PT / ST
    - Cognitive Rehabilitation
  - Telephone: 908-859-4381
  - www.warrenhospital.org/Our-Services/Concussion-Center

Listing of Home and Community Based Programs

Some brain injury rehabilitation programs provide home and community based services either statewide or in various counties throughout the state.

- Bancroft NeuroHealth
  (Provided statewide on a case-by-case basis)
  201 Kings Highway South
  Cherry Hill, NJ 08034
  - In-Home:
    - OT
    - Cognitive Rehabilitation
    - Family / Individual Counseling
  - Telephone: 800-774-5516
  - www.bancroft.org

- Cambridge Rehabilitation Services
  (Provided in Bergen, Burlington, Camden, Essex, Hudson, Hunterdon, Mercer, Middlesex, Monmouth, Passaic, Somerset, and Union counties.)
  31 Sheridan Avenue, Suite 1
  Ho-Ho-Kus, NJ 07423
  - In-Home:
    - OT / PT / ST
    - Cognitive Rehabilitation
    - Family / Individual Counseling
  - Telephone: 201-251-8555 ext 3 or 4
  - www.njbraininjurycenter.com
• **Community Skills Program**
  (Provided statewide in every county.)
  5000 Sagemore Drive, Suite 203
  Marlton, NJ 08053
  Telephone: 877-856-5122 [www.communityskillsprogram.com](http://www.communityskillsprogram.com)
  - In-Home:
    - Cognitive Rehabilitation
    - Family / Individual Counseling
  - School Re-Entry Services
  - Vocational Rehabilitation

• **NeuroRestorative**
  (Provided statewide in every county.)
  2000 Crawford Place, Suite 700
  Mount Laurel, NJ 08054
  Telephone: 800-743-6802 [www.neurorestorative.com](http://www.neurorestorative.com)
  - In-Home:
    - Cognitive Rehabilitation
    - Neuropsychology
    - Family / Individual Counseling
    - Behavior Management
    - School Re-Entry Services
    - Vocational Rehabilitation
A. Sources of Funding

Currently, in the State of New Jersey, there are several funding sources available in the event of a brain injury. Severity of injury, pre-injury insurance, employment status and history, financial situation, current age, age at the time of injury, and the circumstances that brought about the injury are all factors that help determine which sources may be available to an individual.

The following information is provided to assist families and professionals in understanding the existing programs so that they can better determine where to apply for assistance.

Government Sources of Assistance

1. Social Security Disability Insurance (SSDI)
The Social Security Disability program pays benefits at any age to people who have enough Social Security credits and who have a severe physical or mental impairment that is expected to prevent them from doing "substantial" work for a year or more, or who have a condition that is expected to result in death. The disability program includes incentives to smooth the transition back into the workforce, including continuation of benefits and health care coverage while a person attempts to work.

2. Supplemental Security Income (SSI)
Supplemental Security Income is a federal program established for the aged and people with disabilities. The program provides monthly payments to people who have a low income and few assets. The federal government administers SSI through the Social Security Administration office. People over 65 and people with disabilities, including children, may be eligible for SSI payments, and would receive New Jersey Medicaid automatically. Check with your local Social Security office for the SSI rates (as they vary state to state, and vary depending on a person's living arrangement). Generally, people who qualify for SSI also qualify for Medicaid, food stamps, and other assistance.

For further information on both Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI), contact the Social Security Administration at 1-800-772-1213 or visit their website at www.ssa.gov.

3. Medicare
Medicare is a health insurance program, administered by the Health Care Financing Administration (HCFA), for people 65 years of age or older and certain young people with disabilities. Anyone who has received Social Security Disability Insurance (SSDI) for at least two years is eligible for Medicare. Medicare services are divided into three types: Part A, Part B, and, most recently, Part D (prescription coverage). Part A helps to pay for care in hospitals, skilled nursing facilities, and hospice care. Part B helps pay for doctors, outpatient hospital care, medical supplies & preventative services. Part D is the most recent addition to Medicare, and helps to pay for prescription drug coverage.

For further information on Medicare, call 1-800-633-4227 or visit the website at www.medicare.gov.

4. New Jersey Medicaid
Administered by the Division of Medical Assistance and Health Services, Medicaid covers certain medical and health care services for individuals who meet eligibility requirements. Medicaid is a medical assistance program for persons on limited fixed incomes and for some medically needy persons. SSI recipients are automatically eligible and need not apply separately.

To be eligible for New Jersey Medicaid a person must meet these requirements: be a resident of New Jersey, be a U.S. citizen or qualified alien, and meet criteria for financial income and resources. In addition, a person must be a member of one of the following groups: (1) families with children up to age 18, (2) aged, blind or permanently disabled, (3) pregnant, (4) children. Alternatively, some persons may qualify through Medicaid expansion criteria.

Medicaid eligibility through Supplemental Security Income (SSI): Individuals receiving SSI are automatically eligible for Medicaid and need not make a separate application. As of 2015, the New Jersey Medicaid eligibility criteria for a single individual to receive Medicaid through SSI are a maximum monthly income of $733 and maximum resources of $2,000.
Medicaid eligibility through NJ Care: Other individuals with low incomes may be covered by the NJ Care program, which provides full Medicaid coverage but no cash assistance. As of 2014, the New Jersey Medicaid eligibility criteria for a single individual to receive Medicaid through NJ Care are a maximum monthly income of $1,294.00 and maximum resources of $2,000.

Medicaid eligibility through Aged, Blind and Disabled (ABD): Individuals who are blind or "permanently and totally disabled" (as defined by Social Security) can qualify through ABD. These individuals can receive Medicaid even if they also receive Social Security and Medicare. In addition, their monthly Medicare Part B premium will be paid through the program. As of 2014, the New Jersey Medicaid eligibility criteria for a single individual to receive Medicaid through ABD are a maximum monthly income of $973 and maximum resources of $2,000.

Medicaid eligibility through Medicaid Expansion: The Affordable Care Act funded nationwide Medicaid expansion. Adults without dependent children, between the ages of 19-64, can qualify through Medicaid Expansion even if they do not fall into another eligibility category. As of 2015, the New Jersey Medicaid eligibility criteria to receive Medicaid through Medicaid Expansion is a maximum monthly income of $1273 (for individuals) or $1719 (for couples). The program does not consider resources. Due to the high maximum income, this option is helpful for individuals receiving Social Security Disability (SSD) who would otherwise be ineligible for this program. However, individuals can't qualify if they have Medicare, so once the individual receives Medicare (24 months after qualifying for SSD), they will lose this Medicaid coverage.

For more info on New Jersey Medicaid, call 800-356-1561 (hotline) or 800-701-0720 (TTY).

Medicaid Medically Needy “Spend Down” Program

Many individuals who need Medicaid are medically needy but do not qualify for Medicaid due to excess income or resources. They may qualify through the “Medically Needy Spend Down” program. Spending down means subtracting certain medical expenses from one’s income to equal the required limit for Medicaid. To qualify, you must be: pregnant, a needy child (under 21), aged (65 or older), and blind or disabled, and your income must meet certain limits:

Medically Needy Income and Asset Limit

<table>
<thead>
<tr>
<th>Family size</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
</tr>
</thead>
<tbody>
<tr>
<td>Max income</td>
<td>$367</td>
<td>$434</td>
<td>$567</td>
<td>$659</td>
<td>$742</td>
<td>$825</td>
</tr>
<tr>
<td>Max assets</td>
<td>$4,000</td>
<td>$6,000</td>
<td>$6,100</td>
<td>$6,200</td>
<td>$6,300</td>
<td>$6,400</td>
</tr>
</tbody>
</table>

Families with needy children have the opportunity to subtract certain items to meet eligibility requirements. For example, families with needy children can subtract $90 of wages from each employed person. To understand “spending down”, suppose you are applying for a family of 1 (yourself). According to the chart, your monthly income can’t be more than $367 and your assets can’t be more than $4,000. If your total assets are $3,100, you qualify. However, your monthly income is $417, which is over the limit by $50. Eligibility is determined every six months, so you have time to spend down. Over the next six months you will be able to spend down $300 ($50 per month over 6 months). After spending down you would be eligible for the program.

However, you need to meet the same criteria each month. If there is a month in which you need Medicaid coverage but your medical expenses are too low to meet the “spend down” level you need, talk to a social worker at the county Board of Social Services to let them know about this.

Numerous services are provided to eligible individuals, including but not limited to: doctors, home health services, laboratory and x-ray services, psychological services, and medical transportation. Additional services are provided for pregnant women, needy children, and aged, blind and disabled individuals. Pregnant women can receive inpatient hospital, medical day care services, prescribed drugs and chiropractic services. Needy children can receive prescribed drugs. Aged, blind, or disabled persons can receive podiatry services and medical day care services.

Medicaid HMO Enrollment

New Jersey Medicaid requires that everyone who has Medicaid, including people who also have Medicare or private health insurance, must enroll in a Medicaid HMO. The five plans are: Aetna Better Health of New
Jersey (Bergen, Camden, Essex, Hudson, Middlesex, Passaic, Somerset, Union) Amerigroup (all counties but Salem), Horizon NJ Health (all counties), United HealthCare Community Plan (all counties) and Wellcare (Bergen, Essex, Hudson, Mercer, Middlesex, Morris, Passaic, Somerset, Sussex, and Union). This list is subject to change as new HMOs open plans in New Jersey and other HMOs change their coverage or leave New Jersey.

Anyone who is newly enrolled in a Medicaid HMO can switch HMOs if they do so within 90 days of enrollment. After that, enrollees can change HMOs once a year during the Open Enrollment Period, from October 1st to November 15th. The new enrollment starts January 1st. However, enrollees can change HMOs at any time if there is a “good cause” reason. Possible “good causes” include: poor quality of care, lack of access to needed specialty services, denial or unreasonable delay of services, or fraudulent enrollment. The HMO can develop criteria for “good cause” disenrollment for the chronically ill and disabled populations who are assigned to managed care plans if more appropriate care is available through a different providing HMO. **Enrollees may change HMO with “good cause” reason, by calling NJ Medicaid/Family Care at 1-800-701-0710.**

Care management services are available at all of the Medicaid HMOs. Care managers can facilitate individual, out-of-network contracting with medical, dental, and mental health providers who are not in the HMO’s network when the HMO does not have in-network providers with the same expertise as the out-of-network provider. These arrangements are made on a case-by-case basis, if the health care professional is willing to make such an arrangement.

Medicaid HMO care management phone numbers:

<table>
<thead>
<tr>
<th>Medicaid HMO</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aetna Better Health of New Jersey</td>
<td>1-855-232-3596</td>
</tr>
<tr>
<td>Amerigroup Community Care</td>
<td>1-800-425-7101</td>
</tr>
<tr>
<td>Horizon NJ Health</td>
<td>1-800-682-9094 x89385</td>
</tr>
<tr>
<td>United Health Community Plan:</td>
<td>1-800-645-9409</td>
</tr>
<tr>
<td>WellCare</td>
<td>1-888-453-2534</td>
</tr>
</tbody>
</table>

For more information about Medicaid HMO enrollment, call NJ Medicaid at 866-472-5338.

To report a problem with a Medicaid HMO, call the Brain Injury Alliance of New Jersey at 800-669-4323 and ask to speak with a Helpline Specialist for further assistance.

Medicaid Managed Long Term Services and Supports

As of July 1, 2014, participants who were enrolled in the various Medicaid Waiver programs (which included the Global Options for Long-Term Care, AIDS Community Care Alternatives Program, Community Resources for People with Disabilities, and the Traumatic Brain Injury Waivers) have been automatically enrolled in the Managed Long Term Services and Supports program (MLTSS) provided through their current Medicaid managed care organization.

If an individual seeks Medicaid Waiver services for brain injury residential or day services, they must apply for MLTSS. To qualify, you must meet Categorical, Clinical, and Financial criteria:

- **Categorically**- an individual must be aged 65 or older, or under 65 years of age and blind or disabled as deemed by the Social Security Administration or the State of New Jersey.
- **Clinical eligibility**- based on an assessment of what an individual can and cannot do for themselves. An individual must meet a **nursing home level of care**, which means the person requires assistance with activities of daily living such as bathing, toileting and mobility. The assessment of clinical eligibility will be performed by a nurse or social worker working for the HMO. Some considerations entering into the determination of clinical eligibility include:
  - **Medical Needs**- How often does that patient need to be seen by a physician- daily, weekly, monthly or less often?
  - **Nursing care needs**- What, if any, services must be provided on a daily basis by a registered nurse, a licensed nurse and/or a nursing assistant?
    - Will short-term intensive physical, occupational and/or speech therapy result in a marked improvement in the patient’s functional ability?
● Is the patient demonstrating steady progress toward the rehabilitation goal?
● Is therapy needed to maintain the patient’s current level of functioning? Will the patient benefit at all from therapy?
● What assistance does the patient need to complete activities of daily living?

● **Financial eligibility** - for a single individual, an income equal to or less than $2,199 a month and resources of $2,000 or less (as of 2015). For children who meet a **nursing home level of care**, parental income and resources are not counted in determining financial eligibility.

Many individuals with brain injury have cognitive needs. Due to deficits in memory, attention and executive function, they need guidance to complete activities of daily living. However, they may not have any nursing care needs. **Being at a nursing home level of care is a requirement to qualify for MLTSS.** The Brain Injury Alliance of New Jersey can provide you with more information on this topic, and can also discuss supports and services that may benefit persons with brain injury who do not qualify for MTLSS as they don't meet a nursing home level of care. 

**For more information of nursing home level of care eligibility for MLTSS, call the Brain Injury Alliance of New Jersey at 800-669-4323.**

To begin the MLTSS application process, you may want to use a service known as Options Counseling. This is a process by which prospective applicants can receive assistance from the Aging and Disability Resource Connection, a program that coordinates county offices on aging and disability services. Options Counseling includes these steps: 1) a one-on-one discussion and a screening for any public programs, 2) a facilitated decision making process that will help weigh the pros and cons, and 3) the development of an action plan tailored to individual needs. Through the Options Counseling program you can apply for MLTSS and other disability-related services. 

**For more information on Options Counseling, contact the Aging and Disability Resource Connection (ADRC) at 877-222-3737.**

Once enrolled, services provided by MLTSS include but are not limited to Respite, Personal Emergency Response Systems, and Home and Vehicle Modifications, as well as assisted living, behavioral health services, residential and nursing home care. These services may be provided by the individual’s existing Medicaid HMO. In regards to an individual’s existing HMO, it is important to know that not every care provider accepts every HMO, even under the MLTSS. The enrollee must choose a doctor and other health care providers that are in-network for their HMO. Exceptions may be made on a case-by-case basis, mainly for new enrollees who are in the transition period with a new managed care plan, or for existing enrollees who cannot otherwise obtain the services they need from a participating doctor or other health care provider.

**Appeals**
If for any reason the Medicaid recipient feels it necessary to file an appeal, they are entitled to a written notice and fair hearing. Some reasons an enrollee may be entitled to a written appeal and fair hearing include: a denial or limited authorization of a requested service, including the type and level of service; reduction, suspension, or termination of a previously authorized service; denial- in whole or part- of payment of a service, and failure to provide services in a timely manner. In the case that an individual wants to file an appeal, their current HMO will provide them with a Member Handbook with the HMO-specific steps for the appeal process. 

**To report a problem with MLTSS or Medicaid appeals, contact the Brain Injury Alliance of New Jersey at 800-669-4323.**

**NJ WorkAbility**
The Work Ability program offers people with disabilities who are working, and whose income would otherwise make them ineligible for Medicaid, the opportunity to receive full NJ Medicaid coverage. People with disabilities who are employed and who are between the ages of 16 to 64 can qualify for the program with annual gross earned income up to $58,236 and resources up to $20,000 for an individual. Please be aware that the program eligibility is tied to employment and if the individual stops working, they will no longer be eligible.

**For more information on NJ WorkAbility, contact the Division of Disability Services at 888-285-3036.**

**NJ Personal Preference Program**
The Personal Preference Program allows Medicaid recipients who need personal care assistance to direct their own care. Through a monthly cash allowance, participants work with a consultant to develop a cash management plan by which they decide the services they need and the individuals and/or agencies they wish
to provide those services. The program requires greater consumer responsibility but offers participants greater control, flexibility and choice.

For more information on the Personal Preference Program, contact the Division of Disability Services at 888-285-3036.

5. Veterans
A disabled individual who is a veteran, or whose parent or spouse is or was a veteran, may be eligible for monthly cash payments, assistance with educational costs, medical care, vocational assistance, rehabilitation or other benefits. In addition, a disabled person who is a veteran may be eligible for grants for specifically adapted housing.

For more information, contact the Veteran’s Affairs Hotline at 1-800-624-0508.

6. Victims of Crime Compensation Agency
Victims of crime who have suffered personal injuries (including brain injuries) may file a claim for compensation with the New Jersey Victims of Crime Compensation Agency. To be eligible, you must file within two years from the date of the personal injury, the crime must be reported to the police within three months after it occurs, the crime must have occurred in New Jersey, and you must cooperate fully with the police, the prosecutor’s office, and the Agency. For further information, contact the Victims of Crime Compensation Agency at 877-658-2221.

7. Traumatic Brain Injury Fund
The purpose of the Traumatic Brain Injury (TBI) Fund is to allow New Jersey residents who have survived a traumatic brain injury to obtain the services and supports they need to live in the community. The Fund purchases services and supports that foster independence and maximize quality of life. This Fund is used when insurance, personal resources and/or public programs are unavailable to meet the needs of the applicant. Services that may be funded include the following: addiction treatment services, assistive technology, case management, cognitive therapy, counseling services, employment services, equipment, home health services, home modifications, neuropsychology services, personal care assistance, pharmaceuticals, service coordination, transportation, therapy services, and other services related to brain injury.

For further information, contact the Division of Disability Services at 1-888-285-3036, option 2.

8. New Jersey Temporary Disability Insurance
Workers who are temporarily unable to perform their normal work responsibilities due to illness or disability NOT caused by work are entitled to receive benefits from the State of New Jersey for up to 26 weeks. In order to be eligible for these benefits, you must have had at least 20 calendar weeks in covered New Jersey employment in which you earned $103 or more (called “base weeks”), or have earned $5,200 or more in such employment during the “base year” period. The “base year” period is the 52 weeks immediately before the week in which your disability began. Only covered wages earned during the base year period can be used in determining your claim. Workers who become disabled within 14 days of their last day of work in covered New Jersey employment may be covered for disability insurance under the State Plan or an approved Private Plan. Inquiries concerning your own coverage may be directed to your employer, and benefits are usually applied for on the worker’s behalf by the employer. You have 30 days from the first day of disability in which to file your claim.

For further information, speak with your employer or contact the Division of Temporary Disability Insurance at 609-292-7060.

9. New Jersey Catastrophic Illness in Children Relief Fund
The Catastrophic Illness in Children Relief Fund was created to provide financial assistance for families whose children have experienced an illness or condition which is not fully covered by a state or federal program, or by insurance, or have unpaid medical bills. Families annually may reapply for assistance. Families that have lived in New Jersey for at least three months immediately preceding the date of application may be eligible if they have incurred health care expenses that exceed 10 percent of the family’s income (plus 15 percent of any income over $100,000). The child must have been 21 years old or younger when the medical bills were incurred.

For further information, contact the Catastrophic Illness in Children Relief Fund at 609-292-0600 or the Family Information Line at 1-800-335-FUND (3863).
Worker’s Compensation
Benefits similar to those provided under no fault insurance may be available to individuals injured while on the job. Payments for lost wages, as well as medical expenses are usually available. Information can be obtained through the employer’s personnel department.

B. State and County Agencies Providing Supports or Services

New Jersey Division of Disability Services (DDS)
222 South Warren Street, PO Box 700
Trenton, NJ 08625
Telephone: 1-888-285-3036 (Toll-free) or 609-292-7800
Fax: 609-292-1233
Website: www.state.nj.us/humanservices/dds
DDS serves as a single point of entry for people with disabilities, whether through illness or injury. Through its toll-free helpline (888-285-3036), DDS responds to questions about information, programs and services required by people with disabilities. DDS also administers programs that allow people with disabilities to live more independently in the community including:

• The Traumatic Brain Injury (TBI) Fund allows New Jersey residents who have survived a traumatic brain injury to obtain the services and supports they need to live in the community.

• NJ WorkAbility: Medicaid Buy In offers people with disabilities who are employed the ability to receive New Jersey Medicaid health coverage.

• Personal Assistance Services Program is a state funded program that provides routine non-medical assistance to people with disabilities who work, attend school or are involved in community and volunteer activities.

• Personal Preference is a program that allows New Jersey Medicaid recipients with disabilities to direct their own Medicaid personal care assistance services as an alternative to accepting services from an agency.

Aging and Disability Resource Connection
Address: The ADRC coordinates services and supports offered by the County Disability Offices. See page 49 of this Resource Guide for the contact information for the County Disability Offices.
Telephone: 1-877-222-3737
Website: https://www.adrcnj.org/
The Aging and Disability Resource Connection (ADRC) serves as a source of information on long term services and supports for persons of all incomes. ADRC professional staff assists seniors, adults, and their caregivers in finding benefits and services they need. The ADRC goal is to improve the experience of consumers and their families when seeking access to information, supports and services. Whether you contact the ADRC by phone, in person, or online, you will be provided with: objective information on publicly and privately funded services, screening to determine level of service needs, counseling and assistance, assistance with eligibility processes and applications, and/or full care needs assessment when appropriate.

Commission for the Blind & Visually Impaired (CBVI)
Main Office
153 Halsey Street
Newark, NJ 07102
Telephone: 973-648-3333
Website: www.state.nj.us/humanservices/cbvi
The CBVI offers educational services, mobility training, daily living skills training and vocational rehabilitation services for the blind and visually impaired.
The New Jersey Division of Developmental Disabilities arranges and coordinates services to eligible state residents who have developmental disabilities. Developmental disabilities begin before age 22 and are lifelong conditions that affect a person’s ability to live without some assistance. These conditions include neurological impairments that may be due to traumatic or acquired brain injuries. Developmental disabilities substantially limit the individual in at least three of the following areas: self-care, learning, mobility, communication, self-direction, economic self-sufficiency and the ability to live independently. Availability of services depends upon the Division’s current resources and types of services offered vary in each county. The services may include: case management, guardianship, family support, residential services, day programs, transitioning services through the Pathways to Adult Life program, Self-Directed services including Support Coordination and supported employment. DDD serves clients through the following nine regional offices located throughout the state.

**NORTHERN REGION**

1-B Laurel Drive
Flanders, NJ 07836
Telephone: 973-927-2600
Counties Served: Morris, Sussex & Warren

100 Hamilton Plaza, 7th Floor
Paterson, NJ 07505
Telephone: 973-977-4004
Counties Served: Bergen, Hudson & Passaic

**UPPER CENTRAL REGION**

110 East 5th Street
Plainfield, NJ 07060
Telephone: 908-226-7800
Counties: Somerset (Intake cases ONLY & Union

153 Halsey Street, 2nd Floor
PO Box 47013
Newark, NJ 07101
Telephone: 973-693-5080
Counties: Essex

**LOWER CENTRAL REGION**

120 South Stockton St.
Trenton, NJ 08611
Mailing address: PO Box 706,
Trenton, NJ 08625-0706
Telephone: 609-292-1922
Counties: Hunterdon, Mercer & Middlesex

Juniper Plaza, Suite 1-J
3499 Route 9 North
Freehold, NJ 07728
Telephone: 732-863-4500
Counties: Monmouth and Ocean

**SOUTHERN REGION**

2 Echelon Plaza
221 Laurel Road, Suite 210
Voorhees, NJ 08043
Telephone: 856-770-5900
Cumberland Counties: Burlington, Camden & Gloucester

5218 Atlantic Avenue #205
Mays Landing, NJ 08330
Telephone: 609-476-5200
Counties: Atlantic, Cape May, Cumberland & Salem
Division of Mental Health Services (DMHS)
Main Office
50 East State Street, PO Box 727
Trenton, NJ 08625
Telephone: 800-382-6717
Website: www.state.nj.us/humanservices/dmhs
DMHS provides psychiatric care and outpatient mental health services to adults with serious and persistent mental illness and children with emotional and behavioral disorders.

Department of Children & Families Division of Child Behavioral Health Services
50 E. State Street, P.O. Box 717, 4th Floor
Trenton, NJ 08625
Telephone: 855-463-6323
Website: www.nj.gov/dcf
For questions about or to access services for children and youth, call the 24-hour, toll-free Access Line at: 1-877-652-7624. The Division of Child Behavioral Health Services (DCBHS) serves children and adolescents with emotional and behavioral health care challenges and their families across all child-serving systems. Formal and informal services include: assessment (screening, evaluation & diagnostic services); mobile response and stabilization services; out-of-home crisis stabilization services; acute inpatient hospital services; residential treatment center care; group home care; treatment homes/therapeutic foster care; intensive face-to-face care management; outpatient treatment; partial care; intensive in-home services; behavioral assistance; wraparound services; and family support.

Division of Vocational Rehabilitation Services (DVRS)
Main Office
P.O. Box 398
Trenton, NJ 08625
Telephone: 609-292-5987
Website: http://lwd.dol.state.nj.us/labor/dvrs/DVRIndex.html
The Division of Vocational Rehabilitation Services (DVRS), within the Department of Labor, provides services to individuals of employable age with disabilities through 18 district offices. Eligibility generally is based on the presence of a mental or physical disability that is a handicap to employment, and a reasonable expectation that the division’s services will help the individual become employable. Vocational rehabilitation counselors work with the individuals and their families to develop and carry out a plan for training and placement. If financial need is established, the division will purchase other rehabilitative services from private providers, such as further evaluation or counseling, training at a vocational center or technical school and on-the-job training.

<table>
<thead>
<tr>
<th>County</th>
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<tr>
<td>Atlantic County</td>
<td>609-813-3933</td>
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<td>201-996-8970</td>
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<td>Burlington County</td>
<td>609-518-3948</td>
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<td>856-614-2500</td>
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<td>973-648-3494</td>
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<td>Gloucester County</td>
<td>856-384-3730</td>
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<td>Hudson County</td>
<td>201-217-7180</td>
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<td>908-704-3030</td>
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<td>609-292-2940</td>
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<td>732-937-6300</td>
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<td>Monmouth County</td>
<td>732-775-1799</td>
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<tr>
<td>Morris County</td>
<td>862-397-5600 (option 2)</td>
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<td>Ocean County</td>
<td>732-505-2310</td>
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<td>Passaic County</td>
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<td>Sussex County</td>
<td>973-852-4110</td>
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<td>Union County</td>
<td>908-965-3940</td>
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<td>Warren County</td>
<td>908-852-4110</td>
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Special Child, Adult and Early Intervention Services
P.O. Box 364
Trenton, NJ 08625
Telephone: 609-777-7778
Website: [www.state.nj.us/health/fhs/scdesc.htm](http://www.state.nj.us/health/fhs/scdesc.htm)
Special Child Health Services provides case management to ensure that children with special health care needs receive quality services that will prevent or reduce the effects of developmental delay, chronic illness or behavioral disorder.

County Boards of Social Services
The county Boards of Social Service provide financial aid and support to individuals and families that meet income eligibility requirements. Programs include: Work First NJ, emergency assistance, food stamps, Medicaid, kinship care, supports for working families, home energy assistance, homeless sheltering, child care, and child support.

<table>
<thead>
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<td>Bergen County</td>
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<td>856-225-8800</td>
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<td>Cape May County</td>
<td>609-886-6200</td>
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<td>856-582-9200</td>
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<td>Sussex County</td>
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<td>908-965-2700</td>
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<tr>
<td>Warren County</td>
<td>908-475-6301</td>
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</table>
Family Success Centers
The Division of Prevention and Community Partnerships (DPCP) funds a statewide network of 37 Family Success Centers as "one-stop" shops that provide wrap-around resources and supports for families before they find themselves in a crisis. Family Success Centers bring together concerned community residents, leaders, and community agencies to address the problems that threaten the safety and stability of families and the community. There is no cost to access services. Core services include:

- Access to information on child, maternal, and family health services, including linkage to publicly-funded health insurance programs and referrals to local health care services;
- Development of "Family Success" plans, which address strengths and challenges and goals to address challenges which threaten to undermine family stability;
- Economic self-sufficiency/employment related services/income security services;
- Information & Referral services (connection to off-site public and private resources);
- Life Skills training (budgeting, nutrition, etc.);
- Housing related services;
- Parent education and parent-child activities;
- Advocacy;
- Home visiting, consistent with the model of engagement approved by DPCP.

Family Success Center Locations:

- **Atlantic County**
  New York Ave Family Success Center
  411 North New York Avenue
  Atlantic City, NJ 08401
  Phone: 609-441-0102

  Pleasantville Family Success Center
  9 South Main Street
  Pleasantville, NJ 08232
  Phone: 609-272-8800

  Hammonton Family Success Center
  310 Bellevue Avenue
  Hammonton, NJ 08037
  Phone: 609-567-2900 ext. 106

  Egg Harbor Township Family Success Center
  3050 Spruce Avenue
  Egg Harbor Township, NJ 08234
  Phone: 609-569-0376

  Dr. Martin Luther King School Family Success Center
  1700 Marmora Avenue
  Atlantic City, NJ 08401
  Phone: 609-345-1994

- **Camden County**
  Camden Family Success Center
  2850 Federal Street
  Camden City, NJ 08105
  Phone: 856-963-0270

  PARTNERS Family Success Center
  180 White Horse Pike
  Clementon, NJ 08021
  Phone: 856-309-5300 ext. 1513

- **Cumberland County**
  Gateway Family Success Center
  155 Spruce Street
  Bridgeton, NJ 08302
  Phone: 856-451-1133

  Holly City Help Family
  511 Columbia Avenue
  Millville, NJ 08332
  Phone: 856-327-1510

  IMPACT Family Success Center
  1038 E. Chestnut Avenue
  Suite 130
  Vineland, NJ 08360
  Phone: 856-507-7840

- **Bergen County**
  Englewood/Teaneck Family Success Center
  44 Armory St, Englewood, NJ 07631
  Phone: 201-568-0817 ext. 32

- **Burlington County**
  Burlington County Family Success Center
  45 High Street
  Mount Holly, NJ 08060
  Phone: 609-267-4001
• **Essex County**
  Babyland 3 Family Success Center
  755 South Orange Avenue
  Newark, NJ 07106
  Phone: 973-399-3400

  Central and West Ward Family Success Center
  982 Broad Street
  Newark, NJ 07102
  Phone: 973-643-5727 ext. 258

  East Orange Family Success
  60 Evergreen Place, Suite 307
  East Orange, NJ 07018
  Phone: 973-395-1442

  FOCUS Family Success Center
  441-443 Broad Street
  Newark, NJ 07105
  Phone: 973-624-2528 ext. 114

  Ironbound Community Corporation Family Success Center
  29-31 Cortland Street
  Newark, NJ 07105
  Phone: 973-344-5949 x201

  Ironbound Community Corporation Family Success Center
  Elm Street
  317 Elm Street
  Newark, NJ 07105
  Phone: 973-465-0555 ext 202

  Irvington Family Development Center Family Success Center
  50 Union Avenue, Suite 403
  Irvington, NJ 07111
  Phone: 973-372-4353 x17

  LaCasa’s Family Success Center I
  23 Broadway
  Newark, NJ 07104
  Phone: 973-483-2703 Ext. 2218

  LaCasa’s Family Success Center II
  595 North 6th St. Newark, NJ 07107
  Phone: 973-482-9002

  The North Ward Center Family Success Center
  286 Mt. Prospect Avenue
  Newark, NJ 07104
  Phone: 973-485-5723

• **Hudson County**
  West HUDson Family Success Center
  655 Kearney Avenue
  Kearney, NJ 07032
  Phone: 201-998-0803

  Horizon Health Center Family Success Center
  725 Bergen Avenue
  Jersey City, NJ 07306
  Phone: 201-451-4767

• **Mercer County**
  North Ward Parent/Child Family Success Center
  1554 Princeton Avenue
  Trenton, NJ 08638
  Phone: 609-393-2980

  South Ward Parent/Child Family Success Center
  635 S. Clinton Avenue
  Trenton, NJ 08611
  Phone: 609-695-6275

• **Middlesex County**
  New Brunswick Family Success Center at the Puerto Rican Action Board
  90 Jersey Avenue
  New Brunswick, NJ 08903
  Phone: 732-828-4510

• **Monmouth County**
  Long Branch Concordance Family Success Center
  279 Broadway, Suite 301
  Long Branch, NJ 07740
  Phone: 732-571-1670

• **Ocean County**
  LCSC Family Success Center
  415 Carey Street
  Lakewood, NJ 08701
  Phone: 732-901-6001

  The White House Family Success Center
  100 Linden Avenue
  Lakewood, NJ 08701
  Phone: 732-886-3764

• **Gloucester County**
  Gloucester Family Success Center
  Woodbury Crossing 3
  S. Broad Street #202B Woodbury, NJ 08096
  Phone: 856-848-7150
Community Health Law Project (CHLP) – Main Office
185 Valley Street
South Orange, NJ 07079
Telephone: 973-275-1175
Website: www.chlp.org
CHLP provides advocacy and representation services to people with disabilities in matters involving Social Security benefits.

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Legal Services of New Jersey’s Supplemental Security Income (SSI) Project
Initiated in 1999, the SSI Project represents a unique joint venture of various state and federal agencies and LSNJ, and has the sole purpose of helping disabled, indigent people get a more livable income. The SSI Project represents General Assistance (GA) and Temporary Assistance for Needy Families (TANF) recipients in all levels of the SSI and Social Security Disability application process. With an emphasis on winning cases at the initial application stage, the SSI Project helps individuals with physical and mental disabilities by developing their medical history, writing legal arguments, and completing the complex Social Security application and related documents in a way designed to win federal SSI benefits for disabled individuals.

State Health Insurance Assistance Program (SHIP)
Telephone: 800-792-8820
Website: www.state.nj.us/health/senior/ship.shtml
SHIP provides information and assistance with Medicare related problems and questions.

Social Security Administration (SSA)
Telephone: 1-800-772-1213
Website: www.ssa.gov
SSA provides general information and will set up an appointment with your local Social Security Disability office. Have available the Social Security number of the individual interested in services when you place the call.

C. Social Security
After a brain injury, many people face significant financial struggles. Early contact with the Social Security Administration can help identify possible sources of income replacement and medical benefits.

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Disability Rights New Jersey
210 South Broad Street, 3rd Floor
Trenton, NJ 08608
Telephone: 1-800-922-7233
Website: www.drnj.org
Disability Rights New Jersey (DRNJ) is the consumer-directed, non-profit organization that serves as New Jersey’s designated protection and advocacy system for people with disabilities in the state. DRNJ works to assist beneficiaries of Social Security Disability and Supplemental Security Income to remove barriers to employment. They assist beneficiaries who receive notices of work-related overpayment claims and obtain waivers of repayment as appropriate.

D. Legal Services

Brain Injury Alliance of New Jersey’s Family Helpline:
Telephone: 1-800-669-4323
Website: www.bianj.org
The Alliance maintains a list of attorneys with experience representing individuals with brain injuries.

Community Health Law Project (CHLP) – Main Office
185 Valley Street
South Orange, NJ 07079
Telephone: 973-275-1175
Website: www.chlp.org
The essential mission of CHLP is to provide legal and advocacy services to people with disabilities. CHLP attorneys and advocates represent clients in matters involving Social Security benefits, welfare, food stamps, and other entitlements; housing habitability and landlord-tenant disputes; consumer protection and debt collection; child support, visitation, and domestic violence; Medicaid, Medicare, and other health insurance issues.

Legal Services of New Jersey
P.O. Box 1357
Edison, NJ 08818
Telephone: 1-888-576-5529
Website: www.lsnj.org
Provides free information, advice and referral for low-income people with civil legal problems.

Disability Rights New Jersey
210 South Broad Street, 3rd Floor
Trenton, NJ 08608
Telephone: 1-800-922-7233
Website: www.drnj.org
Disability Rights New Jersey (DRNJ) is the consumer-directed, non-profit organization that serves as New Jersey’s designated protection and advocacy system for people with disabilities in the state. In partnership with individuals with disabilities and their families, DRNJ works to protect and advance the rights of people with disabilities. DRNJ provides information and referral and a broad range of advocacy services, including legal representation in numerous cases in state and federal courts.

E. Employment

Division of Vocational Rehabilitation Services (DVRS)
(See Listing Under State Agencies on Page 36)

Job Accommodations Network (JAN)
Telephone: 1-800-526-7234
Website: http://janweb.icdi.wvu.edu/
JAN is a free consulting service designed to increase the employability of people with disabilities by providing individualized worksite accommodations solutions, providing technical assistance regarding the ADA and other disability related legislation, and educating callers about self-employment options.
Ticket to Work and Work Incentives Improvement Act
Telephone: 1-866-968-7842
Website: www.yourtickettowork.com
This voluntary program allows Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI) disability beneficiaries to receive a “ticket” to obtain vocational rehabilitation, employment, or other support services from an approved provider of their choice.

One-Stop Career Centers
Telephone: 1-877-872-5627
Website: www.nj.gov/labor/oscc/OSCC.html
Designed to fundamentally change the way workforce services are delivered, the One-Stop Career Centers fully integrate all workforce programs and services (unemployment, job training, job search assistance, etc.) available at the state and local levels as if they were a single entity.

NJ WORKABILITY, Division of Disability Services
Telephone: 1-888-285-3036
Website: www.state.nj.us/humanservices/dds
The WorkAbility program offers people with disabilities who are working, and whose income would otherwise make them ineligible for Medicaid, the opportunity to receive full NJ Medicaid coverage. People with permanent disabilities who are employed between the ages of 16 to 64 can qualify for the program with annual gross earned income up to approximately $50,000.

NJ WINS (Work Incentive Network Support)
Website: www.cpfnj.org/services/bene.htm
NJ WINS, a program offered by the Family Resource Network, assists individuals receiving Supplemental Security Income (SSI) and/or Social Security Disability Insurance (SSDI) to make decisions about returning to work by providing benefits analysis, benefits support planning, problem solving, and information and referrals.

Greg Makely
Director of Employment Services
35 Beaverson Blvd. Building 11
Brick, NJ 08723
Email: gmakely@familyresourcenetwork.org
Phone: 609-468-7420
Toll-Free: (866) 946-7465
Fax: (732) 262-4373

Holly Martins
322 US Highway 46 Suite 290
Parsippany, NJ 07054
Email: hmartins@familyresourcenetwork.org
Phone: 973-255-0502
Fax: (973) 244-9590
Counties: Essex, Bergen, Passaic, Morris, Warren & Sussex

Andrea Infante
208 White Horse Pike, Suite 8
Barrington, NJ 08007
Email: ainfante@familyresourcenetwork.org
Phone: 609-276-9595
Fax: (856) 854-5171
Counties: Burlington, Cumberland, Camden, Gloucester and Salem

Andrea Jimenez
35 Beaverson Blvd. Building 11
Brick, NJ 08723
Email: ajimenez@familyresourcenetwork.org
Phone: 732-503-5950
Fax: (732) 262-4373
Counties: Monmouth, Ocean, Atlantic and Cape May

Elisa Cohen
1 AAA Drive Suite 203
Trenton, NJ 08691
Email: ecohen@familyresourcenetwork.org
Phone: 732-503-2474
Fax: (609) 392-5621
Counties: Middlesex, Hunterdon, Somerset

Giselle Cardona
322 US Highway 46 Suite 290
Parsippany, NJ 07054
Email: gcardona@familyresourcenetwork.org
Phone: 973-214-9254
Fax: (973) 244-9590
Counties: Hudson, Union

Amira Hassan
35 Beaverson Blvd. Building 11
Brick, NJ 08723
Email: ahassan@familyresourcenetwork.org
Phone: 732-228-1975
Fax: (732) 262-4373
Counties: Mercer
**F. Transportation**

**New Jersey Transit**
Telephone: 973-275-5555  
TTY: 1-800-772-2287  
Website: www.njtransit.com
New Jersey Transit provides accessible services available to people with disabilities and senior citizens.

**Access Link**
Telephone: 1-800-955-2321  
TTY: 800-955-6765
Access Link provides curb to curb transportation service for eligible people with disabilities. Access Link was developed to comply with the paratransit regulations of the Americans with Disabilities Act (ADA) of 1990. Access Link service is comparable to the NJ TRANSIT local bus network. Transportation is provided during the same hours and days and at the same fares as the local bus network. In order to use Access Link, you must be determined to be eligible for ADA Paratransit.

**Reduced Fare Program (RFP)**
Telephone: 973-378-6401 or 6327  
NJ Commission for the Blind: 973-648-3333
The New Jersey Transit reduced fare program is available to senior citizens and people with disabilities who travel the 150 regular bus routes, and 11 rail lines.

**Accessible Bus/Rail Information**
Telephone: 973-275-5555
For those with mobility devices, you can reserve a lift-equipped bus by calling the New Jersey Transit Information Center one day in advance of your trip, by 4pm.

**County Paratransit Contacts**
Each of the 21 counties in New Jersey has a curb- to-curb transportation service for senior citizens and people with disabilities. The counties have the authority to manage their programs independently. The names and guidelines of the programs also vary from county to county. Please contact the paratransit program in your county for assistance or more detailed information.

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<tr>
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<th>Telephone</th>
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<td>609-645-5910</td>
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<td>800-221-3520</td>
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<tr>
<td>Bergen</td>
<td>201-368-5955</td>
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<td>Burlington</td>
<td>609-265-5109</td>
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<td>973-829-8103</td>
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<tr>
<td>Camden</td>
<td>856-456-3344</td>
<td>Ocean</td>
<td>877-929-2082</td>
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<tr>
<td>Cape May</td>
<td>609-889-3700</td>
<td>Passaic</td>
<td>973-305-5756</td>
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<td>856-691-7799</td>
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<td>856-935-7510</td>
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<td>973-678-1300</td>
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<td>908-231-7115</td>
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<td>Gloucester</td>
<td>856-686-8350</td>
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<td>973-579-0480</td>
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<td>Hudson</td>
<td>201-369-4320</td>
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<td>908-241-8300</td>
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<td>Hunterdon</td>
<td>800-842-0531</td>
<td>Warren</td>
<td>908-454-4044</td>
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<td>Mercer</td>
<td>609-530-1971</td>
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**New Jersey Find a Ride**
Website: www.njfindaride.org
This free website allows individuals with disabilities to locate public and private transportation in their area.
G. Housing

Section 8
New Jersey Department of Community Affairs (DCA) Division of Housing & Community Resources
101 South Broad Street
PO Box 806, Trenton, NJ 08625-0806
Telephone: 609-292-4080
Website: www.nj.gov/dca/dh/sec8/index.shtml

The objective of Section 8 is to provide housing that is affordable to very low-income households in the private rental market. Households must meet eligibility requirements. Through Section 8, renters pay no more than 30 percent of their adjusted monthly income towards their monthly rent and utilities. The balance of the rent is paid directly to the owner of the rental property. A helpful publication, Guide to the Section 8 Housing Program, is available through the New Jersey Department of Community Affairs. For more information on Section 8, you can contact both the state and county offices.

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<td>732-777-6999</td>
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<td>Bergen</td>
<td>201-996-8990</td>
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<td>732-780-6772</td>
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<td>856-614-3300</td>
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<td>973-631-6285</td>
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<td>973-383-5602</td>
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<td>Hudson</td>
<td>201-217-7256</td>
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<td>908-412-3700</td>
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<td>Mercer</td>
<td>609-292-8537</td>
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Section 8 Homeownership
Telephone: 609-292-9025

Through the New Jersey Department of Community Affairs, participants in the Section 8 Housing Choice Voucher program can also purchase a home using their Section 8. The voucher is applied to the mortgage payment, instead of the rent. The Section 8 Homeownership program also provides housing counseling and information about financial and community resources.

Public Housing
Telephone: 609-633-6303 (For a listing of local housing authorities in New Jersey)
Website: http://www.state.nj.us/dca/divisions/codes/publications/guide.html

(Guide to Affordable Housing in New Jersey)
As with Section 8, the objective of the public housing program is to provide housing that is affordable to very low-income households. This federal program is administered by local housing authorities, of which there are about 100 in New Jersey. Most housing authorities have rental units, but some have houses for sale. Rents and sale prices depend on household income, and public housing authorities may give priority to people who live or work in the communities they serve.
Homeless Prevention Program
Telephone: 866-889-6270
The Homeless Prevention Program may be able to provide limited financial assistance to those who, because of temporary financial problems beyond one's control, face eviction or foreclosure. For individuals and families who have become homeless, financial assistance may be provided to help secure permanent housing. For more information on the Homeless Prevention program, you can contact both the state and county offices.

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<td>Bergen</td>
<td>201-342-2323</td>
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<td>732-431-6000</td>
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<td>609-835-4329</td>
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<td>908-454-7000 x118</td>
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<td>856-964-6887</td>
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<td>732-244-2351</td>
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<td>609-463-0138</td>
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<td>Mercer</td>
<td>866-889-6270</td>
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Social Services for the Homeless
The Social Service for the Homeless (SSH) program provides assistance to New Jersey residents who are at risk of homelessness, but are ineligible for Temporary Assistance for Needy Families welfare, General Assistance welfare or Supplemental Security Income. SSH can pay for emergency food or a motel or shelter stay for a limited amount of time. It also can provide rental, mortgage, utility, and security deposit assistance. This program, which operates on a 24-hour emergency basis, also includes referral services and limited case management. To apply for services in your area, call the county office.

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<td>609-345-5517</td>
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<td>888-908-4636</td>
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<td>Bergen</td>
<td>888-323-7436</td>
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<td>732-431-6000</td>
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<td>Burlington</td>
<td>856-234-8888</td>
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<td>800-640-9783</td>
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<td>Camden</td>
<td>800-331-7272</td>
<td>Ocean</td>
<td>732-349-1500</td>
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<td>Cape May</td>
<td>609-886-1325</td>
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<td>Cumberland</td>
<td>800-360-7171</td>
<td>Salem</td>
<td>856-299-7200</td>
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<td>973-744-3312</td>
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<td>908-526-8800</td>
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<td>Gloucester</td>
<td>800-648-0132</td>
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<td>877-827-8411</td>
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<td>800-624-0287</td>
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Subsidized Housing for Seniors & Disabled
Telephone: 609-633-6303 ((For a listing of subsidized housing for seniors & disabled)
Website: http://www.state.nj.us/dca/divisions/codes/publications/guide.html (Guide to Affordable Housing in New Jersey)
Subsidized Housing specifically designated for seniors and people with disabilities is available throughout the state. To locate subsidized housing for seniors and people with disabilities in your area, contact your local county office for the disabled and/or you local county office on aging. County contact sheets, which list the contacts for these offices, are available through Brain Injury Alliance of New Jersey.)
Additional housing resources may be available at your county level, including non-profit agencies that assist residents in finding and obtaining affordable housing. For more information on your county resources, dial 211 and be connected to the Information & Resources Helpline for health and human services, community resources and governmental assistance for your county.

H. Assistive Technology

ABLEDATA
Telephone: 1-800-227-0216
Website: www.abledata.com
This organization provides information about assistive technology products and rehabilitation equipment available throughout the world. Although ABLEDATA does not sell products, they can locate companies that do.

The Assistive Technology Advocacy Center (ATAC) of Disability Rights New Jersey
210 South Broad Street, 3rd Floor
Trenton, NJ 08608
Telephone: 1-800-922-7233
Website: www.drnj.org
ATAC provides information and referral, outreach and education, technical assistance and legal and non-legal advocacy in the area of assistive technology. They also publish the CARTWheel, a NJ-wide directory of assistive technology service providers, vendors, and funding sources. Back in Action is a used equipment recycling program whose mission is to provide an alternative source for assistive technology devices, including hospital beds, wheelchairs, TTYs, etc. The Back in Action catalog acts as a clearinghouse for assistive devices that are for sale (usually at a minimal cost) or offered for donation or loan. The Back in Action program can be accessed online at: www.drnj.org/pdf/BIA%200708.pdf or call 1-800-922-7233 for a catalog.

NJ Coalition for the Advancement of Rehabilitation Technology (CART)
1005 Whitehead Road Extension Ste. 1
Ewing, NJ 08638
Telephone: 1-888-322-1918
Website: www.njcart.org
NJ CART is a non-profit organization which networks professionals and others interested in assistive technology and provides continuing education for its members and the community. The group meets approximately five times per year to discuss various assistive technologies. The organization does not provide evaluations.

I. Children’s Health Care & Education

Catastrophic Illness in Children Relief Fund
NJ Department of Human Services
P.O. Box 728
Trenton, NJ 08625
Telephone: 1-800-335-3863
Website: www.njcatstrophiefund.org
Financial help is available from this fund if your child is 21 years old or younger when the medical expenses were incurred; your family has lived in New Jersey at least three months prior to application; and in any prior, consecutive, 12 month period, dating back to 1988, eligible expenses must exceed 10% of the family’s income, plus 15% of any excess income over $100,000. Covered expenses include, but are not limited to, special ambulatory care, acute or specialized in- or out-patient hospital care, medical equipment, medically-related home modifications, home health care and medical transportation.
Statewide Parent Advocacy Network (SPAN)
35 Halsey Street, 4th Floor
Newark, NJ 07102
Telephone: 1-800-654-7726
Website: www.spannj.org
SPAN provides support, training and advocacy for families and professionals who seek assistance with the educational and healthcare needs that impact children with special needs.

Education Law Center
60 Park Place, Suite 300, Newark, NJ 07102
Phone: 973-624-1815
Website: www.edlawcenter.org
The Education Law Center focuses on improving public education for disadvantaged children, and children with disabilities and other special needs. The Center uses a wide variety of strategies, including public education and engagement, policy initiatives, research, communications and, as a last resort, legal action. The Law Center also publishes The Right to Special Education in New Jersey: A Guide for Advocates.

ASAH
2125 Route 33, Lexington Square, Hamilton Square, NJ 08690
Phone: 609-890-1400
Website: www.asah.org
ASAH is a not-for-profit organization of private schools and agencies in New Jersey which provide highly specialized services to more than 10,000 infants, children and young adults with disabilities. Founded in 1974 by thirteen private schools, ASAH now serves more than 125 school locations. ASAH provides a toll free Parent Assistance Line to help parents understand their rights and identify appropriate services, and a free Speakers Bureau for parent groups to access experts on topics in special education.

Division of Developmental Disabilities
(See Listing Under State Agencies on Page 35)

Special Child, Adult and Early Intervention Services
(See Listing Under State Agencies on Page 37)

Disability Rights New Jersey
(See Listing Under Legal Services on Page 41)

Office of Special Education Programs
P.O. Box 500
Trenton, NJ 08625
Telephone: 609-292-4469
Website: www.nj.gov/njded/specialed
The office implements state and federal laws and regulations governing special education to ensure that pupils with disabilities in New Jersey receive full educational opportunities. It provides statewide leadership through the development of policy and implementation documents and provides guidance to school districts and parents regarding the implementation of special education programs and services. Their website contains an online search directory of approved private schools for the disabled in and out of state that can be searched by county and disability. In addition, the office funds four learning resource centers (LRCs) that provide schools and parents with information services, materials circulation, technical assistance, consultation services and production services.

Learning Resource Center - Central Region
200 Riverview Plaza, 1st Floor
Trenton, NJ 08625
Mailing: LRC-Central, NJ Dept. of Education, PO Box 500, Trenton, NJ 08625
Telephone: 609-633-8893
Region Served: Hunterdon, Mercer, Middlesex, Monmouth, Ocean, Somerset, and Union Counties
Learning Resource Center - North
7 Glenwood Avenue, 2nd Floor, Suite 201
East Orange, New Jersey 07017
Region Served: Bergen, Essex, Hudson, Morris, Passaic, Sussex, and Warren Counties
Telephone: 973-414-4491

Learning Resource Center - Northern Satellite
104 The American Road, Building 100
Morris Plains, New Jersey 07950
Region Served: Bergen, Essex, Hudson, Morris, Passaic, Sussex, and Warren Counties
Telephone: 973-631-6345

Learning Resource Center – South
Learning Resource Center – South at EIRC South Jersey Technology Park, Samuel H. Jones Innovation Center – Suite 200
107 Gilbreth Parkway
Mullica Hill, NJ 08062
Region Served: Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, and Salem Counties
Telephone: 856-582-7000

Family Support Center of New Jersey
35 Beaverson Blvd., Bldg. II
Brick, NJ 08723
Telephone: 1-800-372-6510
Website: www.fscnj.org
The Family Support Center is a “One-Stop Shop” clearinghouse, offering you the most up-to-date information on all types of disabilities as well as national, state and local support programs and services for individuals and families seeking such information. Services of the Family Support Center include an online database of programs, services and resources on a wide range of disabilities, diseases and disorders; a statewide parent to parent support program; lending library; private respite provider database; guardianship stipends; and an annual conference. They also publish an OPTIONS manual, free for families, which includes information on support programs, advocacy, education, recreation, financial assistance and practical parent-to-parent tips.

J. Information & Support

2-1-1
From Your Phone: Simply dial 2-1-1
Website: www.nj211.org
From Your Cell Phone: 1-800-435-7555
2-1-1 is a new statewide easy to remember telephone number that connects people with important community services and volunteer opportunities. While services that are offered through 2-1-1 vary from community to community, 2-1-1 provides callers with information about and referrals to human services for every day needs and in times of crisis.
**County Office for the Disabled**
County Offices for the Disabled function as a clearinghouse for information about programs and services, advocate for people with disabilities and provide technical assistance at a local level.

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<td>Atlantic County</td>
<td>888-426-9243</td>
<td>Middlesex County</td>
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<td>201-336-6500</td>
<td>Monmouth County</td>
<td>732-308-3770 x3599 or x7116</td>
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<td>732-506-5062</td>
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<td>856-681-6128</td>
<td>Sussex County</td>
<td>973-948-6000 x223</td>
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<tr>
<td>Hudson County</td>
<td>201-369-5280</td>
<td>Union County</td>
<td>908-527-4840</td>
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<tr>
<td>Hunterdon County</td>
<td>908-788-1361</td>
<td>Warren County</td>
<td>888-383-3296</td>
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<tr>
<td>Mercer County</td>
<td>609-989-6468</td>
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**NJ Statewide Independent Living Centers (SILCS)**
c/o Progressive Center for Independent Living
1262 Whitehorse-Hamilton Square Road
Hamilton, NJ 08690
Telephone: 877-917-4500 Website: [www.njsilc.org](http://www.njsilc.org)
Centers for Independent Living are community based, consumer-driven organizations that provide information and referral, peer counseling, skills training, advocacy and a variety of services based on individual needs.

**Statewide Independent Living Council County Offices**

<table>
<thead>
<tr>
<th>County</th>
<th>Council Name</th>
<th>Telephone</th>
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<tbody>
<tr>
<td>Atlantic</td>
<td>Total Living Center, Inc.</td>
<td>609-645-9547</td>
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<td>Bergen</td>
<td>Heightened Independence &amp; Progress</td>
<td>201-996-9100</td>
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<td>Burlington</td>
<td>Resources for Independent Living</td>
<td>609-747-7745</td>
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<tr>
<td>Camden</td>
<td>Center for Independent Living</td>
<td>800-413-3791</td>
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<td>City of Camden</td>
<td>Camden City Independent Living Center</td>
<td>856-966-0800</td>
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<tr>
<td>Essex</td>
<td>Dial, Inc.</td>
<td>973-470-8090</td>
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<tr>
<td>Gloucester</td>
<td>Center for Independent Living</td>
<td>800-413-3791</td>
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<tr>
<td>Hudson</td>
<td>Heightened Independence &amp; Progress</td>
<td>201-533-4407</td>
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<tr>
<td>Hunterdon</td>
<td>Progressive Center for Independent Living</td>
<td>877-376-9174</td>
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<td>Mercer</td>
<td>Progressive Center for Independent</td>
<td>877-917-4500</td>
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<tr>
<td>Middlesex</td>
<td>Living Alliance Center for Independence</td>
<td>732-738-4388</td>
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<td>Monmouth</td>
<td>Mceans Center for Independent Living</td>
<td>732-571-4884</td>
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<td>Morris</td>
<td>Dawn, Inc.</td>
<td>888-383-3296</td>
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<td>Ocean</td>
<td>Mceans Center for Independent Living</td>
<td>732-571-4834</td>
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<td>Passaic</td>
<td>Dial, Inc.</td>
<td>973-470-8090</td>
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<tr>
<td>Somerset</td>
<td>Alliance Center for Independence</td>
<td>732-738-4388</td>
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<tr>
<td>Sussex</td>
<td>Dawn, Inc.</td>
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<tr>
<td>Union</td>
<td>Alliance Center for Independence</td>
<td>732-738-4388</td>
</tr>
<tr>
<td>Warren</td>
<td>Dawn, Inc.</td>
<td>888-383-3296</td>
</tr>
</tbody>
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**NJ MentalHealthCares**
Telephone: 1-866-202-4357
Website: [www.nimentalhealthcares.org](http://www.nimentalhealthcares.org)
A free, confidential mental health information and referral helpline and website, helping professionals and the general public. Providing information about, and referrals to, many mental health services for adults and children, including: legal, housing, employment rehabilitation, inpatient and outpatient, self-help and more.
Mom2Mom Helpline program
Telephone: 1-877-914-6662 (1-877-914-MOM2)
Mom2Mom is a 4 hour, 7 day a week helpline coordinated by UMDNJ-University Behavioral HealthCare. The helpline offers:

- **Peer Support** - Peer Supporters will be available to provide telephone peer support to callers in need. Moms of special needs children trained in peer counseling and crisis support will offer peer support, explain resources, and explore your needs. Peer support is also available through our website for a live chat experience online.

- **Clinical Assessment** - Clinical Professionals will be available as part of the helpline team to do telephone assessment and gauge the depression, anxiety, and family & marital issues, etc. that may be impacting your life.

- **Referral Network** - A database of specially trained service providers will be available for referrals for your mental health needs.

- **Support Groups** - Within your communities, Mom Peer Supporters will be available every month for Mom 2 Mom support groups.

The Addictions Hotline of New Jersey
Telephone: Dial 2-1-1 or 1-800-238-2333
The Addictions Hotline of New Jersey provides trained clinically supervised telephone specialists who are available 24 hours a day, 7 days a week to educate, assist, interview and/or refer individuals and families battling addictions. Calls are free and information shared is confidential.

Ala-Call/Substance Abuse Hotline
Telephone: 1-800-322-5525
The Ala-Call/Substance Abuse hotline is an Information and Referral hotline for New Jersey residents with alcohol and drug problems. A trained volunteer will provide you with information about meeting times and locations for Alcoholics Anonymous, Al-Anon, Alateen, Narcotics Anonymous, Nar-Anon, ACOA, CODA and other self-help groups. Information is available concerning counseling, hospitalization, and treatment facilities which cover the entire state of New Jersey. There is also service for non-English-speaking callers.
**Tips for Making Phone Calls & Advocating for Services**

The first step to becoming a good advocate is to learn how to get the information you need. This means making many phone calls! These steps will help you get the most out of every phone call that you make. Making phone calls to get information is one of the most valuable tools to becoming a successful advocate. It takes practice. The more you do it, the better you will get.

**Be Prepared**
- Have a pad of paper and pencil or pen ready.
- Think about the information you want to get: Why are you calling? What do you want to find out? Who do you need to talk to? Write down your questions before making the call.
- Try to make the phone call from a quiet place and when you won’t be interrupted.

**During the phone call**
- Keep accurate notes.
- Write down the agency name and phone number, the date of the phone call, who you spoke with, what you learned, and what you have to do next.
- Be patient. You may be put on hold or transferred to different people. You may need to ask the same questions several times. You may be directed to call someone else. This can get very frustrating, but it’s important to remain calm.
- There is a fine line between being assertive and being aggressive. Try to stay assertive.
- Here are some examples of good ways to get the information you need.

**Beginning the Call:**
- “I'm hoping you can help me. My name is _____________________. I am trying to get information about _____________________."
- “My name is _____________. I am calling about my daughter who is ____ years old and disabled. I would like to get information about__________.”

**Asking for Clarification:**
- “I'm sorry. I didn't hear what you said. Can you repeat that?”
- “You said ___________________. I don’t understand what that means. Can you explain it to me?”
- “Please repeat that phone number.”
- “How long do you think it will take for me to get the information that you are sending me?”
- “When should I call back to check on that?”
- “Thank you. You have been very helpful. May I call you again if I have questions?”

**After the phone call**
- Review your notes.
- Write down any additional information that you remember, anything that you need to do or additional phone calls that you need to make.
- If you need to call back, get a calendar and write that down on the day you need to call.
• It’s very easy to forget things. The more you write down, the better.
• Keep your notes in a safe place.

Following up on a call
• Sometimes you will be making phone calls for services or applications. You may have asked when to expect a reply and then you never hear back. This can be stressful. It is OK to call and follow up. Try to call when you are calm, so you can remember what you hear and take accurate notes.
• If you are told that the application for services was denied or that services are not available, don’t give up! Ask if there is a way to appeal the denial, usually called an appeals process, or if the person knows about other programs that can help.
• Here are some examples of how to follow up on a call, check on an application, and ask about appeals.

Waiting for a Reply
• “I called a few days ago and left a message for ______________. He did not get back to me. Is he available now?”
• “I have left several messages for ______________ and he hasn’t called me back. He must be very busy. Is there someone else I can talk to?”

Checking on an Application
• “I sent in an application and want to make sure that you got it. Can you check for me?”
• “How long does it usually take to hear something after an application is sent in?”
• “I sent in an application 2 months ago and haven’t heard anything. Could you please check on that for me?”

Asking about the Appeals Process
• “I got a letter saying that my daughter did not qualify for your services. Do you have an appeal process?”
• “I do not understand the appeal process. What am I supposed to do?”