BROWSE AND BORROW LIBRARY CATALOG

Brain Injury Alliance

NEW JERSEY

BROWSE AND
BORROW LIBRARY
CATALOG

[Images of books and shelves]
Browse and Borrow Library Guidelines

The Browse-and-Borrow Book and Video Library is a free service to New Jersey residents. The library offers hundreds of books on various subjects relevant to persons with brain family, their family members, and associated professionals. The library also offers numerous videos. All books and videos may be borrowed, with the exception of materials marked “Reference Only”.

Visitors are welcome to the Library, which is located at the Brain Injury Alliance of New Jersey, on 825 Georges Road, North Brunswick, NJ 08902. Please first make an appointment with the librarian via phone call (732-745-0200) or email (info@bianj.org). All materials can be browsed and borrowed on site, or borrowed via phone call or email request.

Books and videos may be borrowed for a one-month period, but if needed, a patron can keep materials for a longer period of time by making a direct request with the librarian. Please let us know if you will keep materials longer than a month, so we can let our other patrons know! We provide a self-addressed stamped envelope (SASE) to return materials back to the Library.

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AWARENESS AND PREVENTION

BOOKS

Ahead of the Game
*Rosemarie Scolaro Moser, 2012*
This book lays out the basics of identification, management, and treatment of concussion in kids, and details the steps we can take to protect the brain before an injury occurs. (208 pages)

Brain Injury Prevention and Awareness Lesson Plans
*Brain Injury Alliance of New Jersey, 2005*
Prevention and awareness plans for schools. (160 pages)

Concussion
*Jeanne Marie Laskas, 2015*
The story of Dr. Bennet Omalu’s battle against the NFL after he discovered something he could not ignore. Though the NFL tried to silence him, his courage would change everything. (269 pages)

Concussion Policy
*Phil Hossler and Michael Collins*
A comprehensive guide to concussion policy for parents, staff, coaches, medical professionals and other stakeholders. (56 pages)

Getting A-Head of Concussion: Educating the Student-Athlete’s Neighborhood
*Phil Hossler, ATC, 2006*
This manual is an innovative approach to understanding the effects of concussion in students. (48 pages)

League of Denial: The NFL, Concussions, and the Battle for Truth
*Mark Fainaru-Wada and Steve Fainaru, 2014*
Investigative reporters Mark Fainaru-Wada and Steve Fainaru tell the story of a public health crisis that emerged from the playing fields of our 21st century pastime. (413 pages)

Head Games: Football’s Concussion Crisis from the NFL to Youth Leagues
*Christopher Nowinski and Jesse Ventura, 2006*
The author exposes how many youth football players are affected by mild brain injuries. He shows how to identify a concussion and when it is safe to return to the field. (195 pages)

The Awareness and Prevention category has materials about sports concussion, helmet safety, and other topics related to brain injury prevention.
AWARENESS AND PREVENTION

Heads-Up on Sports Concussion (The)
*Gary Solomon, 2006*
A book on sport concussion that reviews terminology, assessment, treatment and criteria for return to play. (140 pages)

Hit on the Head and Where It Led (A)
*Jennifer Cooper-Trent, illustrations by Anthony Mitchell, 2006*
A children’s book that explains brain injury: injury, recovery, return to school, and accompanying emotional challenges. (42 pages)

Think Positive: Helmet Safety Reward Program
*Brain Injury Alliance of New Jersey, 2007*
This manual provides a guide to implementing a helmet safety reward program and discusses the benefits for the community. The manual includes tools for implementation and evaluation, sample press releases, and lists of resources. (88 pages)

VIDEOS

Concussion: An Educational DVD
*Barry Willer, PhD, 2004*
This DVD was developed to educate students about concussion. Contains five modules: How the Brain Works; Definition of a Concussion; Metabolic Changes Following a Concussion; Symptoms of Concussion; and Concussion Management. (14 minutes)

Humanizing Brain Injury
*Brain Injury Association of America, 2000*
This video illustrates powerfully how brain injury happens to “real” people, at any age. (12 minutes)

BRAIN TUMOR

BOOKS

100 Questions & Answers about Brain Tumors
*Virginia Stark-Vance, MD and M.L. Dubay, 2004*
Provides authoritative, practical answers to questions about treatment options, post-treatment quality of life, sources of support, and much more. (239 pages)
The Case Management and Legal Resources category has materials about case management and life care planning, litigation in personal injury cases, and other legal topics.

**BOOKS**

**Dictionary for Brain Tumor Patients**  
*American Brain Tumor Association, 2002*  
This book contains definitions of medical terms and abbreviations related to brain tumors. There are also measurement tables and information on diagnostics and treatment methods. (136 pages)

**Analysis, Understanding and Presentation of Cases Involving TBI**  
*(Reference Only)*  
*Charles Simkins, Esq., 1994*  
This publication represents the efforts of more than 50 contributors and is acknowledged as an important resource on brain injury litigation. (605 pages)

**Into the Future: A Workbook to Assist Families and Professionals**  
*Comprehensive Rehabilitation Consultants, Inc., 2002*  
This workbook can be used to organize information, explore legal options, transfer information to other caregivers, and prepare for the future. (40 pages)

**Legal Rights: A Family Guide (Also Available in Spanish)**  
*Joseph Romano, 1998*  
A guide that assists families and providers in identifying and understanding medical insurance, governmental benefits, and other entitlements. (228 pages)

**Litigating Brain Injuries 1 (Reference Only)**  
*Bruce Stern and Jeffrey Brown, 2006*  
This book discusses brain injury litigation from a personal injury lawyer’s perspective. Includes: case selection and preparation, countering defense tactics, introducing evidence, and direct and cross-examination of experts. (293 pages)

**Litigating Brain Injuries 2 (Reference Only)**  
*Bruce Stern and Jeffrey Brown, 2006*  
This book views brain injury litigation from a neuropsychiatrist’s perspective: avoiding blunders, approaching the case from a neuropsychiatric perspective, pretrial preparations, and cutting edge science on clinical conditions. (326 pages)

coordinate services, advocate for services, and evaluate what’s important. Families can use this information to pull together care plans and build a future. (106 pages)
CASE MANAGEMENT AND LEGAL RESOURCES

Managing Care and Services After Brain Injury
Don Hood, BA, Marilyn Lash, MSW, Ann Glang, PhD, and Bonnie Todis, PhD, 2009
This workbook teaches families how to communicate effectively, coordinate services, advocate for services, and evaluate what’s important. Families can use this information to pull together care plans and build a future. (106 pages)

Managing Care and Services After Brain Injury
Don Hood, BA, Marilyn Lash, MSW, Ann Glang, PhD, and Bonnie Todis, PhD, 2009
This workbook teaches families how to communicate effectively, coordinate services, advocate for services, and evaluate what’s important. Families can use this information to pull together care plans and build a future. (106 pages)

Neuropsychology in the Courtroom
Robert Heilbronner, PhD, ABPP, 2008
This volume brings together leading neuropsychologists to shed light on forensic practice. Contributors show how they review reports and depositions, providing fine-grained analysis of the opinions and conclusions of the examiner. (273 pages)

BOOKS

Special Needs Trusts: Protect Your Child’s Financial Future
Stephen Elias, 2005
This book shows you how to create a “special needs trust” so you can leave any amount of money to your disabled loved one in the trust, without jeopardizing government benefits. (237 pages)

“Community for All” Toolkit: Resources for Supporting Community Living
Human Policy Press, 2004
This tool kit provides philosophy, policy and research to reinforce community supports for all people with disabilities. (300 pages)

Cultural Shifting
Al Condeluci, 2002
Change and leadership are subjects that have relevance to everyone, especially those in disability services. This book looks at change and leadership through the lens of community. (108 pages)
COMMUNITY RE-ENTRY AND PLANNING

The Essence of Interdependence
Al Condeluci, 1999
By exploring roles, expectations, and stereotypes of people with and without disabilities, this manual lays a foundation for personal growth and societal change, through a model for interdependence and community integration. (160 pages)

Home-Based Cognitive Stimulation Program
Tom Novack, PhD and Jacqueline Blankenship, PhD, 2002
A home-based cognitive stimulation program that provides activities to assist in the recovery of thinking skills following brain injury. (57 pages)

Money Smart: An Adult Education Program
Federal Deposit Insurance Corporation, 2003
This manual helps adults outside the financial mainstream enhance money skills and create positive banking relationships. Exercises, worksheets and other tools are provided. (370 pages)

Moving On: A Personal Futures Planning Work for People with Brain Injury
Beth Mount, 2003
Personal Futures Planning helps individuals with brain injury progress in their lives. The Workbook is used by the person with brain injury and their families to plan for a better future. The accompanying Facilitator’s Manual explains possible issues in facilitating the process and helping the survivor. (100 pages)

Survival Kit: A Day-Timer, Planner and Organizer for People with Brain Injury
Debbie Leonhardt, MA, NCC, LPC, 2011
This kit contains techniques and strategies for everyday living including schedules, calendars, journals, personal care checklists, visual reminders, treatment tasks, personal and household information, strategies and sample forms. (212 pages)

Together is Better
Al Condeluci, 2008
This book is about change and how to make things better by fostering community inclusion for persons with disabilities. It explores the complexities, challenges and rewards of working to develop a community where everyone belongs. (76 pages)
COMMUNITY RE-ENTRY AND PLANNING

VIDEOS

Exploring Life Options After Brain Injury
Michael W Davis, CBIST, and Patricia Jackson, BS, CBIS, 2007
This video reviews quality of life concerns after discharge, including community living options, vocational and recreational opportunities, and person centered planning. (56 minutes)

Self-Determination: The Sean Tease Story
Brain Injury Association of America, 2001
A story of a family that wouldn’t let the tragedy of brain injury take away their son’s identity. This video shows the importance of self-determination. (9 minutes)

Still Friends? Friends Still!
Robyn Littlefore, 2004
This video is about how brain injury changes relationships. This DVD features frank conversations by friends about the rewards and difficulties of remaining friends with a peer who has been changed by brain injury. (30 minutes)

The Community Re-Entry and Planning category has materials about returning to the social community after sustaining brain injury, and tools for enabling community re-entry by helping with financial and other skills.

COPING AND FAMILY ISSUES

BOOKS

The ABCs of Brain Education
Janeide Chillis, 2009
A book for children about the seriousness of brain injury. It is an alphabet book in which each letter covers some topic about brain injury. (28 pages)

After Brain Injury, Telling Your Story: A Journaling Workbook
Barbara Stahura and Susan Schuster, MA, CCC-SLP, 2009
This workbook guides brain injury survivors in the healing experience of telling their stories with simple journaling techniques. By writing journal entries, they can explore challenges and milestones as they rebuild their lives. (112 pages)

The Coping and Family Issues category has materials about the impact of brain injury on the family, (general, and specific to spouses, siblings, and parents) and suggestions for developing coping strategies and building supports.
COPING AND FAMILY ISSUES

Billy Butterfly Tries
Cindy Koneczny, 2009
This colorful book features Billy Butterfly as he tries to compete in the Insect Olympics with a sore wing. Written by a survivor of a brain injury, this is a story of perseverance and hope. (32 pages)

Brain Injury Isn’t Funny – But Humor Helps You Cope
William C. Jarvis, Ed. D
Bill Jarvis shows how humor can help you not only survive, but move forward with hope & zest for the life you are rebuilding. There is truth in the old saying: “Sometimes laughter is the best medicine!” (29 pages)

Brain Injury: It is a Journey
Flora Hammond, MD and Tami Guerrier, BS, 2006
This manual gives families information on brain injuries; help them understand the rehabilitation process; prepares them for what to expect as the person is discharged home; and describes different community resources. (72 pages)

Brain Injury Rewiring: For Loved Ones
Carolyn E Dolen, MA, 2010
This book describes the injured brain and initial recovery. It explores how loved ones can help the survivor heal with traditional and complementary medicine and nutrition. (316 pages)

Brain Injury Rewiring: For Survivors
Carolyn Dolen, MA, 2010
This book discusses medical care, and goes beyond that to help the survivor heal through traditional and complementary medicine and good nutrition. The companion book, Brain Injury Rewiring for Loved Ones, describes how family and friends of the survivor can help the survivor during recovery. (332 pages)

The Brain Injury Source Book
National Resource Center for Traumatic Brain Injury, 1999
This book compiles answers to frequently asked questions asked by persons with brain injury, family members, friends, and professionals. Whether you are a person with brain injury, a family member, friend, or a professional working with a person with brain injury, answers to your questions are in this book. (225 pages)
The Coping and Family Issues category has materials about the impact of brain injury on the family, (general, and specific to spouses, siblings, and parents) and suggestions for developing coping strategies and building supports.

Brain Injury Survivors Guide: Welcome to Our World
Larry Jameson and Beth Jameson, 2007
This book was written by a survivor and her family. Learn the strategies Beth used to overcome cognitive and behavioral problems after her brain injury. Lists and planning tools provide a way to compensate for these various deficits. (200 pages)

Chicken Soup for the Soul: Recovering from Traumatic Brain Injuries
Amy Newmark
and Dr. Carolyn Roy-Bornstein, 2014
Whether you are recovering from a TBI or supporting someone with a TBI, this collection will uplift and inspire. These stories by TBI survivors and those who love and support them, will encourage you and your family on your road to recovery. (435 pages)

Choosing Home or Residential Care: A Guide for Families
Marilyn Lash, MSW, 1998
Based on the experiences of families who have raised for their children at home, and families who moved their children to a residential program. Professionals who have talked with families share their knowledge and expertise. (59 pages)

Coping with Mild Traumatic Brain Injury
Diane Roberts Stoler, 1998
Having gone through a mild traumatic brain injury herself, Dr. Stoler provides help for others with MTBI, families and friends. Using clear language, she looks the brain and how it can be injured, diagnostic procedures and treatments. (284 pages)

Elvin: The Elephant Who Forgets
Heather Snyder, 1998
A story about “Elvin”, an elephant who has a tree branch fall on his head. The book helps children and their friends and classmates to understand what it’s like to have a brain injury. (16 pages)

Explaining Brain Injury, Blast Injury and PTSD to Children and Teens
Marilyn Lash, MSW, Janelle Breese Biagioni, Tonya Hellard, 2009
When a parent is injured, children often feel confused and anxious. This guide helps parents explain the changes that can follow a brain injury, blast injury or PTSD. Using examples from children of all ages, it helps children understand their emotional reactions to a parent’s injury or PTSD (80 pages)
The Get Well Soon... Balloon!
*Vicki Sue Parker, 2005*
Inspired by her daughter’s reaction to her injury, Vicki wrote a book to help family members guide children in understanding the effects of a brain injury. (16 pages)

*National Resource Center for Traumatic Brain Injury, 1999*
Life after brain injury can be challenging, for the survivor, and for those who know and love them. This guide is packed with practical ideas to help those who want to help. (187 pages)

A House for All Children
*Richard V Olsen, PhD, 2000*
This book provides guidelines for creating a safe and supportive home environment for children with disabilities. It explores the range of physical, social, and emotional supports. (112 pages)

How to Get Services by Being Assertive
*Charlotte Des Jardins, 1993*
Many parents and professionals encounter difficulties in finding services for children with disabilities. This book is written for parents and professionals dealing with this frustration. (208 pages)

I Know You Won’t Forget
*Story by Truly Blessed Ink, Illustrations by Carol Jordan, 2007*
This is about a boy whose mom had a brain injury. He shows how a TBI affects the family and how issues can be resolved. The book was written and illustrated by survivors of brain injury. (40 pages)

It’s So Much Work to Be Your Friend
*Richard Lavoie, 2005*
This book offers strategies to help learning-disabled children navigate the turbulence of school, home and community. The author provides methods and instructions for helping the learning disabled child through nearly any social situation. (394 pages)

Ketchup on the Baseboard: Rebuilding Life after Brain Injury
*Carolyn Rocchio, 2004*
This book tells Carolyn and her family’s journey after her son sustained a brain injury. She describes stages of his recovery and the emotions and dynamics of her family. (280 pages)
COPING AND FAMILY ISSUES

Learning to Live with Yourself after Brain Injury
Jeffrey Sebell, 2014
This book provides the insights you need to use the tools you have been given in a way that allows you to get the most out of them. (96 pages)

Living Life Fully After Brain Injury
Robert T. Fraser, Kurt L. Johnson, Kathleen Bell, 2011
This is a valuable resource for life after brain injury, containing chapters by experts, and assessing topics like community living with practical strategies and printable worksheets. (211 pages)

Living with Blast Injuries, PTSD and TBI
Lash Publications, 2012
Designed as an reference for veterans, caregivers and families, this collection of articles has tips and strategies that address issues common to veterans with PTSD, concussion or TBI. (160 pages)

Living with Brain Injury: A Guide for Families
Richard Senelick and Kathy Ryan, 2002
This updated edition helps families with support and information about options available to them. Complete with a section on neuroplasticity and rehabilitation research, Living with Brain Injury helps readers through new, uncharted territory. (270 pages)

Lost & Found: A Survivor’s Guide to Reconstructing Life After Brain Injury
Barbara J Webster, 2011
This workbook for survivors and families contains tips, strategies, and accommodations to address life’s daily challenges. The author presents an approach for overcoming challenges. (196 pages)

Love, Honor, & Value: A Family Caregiver Speaks Out
Suzanne Geffen Mintz, 2002
This book attempts to make a positive difference in the lives of caregivers trying to find their way through the maze of caregiving in our “quicker and sicker” healthcare system (204 pages)

Missing Pieces: Mending the Head Injury Family
Marilyn Colter Maxwell, 2004
This book has helped many families struggling with brain injury. Written by a wife and mother who’s been there, Missing Pieces offers understanding for each family’s struggle. (164 pages)
Negotiating the Special Education Maze  
*Winifred Chitwood, Deidre Hayden & Cherie Takemoto, 2008*  
Reviews the special education process, and tips and strategies for developing an effective special education program. (264 pages)

Never-Ending Journey: The Intensive Care Unit  
*Dayla Maisey, 2011*  
This book helps you navigate through the stressful environment of the Intensive Care Unit (ICU) after someone close to you is brain injured. The book integrates technical, practical and emotional advice to help you make sense of what’s happening. (134 pages)

Overcoming Grief  
*Janet P. Niemeier, Ph.D., and Robert L. Karol, Ph.D., 2010*  
This workbook provides information on symptoms and coping skills following a brain injury, and stresses the role of support systems in adjustment after brain injury. The authors guide readers through the emotions and grieving that is part of brain injury. (240 pages)

Pocket Tips for Caregivers  
*Marilyn Lash, MSW, and Janet Cromer, RN, 2013*  
A pocket guide with suggestions and strategies for coping with the stress, responsibilities and demands of caregiving. Family members caring for wounded veterans will find this helpful. (115 pages)

Possibilities: A Financial Resource Book for Parents  
*National Endowment for Financial Education, 2001*  
A straightforward guide to money management and financial resources for parents, which outlines step-by-step financial management techniques and provides many resources. (62 pages)

Rachel’s Brain Game  
*Designed by Special Tree, Ltd, 2009*  
This board game helps children share their feelings about a loved one with a brain injury. It teaches children about brain injury and strengthens relationships in the process.
Recovering Relationships after Brain Injury
*Jeff Kreutzer, Laura Taylor and Lee Irvington, 2005*
Loss of relationships may be one of the greatest casualties of brain injury. This book helps survivors and family members understand how brain injury changes roles, relationships, emotions, and communication, and how to help recover relationships. (34 pages)

Reflections from a Different Journey
*Stanley Klein, 2004*
Many parents of children with disabilities would benefit from hearing from people who have lived the experience and can provide information on the possibilities for their children. This book has forty essays written by successful adult role models who share what it is like to grow up with a disability. (205 pages)

Sexuality and the Person with Traumatic Brain Injury: A Guide for Families
*Ernest R Griffith and Sally Lemberg, 1993*
This book discusses sexuality in the context of TBI survivors. TBI Written for survivors and their families, this book explains what is to be expected sexually and where help may be found (170 pages)

Sibling Resource Guide
*Cynthia Newman, MSW, LCSW, 2006*
This booklet lists commonly asked questions that siblings need to know about their sibling with special needs. (62 pages)

The Sibling Slam Book
*Donald Meyer, 2005*
This book is for siblings who want to read about the experiences of other siblings of children with disabilities. The siblings who contributed are willing to give you an honest look at their lives; their answers are funny, smart and opinionated. (154 pages)

Sibshops, Workshops for Siblings of Children with Special Needs
*Donald Meyer, 2003*
This book is the one-of-a-kind guide to Sibshops, the popular, award-winning program that brings together siblings of children with special needs. From start to finish, this source book describes how to organize a sibshop. This format can be used with siblings of any child with special health concerns. (237 pages)
COPING AND FAMILY ISSUES

Special Children, Challenged Parents
Robert Naseef, 1997
Dr Naseef, a psychologist and father of a son with autism, details the blessings and challenges of raising a child with disabilities. Dr Naseef teaches parents how to acknowledge and understand the emotional turmoil that accompanies their loss. (222 pages)

Special Siblings: Growing Up With Someone with a Disability
Mary McHugh, 2003
This book helps readers cope with the complex emotions experienced by anyone with a sibling with special needs. This is a must read for siblings of people with disabilities. (241 pages)

Successfully Surviving Brain Injury: A Family Guidebook
Garry Prowe, 2010
This book reviews: the basics of brain injury, the rehabilitation process, ways to make this stressful time easier for you and your family, what you need to know about health insurance and disability pay, factors that influence how well someone recovers from a brain injury and how to access resources. (246 pages)

Supporting Survivors and Caregivers after Brain Injury
Patty van Belle-Kusse, MSc and Judith Zadoks, MSc, 2011
This workbook is based on the premise that a brain injury affects the family. It helps professionals work with caregivers to connect these lives, regain control, and improve their lives. The workbook includes the person with a brain injury, the family and caregivers in all aspects of care and support. (126 pages)

TOM: Time Organization Manual (reference only)
J Lynne Mann, 2003
This manual describes a time management system you can use to help you and your loved one. The binder contains forms that you can start using right away. (70 pages)

Understanding the Effects of Concussion, Blast and Brain Injuries
Lash and Associates, 2008
This guide is for families of service members who have sustained brain injuries and caregivers and clinicians who work with them. There are articles on helping families, concussion and trauma, medication, behavior, cognition, life in the community, college and work. (42 pages)
The Coping and Family Issues category has materials about the impact of brain injury on the family, (general, and specific to spouses, siblings, and parents) and suggestions for developing coping strategies and building supports.

Unthinkable: A Mother's Tragedy, Terror, and Triumph
Dixie Coskie, 2010
The author’s narrative of how she came to appreciate the simplest of things is powerfully moving. This book is about perseverance, filled with lessons of struggle and triumph. Each chapter contains insights to assist others through their tragedies. (224 pages)

Unthinkable: Tips for Surviving a Child's Traumatic Brain Injury
Dixie Coskie, 2011
This book excerpts the tips that book offers into a caregiver's companion. It covers preparedness, emergency medical treatment, rehabilitation and beyond, and is a resource for dealing with the unthinkable, life-changing event of a child's brain injury. (94 pages)

When a Parent Has a Brain Injury: Sons and Daughters Speak Out
Marilyn Lash, MSW, 1993
This book was written for the children of people with brain injury, who felt no one could understand their situation. It deals with issues like: experiences at the hospital, how parents have changed after the brain injury and family life at home. (41 pages)

When Things Fall Apart
Pema Chodron, 1997
Heart advice for difficult times: Advice for what to do when things fall apart in our lives, and go against our usual habits and expectations. (188 pages)

When Young Children are Injured: Families as Caregivers in the Hospital and Home
Marilyn Lash, MSW, 1994
This book is for families with young children who were seriously injured. Families with children injured at an early age face unique challenges and difficulties. This guide offers families information for decisions that will help them prepare for the future. (49 pages)

When Your Child Has a Disability: The Complete Sourcebook of Daily and Medical Care
Mark Batshaw, MD, 2001
With practical information and guidance, this book can help you meet the demands of raising your child. It offers coverage of the daily and long-term care requirements of disabilities. (467 pages)
When Your Child is Seriously Injured: The Emotional Impact on Families
*Marilyn Lash, MSW, 1991*
This book is written with the help of families whose children were injured. It starts with admission and ends at discharge, with practical suggestions to help families. This book is based on conversations and interviews with many families (41 pages).

When Your Child is Technologically Assisted: A Home Care Guide for Families
*Paul Kahn, 1998*
This book helps parents prepare for home care of a child with complex medical needs by giving tips for how to set up the home and coordinate community services, how to communicate clearly about caregiving and expectations, how to help siblings adjust, and how to deal with the challenges of parenting. (64 pages)

Working Together: A Guide to Positive Supports for Parents and Professionals
*Sharon Lohrmann and Fredda Brown, 2003*
This guide reviews Positive Behavior Support (PBS) and provides suggestion for creating a support plan for children. (63 pages)

You Will Dream New Dreams
*Stanley Klein, 2001*
Fathers and mothers of children with disabilities speak on how they mourned for the child of their dreams, learned the importance of turning to friends instead of being “strong” all of the time, and found the joy of discovering new dreams. (278 pages)

VIDEOS

Acquired Brain Injury: Teens Talking to Teens
*Sunny Hill Health Center for Children, 2000*
This video is for teens living with a brain injury and features three teens who have sustained a brain injury (25 minutes)

A House for All Children: Planning a Supportive Home Environment for Children with Disabilities
*Richard V Olsen, PhD, 2000*
Six families who are raising children with a range of disabilities describe the modifications they made to create safe and supportive homes for their children. (32 minutes)

The Coping and Family Issues category has materials about the impact of brain injury on the family, (general, and specific to spouses, siblings, and parents) and suggestions for developing coping strategies and building supports.
COPING AND FAMILY ISSUES

Life Goes On: Inside the Families of Youth with Brain Injuries
*Lash & Associates, 2004*
Two families talk frankly about the effects of their child’s brain injury over time. This video gives personal insights into the family dynamics and grieving process. It will be helpful to families, and the professionals who counsel and support them. (29 minutes)

Making a Difference—Meeting the Special Needs of Persons with Brain Injury (in Spanish)
*Texas Department of State Health Services, 2008*
This video offers useful tips for effective communication and for directing individuals, families and caregivers to needed supports and services. Each video includes a section that addresses the special needs of veterans with brain injury. (97 minutes)

Making Life Work: A Family Guide for Life at Home
*Brain Injury Association of Florida, 1991*
Three families discuss how they’ve used structure, repetition and consistency to help the recovery process continue. Sections include: Coming Home, Coping Strategies, Life Skills. (106 minutes)

Planning for Life: The Role of Direct Support Professionals in Self-Directed Supports
*The Boggs Center, 2004*
This video is for those responsible for designing and implementing self-directed supports. It is also for people with disabilities and families to help them to visualize what supports can look like when they are the ones in control in planning their lives. (30 minutes)

Rebuilding Relationships after Traumatic Brain Injury
*Virginia Commonwealth University, 1998*
This presentation focuses on brain injury changes that often negatively impact relationships. Individuals with TBI must cope with increased dependence on family and friends. (15 minutes)

Understanding Brain Injury: What You Should Know
*Shepherd Center, 2011*
This video uses images of real people who have sustained a brain injury, as well as medical experts and advocates. Judy Fortin, CNN medical correspondent, goes through information to maximize your loved one’s recovery. Lee Woodruff adds practical advice – her husband, Bob Woodruff was injured in Iraq. (45 minutes)
The Materials for Educators category has materials about the educational consequences of brain injury, both academic and social, and tools for educators to help students, as well as tools for families and students to better succeed in the school setting.

All About Me!
*Roberta DePompei, PhD, 1998*
When a child with a brain injury needs help the most, friends may disappear, make taunting remarks or imitate behaviors. This book helps the child understand and cope with these issues. (16 pages)

All About Me! My Life As a Teenager
*Roberta DePompei, PhD, 2000*
This booklet helps teenagers describe themselves and their disability. It can be used by teenagers or with parents and therapists to identify current strengths, needs and strategies, as well as goals to achieve their dreams (16 pages)

Brain Injury: Causes and Consequences for Students
*Mckay Moore Sohler, 1999*
This book reviews physical, cognitive, emotional, social and behavioral changes, and describes how these affect the student’s abilities and needs in the classroom. (28 pages)

BrainSTARS
*Jeanne Dise-Lewis, Margaret Lohr Calvery, Hal Lewis, 2002*
The BrainSTARS manual helps parents and teachers identify and educate students with acquired brain injuries. (320 pages)

Building Friendships When Students Have Special Needs
*Judith Voss MA, 1997*
This manual presents a program for building peer support, decreasing social isolation and developing friendships. It can be used by parents and school staff to address the loss of friends among students with brain injuries. (52 pages)

Changes in Self-Awareness Among Students with Brain Injury
*Mckay Moore Sohler, 1999*
When the student is unaware of changes in abilities, it is difficult for educators to design accommodations and compensatory systems. This manual explains causes of unawareness and practical suggestions for working with students. (32 pages)

Compensatory Systems for Students with Brain Injuries
*Ann Glang, 1999*
Changes in memory and organizational skills after a brain injury make it difficult for an affected student to function. This manual helps educators select a compensatory system, teach students how to use it and monitor its progress. (44 pages)
From Emotions to Advocacy
*Pam Wright, 2001*
This book teaches how to plan, prepare, organize and get quality special education services. It features includes hundreds of strategies, tips, references, and Internet resources. (382 pages)

Going to College: Expanding Opportunities for People with Disabilities
*Elizabeth Evans Getzel and Paul Wehman, 2005*
With this book, readers will discover their part in helping young people gain access to a meaningful college education—one that promotes independence and responsibility, sharpens social skills, and builds a strong foundation for a successful career. (314 pages)

Implementing Ongoing Transition Plans for the IEP
*Pat McPartland, 2005*
The author outlines a new approach to assessment and instruction of students in a life skills and transition program. (134 pages)

Learning and Cognitive Communication Challenges
*Roberta DePompei, PhD, & Janet Tyler, PhD, 2004*
This manual explains relationship between cognitive processes and classroom behavior. Chapters address: cognitive-communicative challenges, effect of cognitive-communicative challenges on learning and classroom behavior, and an integrative approach to treatment of cognitive-communicative needs. (46 pages)

Life Beyond the Classroom: Transition Strategies for Young People with Disabilities
*Paul Wehman, PhD, 2001*
This textbook has everything students, instructors and rehabilitation professionals need as they enter adulthood. It enables professionals to provide people with disabilities the best transition supports and life-skills training possible (543 pages)

Making the IEP Process Work: For Students with Brain Injury
*Ann Glang, 1999*
This manual provides suggestions for developing effective educational plans for students with brain injuries. (56 pages)

My Future, My Plan
*Dana Sheets and Ed Gold, 2003*
This is a transition resource encouraging student-centered transition planning for youth with disabilities. (300 pages)
**Pathways to Successful Transition for Youth with Disabilities**  
*Gary Greene, 2003*  
The goal of this book is to provide an understanding of the possibilities and potential of transition services and philosophy and practices for the benefit of students with disabilities. (506 pages)

**The Road Ahead: Transition to Adult Life for People with Disabilities**  
*Keith Storey, 2002*  
Transition from school to adult life is difficult for youth with disabilities. This book provides strategies and ideas. (223 pages)

**Signs and Strategies for Educating Students with Brain Injury**  
*Gary Wolcott, MEd, Marilyn Lash MSW, and Sue Pearson MA, 2000*  
This book provides a listing of the challenges that many students with brain injuries experience, and multiple ways to help students compensate for these changes and difficulties. (101 pages)

**Strategies for Managing Challenging Behaviors of Students with Brain Injuries**  
*Stephen Bruce, MEd, 2004*  
This manual approaches using applied behavior analysis in the classroom. A special section contains behavior charts and forms designed for use by educators and therapists. (174 pages)

**Transition & Beyond, Now What?**  
*Pacer Center, 2002*  
A guide to help families of young adults move ahead on transition when they don’t know how to begin. (72 pages)

**Transition Portfolios for Students with Disabilities**  
*MaryAnn Demchak & Robin Greenfield, 2003*  
This book provides state-of-the-art information on transitioning needs of a wide range of students with disabilities, including those with the most complex needs (131 pages)

**Working with Traumatic Brain Injury in Schools: Transition, Assessment, and Intervention**  
*Paul Jantz, Susan Davies, and Erin Bigler, 2014*  
A practitioner-oriented guide to school-based services for students who have experienced a TBI. This is also written for parents and guardians of students with TBI due to their role in the transition, assessment, and school-based intervention process. (197 pages)
VIDEOS

Brain Injury Partners: Advocacy Skills for Parents (CD-ROM)
Ann Glang, PhD, 2004
This program provides practical tips on how to be a better advocate for your child in the school. The skills-based training offers simple strategies for dealing with the common problems parents face in advocating for their child’s needs.

Building Friendships When Children Have Special Needs
Lash & Associates, 1997
This video, which has a companion manual, presents an innovative program for building peer support, decreasing isolation and developing friendships. It is an approach that parents and school staff can use to address the loss of friends all too common among students with brain injuries. (12 minutes)

My Future, My Plan
State of the Art Productions, 2003
This video profiles three students with a range of disabilities who overcome barriers and get support to achieve their goals. A discussion guide also comes along with the video. (30 minutes)

Never Give Up
Kansas State Board of Education, 2004
This video follows two students through school and discusses accommodations and techniques used to help them succeed. There are also suggestions for ways to help children with brain injury in school. This video encourages teachers to keep trying techniques to find out what works. (25 minutes)

Take Two After Traumatic Brain Injury
Lash & Associates, 2001
This video shows the educational challenges by following three youths as they return to school following a traumatic brain injury, and also has segments where the families discuss issues returning to school presents for the entire family. (16 minutes)

The Materials for Educators category has materials about the educational consequences of brain injury, both academic and social, and tools for educators to help students, as well as tools for families and students to better succeed in the school setting.
MILD BRAIN INJURY

BOOKS

Policy: A Construction Guide for Schools
Phil Hossler, MS, ATC and Michael Collins, Ph.D., 2012
This guide provides a step by step approach to developing a successful and comprehensive concussion program in schools. It is a unique approach to addressing the risks and consequences of concussion among children and adolescents in our schools. (56 pages)

William Paul Meehan III, MD, 2011
In addition to explaining in simple & complete terms what a concussion is and how it alter brain function, this guide discusses new technologies & equipment that may help prevent concussion. (182 pages)

Mild Traumatic Brain Injury Workbook
Douglas J Mason, 2004
This book will help you learn the causes and symptoms of MTBI, understand the recovery timeline, manage medical care, recover cognitive skills, and cope with depression and anxiety. (174 pages)

Minor Traumatic Brain Injury: Diagnosis and Treatment
Gary Jay, 2000
This is an excellent resource to help fight the misunderstanding of mild traumatic brain injury (MTBI) and to help patients recover and thrive in its wake. (376 pages)

Neuropsychological Management of Mild Traumatic Brain Injury
Sarah Raskin, 2002
This clear pragmatic guide applies rehabilitation techniques to cognitive and emotional effects in persons with mild traumatic brain injury. (290 pages)

Report to Congress on Mild Traumatic Brain Injury in the United States: Steps to Prevent a Serious Public Health Problem
Centers for Disease Control and Prevention, 2003
The CDC formed the Mild Traumatic Brain Injury (MTBI) Work Group, composed of experts in the field of brain injury, to determine appropriate and feasible methods for assessing the incidence and prevalence of MTBI in the United States. This report presents the findings and recommendations of the Work Group. It describes the public health significance of MTBI and recommends how to measure the magnitude of the problem. (45 pages)

The Mild Brain Injury category has materials about concussion and mild brain injury, including diagnosis, treatment, patient information, and help for schools in developing concussion policies.
Brain Building Nutrition
*Michael A. Schmidt, PhD, 2007*
Dr. Schmidt explains how dietary fats & oils can affect mental, physical, and emotional well being, as well as provides a host of practical dietary information. (269 pages)

How To Relax
*Thich Nhat Hanh, 2015*
Learn mindfulness essentials with simple directions for exploring meditation to promote healing, transformation, inner peace, and relief from anxiety. (116 pages)

The Mind Illuminated
*John Yates, Ph.D., Matthew Immergut, & Jeremy Graves, 2015*
A complete meditation guide integrating Buddhist wisdom and brain science. Step by step guidance for every stage of the meditation path. (453 pages)

Mindfulness for Beginners
*Ella Marie, 2015*
25 Easy Mindfulness Exercises to help you live life in the present moment, conquer anxiety & stress, and live a more fulfilling life. (35 pages)

The Miracle of Mindfulness
*Thich Nhat Hanh, 1987*
An introduction to the power of meditation. Gentle anecdotes & practical exercises for learning the skills of mindfulness. (148 pages)

Reinventing Oneself After Loss
*Hilary Zayed, 2015*
Of all the physical & cognitive losses after her brain injury, it was Hilary’s loss of self that was the least visible to others, but most painful to her. Her book explores the reinvention of her “new self” using art as a vehicle for expression. (86 pages)
BOOKS

Brain Development in Children and Adolescents: What Happens After Brain Injury?
This booklet helps parents and educators understand how the child’s brain develops and why a brain injury has immediate and long-term consequences. It helps them recognize the relationship between the injury and changes in abilities. (36 pages)

Children with Traumatic Brain Injury: A Parent’s Guide
Lisa Schoenbrodt, 2001
This book provides parents with the support and information they need to help their child recover from a brain injury and to prevent further incidents. The book also discusses the complex process of family readjustment after brain injury. (482 pages)

The Child’s Brain: Injury and Development
Ron Savage, 1999
This book describes how the brain works and what happens when it is injured, and explains how the consequences of brain injury show up over time as the child matures. (16 pages)

Information on Brain Injury in Children, Adolescents and Young Adults (in Spanish)
Lash & Associates, 2001
These TBI tip cards are collected in Spanish: When a Child is in a Coma, Helping Families Cope, Help Brothers and Sisters, Back to School, Special Education and Substance Abuse. (48 pages)

Pediatric Brain Injury: The Special Case of the Very Young Child
Carol Wedel Sellers, 1997
This book is for professionals who need an understanding of the clinical challenges associated with young children. Educators, social workers, family members, advocates and students will also benefit from the information contained in this book. (153 pages)

Pediatric Traumatic Brain Injury: Proactive Intervention
Jean Blosser, 2003
This is a resource for rehabilitation programs and schools. It reviews students’ cognitive and communication needs, how to assess these deficits, and emphasizes a research-based approach to problems emerging after pediatric brain injury. (266 pages)
PEDIATRIC BRAIN INJURY

Traumatic Brain Injury in Children and Adolescents
*Margaret Semrud-Clikeman, 2001*
An alternative to neuropsychological testing, this book presents strategies for accommodating the needs of students with TBI. It is written in a non-technical style for school psychologists, counselors, social workers, special education professionals, and other clinicians working with young people. (221 pages)

When Your Teenager is Injured
*Marilyn Lash, Paul Kahn & Gary Wolcott, 1997*
This book focuses on transition planning. It discusses including the process in the IEP and helps families for adulthood by describing how to look for a job and negotiate accommodations. (56 pages)

Wrightslaw: IDEA 2004
*Peter Wright, Esq., 2005*
This book provides a roadmap to the law and how to get better services for all children with disabilities. Learn what the law says about: IEPs, IEP teams, and transition; evaluations, reevaluations, parental consent, and independent evaluations; research based instruction, early intervention and more. (161 pages)

VIDEOS

Accessing Public School Services Following Brain Injury
*Sharon Grandinette, MS, 2007*
This video reviews the needs of students with brain injury, steps to reintegrate these students into school so they receive appropriate supports and services, and perspectives on assessment, eligibility, and services offered under IDEA and 504 (60 minutes)

Schools and Brain Injury
*Ann Glang, PhD, 2009*
This video reviews myths about BI, factors impacting the service delivery of education, and promising practices, including screening, improving hospital-school linkage, training for TBI educators, advocacy training for parents, and systemic change. (104 minutes)

The Pediatric Brain Injury category has materials on brain injury in children and adolescents, and information for parents, educators and professionals on how to meet the needs of these individuals.
BOOKS

A Change of Mind: Our Family’s Journey through Brain Injury
Janelle Breese Biagioni, 2004
This book addresses marital stress and adjustment challenges for families when a spouse has a brain injury. It discusses emotional trauma for family, grieving, mourning, parenting, and caregiving after severe head trauma. (176 pages)

Adam Reborn: A Family Guide to Surviving Traumatic Brain Injury
Alex Stelmach, 2012
An intense, personal account of a family banding together when one of their own falls 40 feet into darkness and is diagnosed with a Traumatic Brain Injury. Included are pages of practical advice and information regarding TBI and how to cope with it. (225 pages)

Amazing Lady, There is Life After Brain Injury
Alice L Brown, 2002
Alice finds her life shattered after a fall leaves her in a coma. This is a story of Alice’s rehabilitation as she fights back from coma to return home and teach again. Her story is one of faith and courage as she proves to herself there is life after brain injury! (154 pages)

An Excellent Life
Jody Cramer, 2005
This is the story of one family’s experience with brain injury, an account of how a mother’s activism changed the life of her injured son. This guide contains advice and personal experiences, which can help any family coping with an injured loved one. (283 pages)

Being with Rachel: A Story of Memory and Survival
Karen Brennan, 2002
The call came at 6am: Karen’s daughter, Rachel was in an accident. When she awakens from coma with a serious memory deficit, her mom takes up the challenge of helping Rachel rebuild, jump-starting her memory by retelling Rachel’s own story. (267 pages)

The Bend in the Road: Lenny Burke’s Farm
Yvonne Daly, 2014
A young man’s courage, a mother’s love, a community’s response, & the significant discoveries made about the brain and its ability to heal. (144 pages)
Broken Mind, Persistent Hope
Thomas E. Hartman, 2014
A promising student is cut down by manic depression. Soon after, his car is T-boned in a highway collision, making his existing instability worse. His marriage comes under unbearable strain. How he returns to normal life is the story of this book. (323 pages)

Conquering the Darkness: One Woman’s Story of Recovering from a Brain Injury
Deborah Quinn, 1998
Deborah was happily married and financially secure until the day when her car careened off the road, leaving her husband dead and her in a coma. This book chronicles her recovery, the obstacles she faced, and the process of creating new life for herself. (275 pages)

Cracked... Recovering after Traumatic Brain Injury
Lynsey Calderwood, 2003
At the age of 14, Lynsey Calderwood suffered a brain injury that left her physically unmarked, but destroyed her memory. This is the story of Lynsey’s quest to discover her identity. Her sense of loss, grief and rage is movingly recalled. Courage and perseverance, and her sense of humor, see her through, and her tale will be an inspiration to anyone who has faced similar obstacles (223 pages)

Day My Brain Exploded, The
Ashok Rajamani, 2013
After a brain bleed at the age of twenty-five, Ashok had to relearn everything: how to eat, how to walk and to speak, even things as basic as his sexual orientation. With humor and insight, he describes the events of that day (his brain exploded just before his brother’s wedding!), and the long, difficult recovery. (253 pages)

Crooked Smile, One Family’s Journey towards Healing
Lainie Cohen, 2003
This is a mother’s story of her son’s brain injury when he was 17. As she traces his recovery, she reveals how his injury affected her family. She moves from observing his medical care to becoming an advocate and helps her family on the road to healing. (337 pages)
PERSONAL ACCOUNTS

Endless Journey: A Head Trauma Victim’s Remarkable Rehabilitation
Janet Stumbo, 1998
This book tells of one woman’s journey on the road to recovery and the years of rehabilitation that followed. The author conveys her determination to regain her path in life, and her extraordinary success is inspiring to all on that endless journey. (209 pages)

Every Good Boy Does Fine
Tim Laskowski, 2003
A novel that provides an insider’s look into the world of a man who sustained brain injury. Telling his story allows him to explore and redefine relationships with another group home resident, his parents and his son. It is a story of a man desperate to achieve coherence within a swirling, confusing reality. (178 pages)

Falling Away From You
Nicole Vinson Bingaman, 2015
This book tells the story of a family journey’s through traumatic brain injury by recounting events that occurred after 21 year old Taylor took a devastating fall down the stairs in the family’s home. (456 pages)

Fall Back Up: Surviving Traumatic Brain Injury
AWS Bailey, 1999
Expressed through poetry, the book describes the struggle of a young man to survive his near death experience. The author is the young man’s mother. For any reader who experienced a brain injury or has a family member with a brain injury, the author hopes this book will interest you. To any reader who needs an uplifting story and loves poetry, Fall Back Up won’t disappoint. (206 pages)

Fighting for David
Leone Nunley, 2006
Leone shares her trials, and the ways faith helped her, and her son David, overcome. In this book, you’ll find remarkable lessons on choosing hope over despair, opting for hard work over giving up, and erring on the side of love. (191 pages)

From Death’s Door to Disney World: Traumatic Brain Injury When You’re Not Rich and Famous
Mike Pollock, 2010
This book is a story of a survivor. A loved and loving wife, mom and friend, who was struck with a brain tumor. Her remarkable will to live and desire to love and stay with her family despite the prognosis from medical professionals is inexplicable. (91 pages)

The Personal Accounts section has materials related to the personal stories of people affected by brain injury: autobiographies of people with brain injury, books written by family members, novels, and stories about people with brain injury written by professionals.
**Gifts from the Broken Jar**  
*P.J. Long, 2004*  
Everyone, at some time, learns how life can change in a moment. Therapist PJ Long’s life-altering moment came when the bolt of a horse left her brain-injured. Occasionally, out of the turmoil emerges wisdom and beauty. This is one such work. (254 pages)

**Ghost Boy**  
*Martin Pistorius, 2013*  
Ghost Boy is the heart-wrenching story of one boy's return to life. In these pages, readers see a parent’s resilience, the consequences of misdiagnosis, abuse at the hands of cruel caretakers, and the unthinkable duration of Martin’s alertness betrayed by his lifeless body. Martin's emergence from his own darkness invites us to celebrate our lives and fight for a better life for others. (288 pages)

**A Good Fight**  
*Sarah Brady, 2002*  
A Good Fight is Sarah Brady’s plain-spoken, moving story of what happened to her, Jim, and their son, Scott. Sarah talks about her life before and after the shooting, and describes the events that turned her into a gun control activist. (272 pages)

**Head Cases**  
*Michael Paul Mason, 2008*  
Head Cases is a sequence of stories from the world of brain injury. Underlying these stories is an exploration into the brain and its mysteries. We come away in awe of the miracles of the brain’s workings, astonished at the fragility of the brain and the sense of self, life, and order that resides there. (130 pages)

**Hot Cripple**  
*Hogan Gorman, 2012*  
Hit by a car and suffering debilitating injuries, and with no health insurance, Hogan Gorman attempts to bounce back. This bitingly funny and keenly observed account of the cracks in our medical and social welfare system shows how one woman's resilience, combined with humor, helped her fight to recovery. (272 pages)
PERSONAL ACCOUNTS

I Am the Central Park Jogger: A Story of Hope and Possibility
Trisha Meili, 2003
For the first time since the brutal assault in 1989, the Central Park Jogger reveals her identity and tells the story you haven’t heard; the journey of a woman who turned violence and certain death into extraordinary healing and triumphant life (272 pages)

I Can’t Remember Me
Judy Martin-Urban and Courtney Martin Larson, 2006
This touching story begins in 1997, shortly after Courtney graduated from college. Left with a brain injury, her struggle back to her family and a productive life is most inspiring. (128 pages)

I Had Brain Surgery, What’s Your Excuse?
Suzy Becker, 2004
This book asks “Who am I without my brain?” Having a career as cartoonist and author, the loss of communication skills was also a crisis of identity. Using cartoons and memoir, she describes the politics of medicine, resisting her need for help and therapy, and changing relationships with friends and family. (282 pages)

I’ll Carry the Fork: Recovering a Life after Brain Injury
Kara Swanson, 2000
Written with laugh-out-loud humor, candor and input from medical and legal professionals, this book offers inspiration and practical help to anyone dealing with brain injury. (205 pages)

In An Instant
Lee Woodruff and Bob Woodruff, 2008
In an Instant is the account of how Bob and Lee Woodruff’s lives came together, were blown apart, and were miraculously put together again. The book is a wise, inspiring guide. (304 pages)

In Search of Wings
Beverly Bryant, 1992
In Search of Wings tells the true story of one woman coping with brain injury after a car accident that affected her cognition and memory. Her determination to conquer her deficits to regain total independence stands as an inspiration to all survivors. (233 pages)

The Personal Accounts section has materials related to the personal stories of people affected by brain injury: autobiographies of people with brain injury, books written by family members, novels, and stories about people with brain injury written by professionals.
The Personal Accounts section has materials related to the personal stories of people affected by brain injury: autobiographies of people with brain injury, books written by family members, novels, and stories about people with brain injury written by professionals.

**Into the Silent Land: Travels in Neuropsychology**  
*Paul Broks, 2003*  
A neuropsychologist with twenty-five years’ experience, Paul Broks writes with a doctor’s precision and clarity. Drawing on author’s own case studies, vignettes, and philosophy, the book is an extraordinary look into the unknown world of the self. (246 pages)

**Invisible Illnesses and Disabilities**  
*Sharon E Smith, 1998*  
One night this young woman’s life was forever changed. A car accident nearly took her life. As serious as her injuries were, many “invisible” problems remained after the visible wounds healed. Mental, emotional, financial and spiritual adjustments were just the beginning of learning how to live, and live well. (157 pages)

**Listening to the Silence, Seeing in the Dark**  
*Ruthann Knechel Johansen, 2002*  
A professor of literature, Johansen uses her literary skill to tell the story of her son’s recovery from brain injury. As Erik struggled to relearn basic activities, family and friends told him stories to help him regain his sense of self. (236 pages)

**Living with Brain Injury**  
*Philip Fairclough, 2002*  
After falling from a ladder in 1994, Philip Fairclough suffered major brain injury. He underwent intensive rehabilitation and relearned the skills he had once taken for granted. Philip’s determination characterizes this account of the hurdles he overcame. (128 pages)

**Lost in my Mind: Recovering from TBI**  
*Kelly Bouldin Darmofal, 2014*  
Kelly describes her journey from adolescent girl to special education teacher, wife, & mother despite several traumatic brain injuries spanning three decades. (196 pages)

**Meditations on Brain Injury**  
*Mike Strand, 2012*  
Written in a short essay format, this book is ideal for survivors with cognitive challenges, as well as for caregivers with busy schedules. Mike encourages his readers to examine their lives. (65 pages)
PERSONAL ACCOUNTS

Moment of Departure
Kathy Roberson, 2014
Twenty-one years ago, Kathy and her husband made the most difficult decision of their lives: they adopted a child with special needs. This collection of poems relates her family’s challenging adventure. Each poem mines the little things in life to unearth truths that will resonate for anyone who has encountered the frustrations and joys of caring for a loved one. (71 pages)

Never Give Up: My Stroke, Recovery and Return to the NFL
Tedy Bruschi, 2007
Days after helping the Patriots win the Super Bowl, Bruschi had a stroke. He planned to retire, but football beckoned. He learned from doctors who treated him and cleared him to play. (288 pages)

Objects in Mirror Are Closer Than They Appear
Sol Mogerman, 2001
Sol tells the story of his accident and recovery in an engaging manner. The book includes a self-help section based on what Sol learned in overcoming his disabilities (436 pages)

One Man’s Music
Vince Bell, 1998
This book is about a musician, who had a car accident and was found unconscious. It is about his rehabilitation via the music he loved and his struggles to return to making music. (204 pages)

Over My Head: A Doctor’s Own Story of Head Injury from the Inside Looking Out
Claudia Osborn, 2000
In 1988, a doctor out for a bicycle ride was hit by a careless driver and sustained a brain injury. This book details her injury and amazing comeback, and how she resumed her career. (256 pages)

Over the Waterfall
Marilyn Martone, PhD, 2010
This book chronicles a family’s journey through the health-care system and examines the concerns arising when dealing with brain injury. It also reveals a mother’s spiritual journey. (203 pages)

Overcoming All Challenges: An Almost Fatal Miracle
Roger Daniel Rizzo, 2011
Overcoming All Challenges describes in detail the injuries sustained by the author. Among the injuries was severe brain injury. The book summarizes the challenges the author overcame in his life which lead up to encountering his ultimate challenge. (292 pages)

The Personal Accounts section has materials related to the personal stories of people affected by brain injury: autobiographies of people with brain injury, books written by family members, novels, and stories about people with brain injury written by professionals.
Perfectly Normal
Marcy Sheiner, 2002
This book addresses with unprecedented honesty a mother’s experience raising a child with a disability. She tells her story with unflinching self-examination and shows what it’s really like to raise a child with a disability in America. (123 pages)

A Question of David: A Disabled Mother’s Journey Through Adoption, Family and Life
Denise Sherer-Jacobson, 1999
This is a compelling story of love, perseverance and commitment. David’s parents encounter daunting challenges due to their disabilities. But their struggle and joy at becoming parents will make you question how parenthood is defined. (213 pages)

Rambling Down Life’s Road... with a Traumatic Brain Injury
Kevin Pettit, 2003
This book provides a view of what it is like to have a traumatic brain injury. It contains excerpts from the diary of someone who underwent a TBI. This book is meant to give you a view of what it’s like to have a TBI, and to make you laugh a little. (154 pages)

Remind Me Why I’m Here
Diana Lund, 2006
Diana was a top-ranked manager when a car accident changed her personality and her life’s direction; she sustained short-term memory loss and cognitive deficits. On her quest to become whole again, she discovers hope. (214 pages)

Second Chance: A Journal of Personal Recovery
Michael Pasloski, 1999
Michael has some stories to tell. He is a musician, businessman, husband, and, father. A good, stable life, until he was injured in a car accident. The author’s misfortune brought a family closer together. Michael is a witness to human resilience. (80 pages)

Smile and Jump High! The True Story of Overcoming a Traumatic Brain Injury
Donald Lloyd and Shannon Kehoe, 2001
This book tells how one woman and her family struggled with brain injury. Their journey begins with re-learning basic tasks of life. They deal with deficits that affect her perception, reasoning, communication and behavior. This is a story worth telling because it inspires hope for survivors and their families. (221 pages)
Snail to the Finish Line, Leaning on Faith
William Jarvis, 2006
Everyone’s nightmare is to wake up in a hospital unable to move. This happened to the author, who spent over a year in hospitals. This book presents ideas on how to get through adversity and provides charts for a person to record their progress. (88 pages)

Someone Stole yesterday
Helene Wright, 2000
In the midst of Mardi Gras a young man was assaulted. That night began his second life; it was the end of his life as he and his family knew it. A story of courage and recovery against the greatest of odds, we come to know her son, his struggles, and their family bond, which strengthens in the process of recovery. (224 pages)

Spring Break
Steven Benvenisti, Esq., 2012
Imagine the worst event that could happen to you; something so horrific that death is a welcome alternative. That's what happened to Ben during his spring break, when a drunk driver crashed into him while he was walking. As an attorney, Ben's case touched me like no other. It was so gruesome, so devastating, that to this day I get chills thinking about it. Yet, all who followed this case agree that this story has inspired and changed them forever. (224 pages)

Struck by Genius
Jason Padgett and Maureen Seaberg, 2014
The first documented case of acquired savant syndrome with mathematical synesthesia, Padgett is a marvel. Struck by Genius recounts how he overcame huge setbacks and embraced his new mind. Along the way he fell in love, found joy in numbers, and spent plenty of time having his head examined. (243 pages)

Surviving Black Ice
David Fierce, 2002
An invisible patch of “black ice” starts David’s head-on collision with life. At first in coma, later struggling to perform the tasks we take for granted, David was forced to start over. This book offers help to all survivors and those that care about them. (112 pages)
TBI Hell: A Traumatic Brain Injury Really Sucks
*Geo Gosling, 2006*
A headstrong and active young man before his brain injury, Geo awakens to the frustrating world of medical and rehabilitative care. This book describes the trials he has had to endure with an emphasis on humor and his indomitable personality. (164 pages)

To Wherever Oceans Go
*Beverley Bryant, 1996*
This book is an inspiring and true story. It is the journey of one woman who refused to set limits on her potential, one family who loved each other so much they survived the storm, and a rehabilitative team unwilling to give up. (287 pages)

Until the Cows Come Home
*JT Blakemore, 2003*
Blakemore describes his ongoing recovery over forty years with detailed insights into his thought processes after brain injury. He shows how the reactions of others give him hope as well as frustration and despair. It is a candid, humorous book with a fresh perspective on what it means to live with brain injury. (239 pages)

The Water Giver
*Joan Ryan, 2009*
After falling from his skateboard at age 16, Joan’s son suffered a traumatic brain injury that left him unable to walk or talk, requiring multiple complex surgeries and months of rehabilitation. Her story of supporting him through this experience, is a testament both to her stamina and to his strength. (272 pages)

Where is the Mango Princess?
*Cathy Crimmins, 2003*
Cathy charts her husband’s painful, astonishing journey through brain injury. From the frustrations of dealing with doctors and insurance, to the enigmas of personality, mortality and science, this is a chronicle of wisdom, love and resilience. (257 pages)

You’re a Dick, Mummy
*Ann Kidd, 2009*
‘You’re a dick, Mummy’ were the first words Jamie Kidd said to his mother after a car crash. Now they are the title of a book she’s written about his brain injury. The book is an honest account of what it’s like advocating for people with brain injury. (312 pages)
PERSONAL ACCOUNTS

VIDEOS

Beyond the Invisible: Living with Brain Injury
*Brain Injury Association of New York State, 2008*
Narrated by Lee Woodruff, this documentary was produced by the Brain Injury Association of New York State in order to build awareness about combat-related traumatic brain injury and its impact on our returning military. (30 minutes)

Brain Injury Dialogues
*Rick Franklin, 2008*
Though he appears normal, Rick Franklin’s brain injury has made his life anything but. Teaming up with documentary maker and friend Lyell Davies, Rick explores the impact brain injury has on himself and other people. We hear how survivors deal with life through personal, medical, and political strategies. (52 minutes)

Changing Identities
*Daniel Labbato, 2006*
In 1999, Bill Richards founded The Art Studio at the Northeast Center for Special Care, a brain injury rehabilitation program. This movie documents the growth of several Art Studio “neighbors” as they redefine who they are through this program, and see themselves not as people with disabilities but artists (56 minutes)

The Lookout
*Miramax Pictures, 2007*
Chris Pratt, whose once-bright future has been dimmed by a brain injury, is a night janitor at a bank. Lonely and frustrated, Chris falls prey to a con man’s promise of a better life, and agrees to help rob the bank. This thriller is a surprisingly accurate picture of life after brain injury and provides a look at some typical (and not so typical) problems faced by a young man after a brain injury. (99 minutes)

Marwencol
*Cinema Guild, 2011*
Mark Hogancamp was beaten nearly to death, his memories wiped away. Seeking recovery, he builds Marwencol, a miniature World War II-era town filled with doll versions of his friends, fantasies, and even his attackers. As he documents the town’s dramas, the dolls become living characters in an epic tale of love, adventure, resurrection and revenge. When his photos are discovered by the art world, Mark is suddenly forced to choose between the safety of his imaginary world and the real world he’s avoided. (84 minutes)

The Personal Accounts section has materials related to the personal stories of people affected by brain injury: autobiographies of people with brain injury, books written by family members, novels, and stories about people with brain injury written by professionals.
Music Within, (The)
*MGM Studios, 2008*
This film is based on the true-life story of Richard Pimentel. Deafened by a bomb blast in Vietnam, Richard returns home and discovers his life's calling: helping others with disabilities, including his fellow veterans. Along with his best friend, a wheelchair-bound rebel with a wicked wit, Richard fights for the rights of those whose voices can’t always be heard. This is a powerful and inspiring journey that every American should take. (94 minutes)

Not So Still Life, (A)
*Shadowcatcher Entertainment, 2010*
Ginny Ruffner overcame a near fatal car accident in 1991 in order to re-establish her worldwide reputation as an artist, but it is her indefatigable spirit that has influenced so many in and out of the art world. Witness Ginny's determination to recover from the accident that nearly claimed her life, but barely even slowed her constant re-invention of the world around her. (82 minutes)

Regarding Henry
*Paramount Studios, 1991*
Henry Turner is a successful, ruthless New York lawyer who needs to win at any cost, even at the expense of his wife and daughter. But a gunshot brings Henry's fast-track rise to a dead stop, leaving him incapacitated and with no memory of the life he used to lead. Faced with starting over, Henry is about to learn the hard truth about a stranger... himself. (108 minutes)

This Beats a Coma
*Scott Richardson and Doug Markgraf, 2012*
This movie tells the story of a young man's journey from coma to a cross-country bicycle trek. It reflects on the difficulties faced by a brain injury survivor and documents the struggles to return to an independent life. It's a story about hope, overcoming debilitating setbacks, and achieving amazing things. (28 minutes, 45 seconds)

When Billy Broke His Head
*Billy Golfus, Fanlight Productions, 2004*
After sustaining a brain injury in an accident, journalist Billy Golfus goes on the road in an irreverent, entertaining quest to explore the roots and progress of the disability rights movement. This movie blends humor with politics and individual experience with a chorus of voices, to explore what it’s like to live with a disability in America. (57 minutes)
BOOKS

101 Tips for Recovering from Traumatic Brain Injury
Kelly Bouldin Darmofal, 2015
Practical advice for TBI survivors, teachers, & caregivers. (37 pages)

Acceptance Groups for Survivors
Nancy Bauser MSW, 2001
Nancy uses her experience as a brain injury survivor and expertise as a social worker to craft group discussions to help participants grasp acceptance as a process of recognizing problems, admitting deficits, accepting the reality of the present. (124 pages)

Achieving Communication Independence: A Comprehensive Guide to Assessment and Intervention
Yvonne Gillette, 2003
The author provides a structure for observation, assessment, and implementation and a systematic way to document the needs and progress of persons with communication challenges. (156 pages)

Attention, Memory and Executive Function
G Reid Lyon, 1996
This book presents research on central cognitive processes and explains how these findings can help clinicians assess and remediate deficits. The book also examines the role of executive function in children’s development, explores the use of cognitive strategies to guide learning; and provides explicit instructional examples for teaching organization and planning skills. (424 pages)

Behavior Analysis Guidelines and Brain Injury Rehabilitation: (reference only)
Harvey Jacobs, 1993
This book is a reference manual for persons interested in applying behavior analysis to brain injury rehabilitation. The book presents guidelines for applying the basic principles of behavior analysis in brain injury rehabilitation, and covers more advanced concepts, such as social skills training, complex skill building and ultimately, personal empowerment. (374 pages)

The Rehabilitation and Reference section has materials on brain injury rehabilitation, addressing cognition, emotion, daily living, and other abilities impacted by brain injury, and also includes clinical reference materials on brain injury and its consequences.
Behavior Functional Rehabilitation Activity Manual
*Barbara Messenger, M.Ed, ABDA and Niki Ziarnek, MS, CCC-SLP/L, 2004*
This manual includes activities on: social skills, interpreting cues, group interaction; time management; anger management; and vocational skills including assessment, interviewing, job application, resumes, and presentation. (292 pages)

The Behavior Management Handbook: A Practical Approach to Patients with Neurological Disorders
*Brigitte Matthies, Jeffrey Kreutzer, and Deborah West, 2003*
This manual details techniques for addressing the challenging behaviors often seen in patients with neurological dysfunction. This resource provides: sample treatment goals for behavioral problems; descriptions of common behavioral problems and “common mistakes” made by professionals (152 pages)

Brief Interventions and Brief Therapies for Substance Abuse
*US Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, 1999*
This book will be of use to professionals who need to help persons with substance abuse disorders seek treatment. (234 pages)

*Madonna Siles, 2006*
Part memoir, part recovery manual, this is a guide for thousands of individuals who find themselves having to make life and death decisions for those they love. She examines the patient’s recovery, the role of caregivers, and the pressures they face (221 pages)

The Brain Pack (Reference Only)
*Ron Van der Meer, 2000*
The Brain Pack explores the facts and mysteries inside your head. You can examine a model of your brain to see how information is processed, evaluate memory skills and more. (13 pages)

The Brain That Changes Itself: Stories of Personal Triumph from the Frontiers of Brain Science
*Norman Doidge, 2007*
Evidence is showing the brain can rewire itself, even in the face of catastrophic trauma: the brain can be strengthened like a weak muscle. This book features case studies reminiscent of Oliver Sacks combined with interviews with lead researchers. (427 pages)
Case Studies in Neuropsychological Rehabilitation
Barbara Wilson, 1999
This text presents 20 case studies of adults who sustained severe brain injury. The chapters describe the lifestyle of each individual before the onset of brain injury, and subsequent symptoms, assessment, rehabilitation and outcomes. (384 pages)

The Child with Traumatic Brain Injury or Cerebral Palsy
Lucia Braga, 2006
This book presents a context-sensitive, family-centered model for rehabilitating children with brain injury. The accompanying CD has a manual with illustrated activities designed to promote the child’s neurodevelopment through family involvement. (287 pages)

Cognition Functional Rehabilitation Activities Manual
Barbara Messenger and Niki Ziarnek, 2004
This manual includes 60 activities concerning: orientation, memory, interactions, money management, organization, health awareness, attention, problem-solving, comprehension, reading, and community orientation. (126 pages)

Cognitive Rehabilitation: An Integrative Neuropsychological Approach
McKay Moore-Sohlberg, PhD, 2001
This textbook reviews cognitive rehabilitation. It focuses on the assessment and treatment of persons with deficits in attention, memory, executive functions, and communication. It is written in clear, straightforward fashion with case studies. There are sample assessments, rating scales, and patient handouts. (492 pages)

Collaborative Brain Injury Intervention
Mark Ylvisaker and Timothy J Feeney, 1998
This book reviews cognitive, behavioral, and communication issues applied through positive everyday routines, and covers topics concerning children and adults in a practical manner. (330 pages)
Communication Disorders Following Traumatic Brain Injury
Skye McDonald, 1999
Psychologists, speech pathologists and therapists working with people with brain injury will find this book a comprehensive source for assessing communication problems faced by people with brain injury, and for planning rehabilitation. (338 pages)

Daily Living Functional Rehabilitation Activities Manual
Barbara Messenger, Med, ABDA and Niki Ziarnek, MS CCC-SLP/L, 2004
The purpose of this manual is to teach functional rehabilitation activities, therapeutic tasks designed to facilitate an individual’s independence with activities of daily living. (108 pages)

The Depression Workbook
Mary Ellen Copeland, MS, MA, 2001
This workbook provides exercises that help readers take charge of their own wellness and teach coping skills, such as tracking moods, increasing self-esteem, avoiding conditions that exacerbate mood swings, and using relaxation, diet, and exercise. (333 pages)

Family Rehabilitation Activity Manual
Barbara Messenger and Niki Ziarnek, 2006
This manual lists activities families can use to help an individual with behavior, cognition, leisure interests, and daily living. Many of the exercises work on attention, memory, organization, behaviors, anger, emotions and concentration. (118 pages)

Functional Assessment and Intervention
James Carr, 2002
Problem behaviors serve a number of functions for a person with disability. They may provide positive or negative reinforcement. The authors describe a newer functional approach to problem behavior, offer strategies to assess behaviors and intervene using functional assessment and intervention techniques (99 pages)

Healing Pain and Injury
Maud Nerman, DO, CSPOMM, CA, 2014
When injury or illness befalls you, your body is your greatest ally, constantly fighting to restore balance and health to every part of you. But sometimes it needs the right kind of help. In this book, Dr. Nerman weaves together stories from patients, three decades of experience, the healing tradition of osteopathic medicine, and scientific discoveries to explain why the body’s interconnectedness is the key to recovery. (384 pages)
The Helping Exchange: PEARL
Martin J McMorrow, 2005
This behaviorally-oriented rehabilitation manual provides a down-to-earth, easy to implement model designed to teach, strengthen, and evaluate desired skills in human service interactions. Examples illustrate how to apply the P.E.A.R.L. to clients. (48 pages)

The Hero’s Journey
Kit Malia, BED, MPhil, CPCRT and Anne Brannagan, DIPCOT, MSc, 2008
A group curriculum with content to increase understanding and adjustment to the changes caused by brain injury. It can be used by clinicians, caregivers and families. The activities are designed as “adventures, challenges and insights” to enhance understanding of the brain and the consequences of an injury. (120 pages)

Inside Coma: A New View of Awareness, Healing and Hope
Pierre Morin, M.D., PhD and Gary Reiss, LCSW, PhD, 2010
This book describes practical, ways of communicating with coma patients, showing family members and caregivers how to enter the patient’s inner world of experience to engage their will and power to heal. The authors explain the newest developments in the cutting-edge treatment of coma patients through a mind-body approach to medicine and healing. (261 pages)

Judgment and Safety Screening Inventory Administration Manual
Jeffrey S Kreutzer, PhD, Deborah D West, BA and Jennifer Marwitz, MS, 2001
The Judgment and Safety Screening Inventory was developed to identify and communicate concerns about safety. The kit includes a manual and forms. The manual provides information on scoring, interpretation and recommendations to improve safety. (56 pages)

Leisure Functional Rehabilitation Activities Manual
Barbara Messenger, Med, ABDA and Niki Ziarnek, MS, CCC-SLP/L, 2004
Meaningful activities can make a difference in the life of a person with a cognitive impairment. This manual presents activities that can be used in home and community settings. Activities include: exploring the community, game playing, making an interest inventory, outdoor activities, art and crafts, and writing. (18 pages)
A Manual for Teaching Patients to Use Compensatory Memory Systems
Mckay Moore Sohlberg, Alice Johansen, Suzanne Geyer, Sue Hoornbeek, 1994
This manual reviews memory and training models, design of external memory systems, programs for increasing awareness, exercises, generalization and methods for involving significant others. (174 pages)

Memory Matters: Strategies for Managing Everyday Memory Problems
Deborah D West and Janet Niemeier, 2005
Memory problems are common after brain injury. Trouble learning and remembering information leads to frustration and struggles to perform tasks. This book identifies steps to manage problems. An interactive approach helps put strategies into action. (40 pages)

The Memory Workbook
Douglas J Mason, PsyD, Michael Lee Kohn, PsyD, 2001
This workbook shows readers how to improve their memory functioning. Readers learn how to maximize the receptiveness of their senses, focus on what is important and block out what isn’t, rehearse and imprint information, and use visual imagery to retain experiences. (230 pages)

Music Therapy and Traumatic Brain Injury
Simon Gilbertson and David Alridge, 2008
This book demonstrates how music therapy can be used to attend to the holistic, rather than purely functional, needs of people affected by brain injury. It gives clinicians notes for practice and a vision of the role of music therapy in rehabilitation (159 pages)

Narrative Approaches to Brain Injury
Stephen Weatherhead and David Todd, 2013
This book explores ways to create a space for personal stories to emerge and change, while balancing theory with clinical applications. It illustrates the potential for contributing to significant change in current narratives of brain injury. (256 pages)

Neurobehavioral Disability and Social Handicap After Brain Injury
Rodger Wood and Tom McMillan, 2001
The book reviews neurobehavioral disability, how it translates into social handicap, and addressing these problems in rehabilitation, vocational training, and family education. (315 pages)
Neuropsychosocial Intervention: Practical Treatment of Severe Behavioral Dyscontrol after Acquired Brain Injury
Robert L Karol, 2003
This book outlines the nature and significance of behavioral dyscontrol, explains aggression, and details the neuropsychosocial treatment approach and the principles on which it is based. It demonstrates even persons with brain injury and severe behavioral problems can succeed with amazing results. (199 pages)

Neurotrauma (Reference Only)
Raj Narayan, MD, Jack Wilberger, MD and John Povlishock, PhD, 1996
This clinical textbook is a reference for the wide spectrum of physicians and scientists involved with this field. (1558 pages)

Psychotherapy after Brain Injury
Pamela S. Klonoff, 2010
This book presents hands-on tools for addressing the multiple ways that brain injury can affect psychological functioning and well-being. With a focus on facilitating awareness, coping, competence, adjustment, and community reintegration, the book features case examples and reproducible handouts and forms. It shows how to weave together psychotherapy, cognitive retraining, group and family work, psychoeducation, and life skills training. (288 pages)

Rehabilitation for Traumatic Brain Injury
Walter M High, Jr., PhD, 2005
This book reviews the effectiveness of rehabilitation interventions. Experts conduct evidence-based reviews of domains of brain injury rehabilitation summarizing what is known, critiquing studies in the area, and then outlining new directions for research. (368 pages)

Rehabilitation for Traumatic Brain Injury, Physical Therapy Practice in Context
Maggie Campbell, 2000
This book increases professionals’ knowledge and understanding of the problems faced by patients and their families. It will help them define their role as therapists within the lengthy and ongoing rehabilitation process. (259 pages)

The Rehabilitation and Reference section has materials on brain injury rehabilitation, addressing cognition, emotion, daily living, and other abilities impacted by brain injury, and also includes clinical reference materials on brain injury and its consequences.
Sports Neuropsychology  
*Ruben Echemendia, 2006*
Knowledge about sports-related concussion has grown, with a corresponding upsurge of awareness among coaches, team physicians, and the public. This volume discusses practical guidelines for evaluating mild brain injury and making crucial return-to-play decisions for athletes at all levels. (324 pages)

Substance Use Disorder Treatment for People with Physical and Cognitive Disabilities  
*Center for Substance Abuse Treatment, 2008*
The Center for Substance Abuse Treatment’s Treatment Improvement Protocols (TIPs) are best practice guidelines for treatment of substance use disorders. This TIP presents simple and straightforward guidelines on how to overcome barriers and provide effective treatment to people with disabilities. (156 pages)

Textbook of Traumatic Brain Injury  
*Jonathan M Silver, MD, Thomas W McAllister, MD, and Stuart C Yudofsky, MD, 2005*
This textbook addresses imaging, diagnostics, neuropsychological assessment, social issues, systems of care, treatment, and neuropsychiatric sequelae including apathy, reduced awareness, fatigue, pain, headaches, etc. (771 pages)

Traumatic Brain Injury Rehabilitation: Children and Adolescents, 2nd Edition (reference only)  
*Mark Ylvisaker, 1998*
This book provides professionals a framework for treating children and adolescents with brain injuries. It reviews the pathophysiology and consequences of brain injury, intervention, and guidelines for reintegrating the child into school, family, and work. (479 pages)

*Jennie Ponsford, Sue Sloan and Pamela Snow, 2012*
The second edition of this book is an updated guide for professionals working with individuals recovering from TBI. It presents strategies for maximising participation in all aspects of community life. The book will be of use to clinicians, students in health disciplines relevant to rehabilitation, and the families of individuals with brain injury. (434 pages)
Traumatic Brain Injury: Rehabilitation Treatment and Case Management (reference only)
Mark J Ashley, 2004
A source of information on issues faced by people with brain injury and their caregivers. Provides procedures that may be effective in reducing disability, improving life quality and life satisfaction, and reducing financial expenditures associated with TBI. (800 pages)

Understanding Everybody’s Behavior after Brain Injury: “Don’t ‘Don’t’!”
Harvey E Jacobs, 2010
This book helps you understand the factors that cause behavior after brain injury. It shows how behavior is affected by events and circumstances as much as the injury. It helps people involved with the individual be more responsive and effective. It is ideal for training, staff development, and case consultation. (249 pages)

Understanding Everybody’s Behavior after Brain Injury: Workbook
Harvey E Jacobs, 2010
The workbook is designed to help you understand the complexity of brain injury, to identify strengths and challenges, and develop action plans. By using the Workbook, families, caregivers and clinicians will develop a proactive approach. (138 pages)

VIDEOS

60 Minutes: Awakening
CBS Broadcasting, 2007
There are as many as 300,000 Americans living with such serious brain injuries that they are trapped in what is called a “minimally conscious state”. Most will never emerge from this state, but for a few, there might be hope. (12 minutes)

ABCs of the Zs: Sleeping with a TBI
Alicia Fredella, RRT, CBIT, 2007
This video reviews the neurobiology of sleep and how sleep can be disturbed because of TBI; clinical treatment for TBI-related sleep disorders and assessment and treatment techniques used in sleep disorders. (52 minutes)
REHABILITATION AND REFERENCE

Coma (HBO Documentary Films)
HBO Documentary Films, 2008
COMA follows the journeys of four brain injury patients, after their emergence from a coma into a persistent vegetative state, a minimally conscious state, or beyond. The film charts the patients’ progress and details efforts made on their behalf by doctors, therapists, and families and friends. (102 minutes)

Coping with Brain Injury: Brain Injury Speakers’ Series
U California-San Diego TV, 2006
Four television programs featuring speakers and brain injury survivors sharing information and real-life examples. (120 minutes)

How to Be an Effective Consumer of Neuropsychology Services
Richard Temple, PhD, 2008
This video reviews neuropsychological evaluation, testing, and practice, including assessment domains, choosing a neuropsychologist, and the rights and responsibilities of consumers of neuropsychology. (60 minutes)

Intersection of Aging and Traumatic Brain Injury, The
Gary Seale, MS, 2009
This video examines statistics regarding TBI and aging, questions at the intersection of TBI and aging, existing evidence, and multiple recommendations for promoting “healthy aging”. (63 minutes)

Long-Term Health Outcomes
John D Corrigan, PhD, 2009
This video examines the long-term consequences of brain injury by reviewing case studies. The results support reconceptualizing brain injury as a chronic disease. (65 minutes)

Medication and Brain Injury
Gregory O’Shanick, MD, 2009
This video reviews the role of medications in treatment, mechanisms of action, side effects, and other aspects of medication (70 minutes)

Systematic Care Management: Overview and Preliminary Results
D Nathan Cope, MD, 2010
This video reviews health industry trends affecting the care of persons with severe TBI, including insurance management. The video considers systematic care management and its application in TBI-related health care. (58 minutes)

The Rehabilitation and Reference section has materials on brain injury rehabilitation, addressing cognition, emotion, daily living, and other abilities impacted by brain injury, and also includes clinical reference materials on brain injury and its consequences.
REHABILITATION AND REFERENCE

Understanding the Continuum of Care
*Douglas Cooper, PhD, 2008*
This video reviews issues in the treatment of brain injured service members, opportunities for collaboration with brain injury rehabilitation programs, and blast-related treatment. (90 minutes)

UW TBI Model Systems Series: 2004 Conference Series
*Part 1- Dr Mary Pepping; Jesse Fann, MD, MPH*
This video contains lectures on the anatomy of the brain; and psychiatric disorders that accompany TBI (120 minutes)

*Part 2- Myron Goldberg, PhD; Julie Brunings, MS, CCC-SLP and Julie Rosenzweig, MS, COC*
This video contains lectures on understanding & managing behavioral problems in TBI; and pragmatics of communication and TBI (120 minutes)

*Part 3- Andrea Abrahamson; Caregiver and Self Advocate Panel*
This video contains lectures on self-advocacy; navigating the health care system; and a discussion, “Case Management and Caregiver Support” (120 minutes)

RETURN TO WORK

BOOKS

*Jeff Kreutzer, Stephanie Kolakowsky-Hayner, Debbie West, Gene Gourley, 1999*
This guide helps people with brain injury sort through the options of going back to the same job, finding a new job, or not going back to work. (160 pages)

Choosing, Finding, and Keeping a Job After Brain Injury
*Janet P Niemeier, PhD, ABPP, Jeffrey S Kreutzer, PhD, ABPP, Shy DeGrace, BS, 2009*
A vocational training program for adults with brain injuries which includes structured sessions with a workbook and CD. (167 pages)

The Rehabilitation and Reference section has materials on brain injury rehabilitation, addressing cognition, emotion, daily living, and other abilities impacted by brain injury, and also includes clinical reference materials on brain injury and its consequences.

The Return to Work section has materials on working after brain injury, of interest to persons with brain injury, family members, job coaches, vocational rehabilitation support staff, and employers.
RETURN TO WORK

Traumatic Brain Injury and Vocational Rehabilitation
David Corthell, EdD, 1990
A resource on brain injury for vocational rehabilitation providers, with sections on brain injury, evaluation, treatment, placement and monitoring. (272 pages)

Working After Brain Injury: What Can I Do?
Dana DeBoskey, PhD, Editor, John Burton, MS, Connie Calub, MEd, and Karen Morin, MSW, 1996
A variety of approaches are presented in this manual to plan and implement an effective back to work strategy to assist individuals after brain injury. (121 pages)

VIDEOS

Vocational Implications after Brain Injury
Kathy Stachowski, OTR/L, CBIST, and Pam Kaneshige, OTR/L, CBIS, 2009
This video examines trends affecting employment of persons with brain injury, and identifies strategies to improve opportunities for successful return to work after brain injury. (65 minutes)

SENSITIVITY & STAFF DEVELOPMENT

BOOKS

Getting Ready to Help: A Primer on Interacting in Human Services
Martin J Mc Morrow, 2003
This book reviews best in practice in helping: avoiding harmful interaction styles, developing a deeper understanding of behavior, and finding joy in the experience of helping others. (104 pages)

How to Break Bad News: A Guide for Health Care Professionals
Robert Buckman, 1992
This book teaches doctors to communicate bad news to their patients. It teaches techniques and responses to improve doctor-patient relationships. (223 pages)
# SENSITIVITY & STAFF DEVELOPMENT

**People with Brain Injury are Speaking Up about Quality of Services**  
*National Center on Outcomes Resources, 2001*  
This booklet presents the views of people with brain injury concerning quality in services and supports. (20 pages)

**Treating Families of Brain Injury Survivors**  
*Paul R Sachs, PhD, 1991*  
A text on treatment for families of brain injury survivors, including information on the family system, assessment, psychological treatment, the family self-help movement, the emotional impact of family treatment on the professional, and future directions of treatment. (211 pages)

**Working with Families of Brain Injury Survivors in Community Re-Entry**  
*Paul Sachs, PhD, 1996*  
This manual is for rehab therapists working with families of persons with TBI at the community re-entry stage. (56 pages)

# STROKE

**BOOKS**

**After a Stroke: 300 Tips for Making Life Easier**  
*Cleo Hutton, RN, 2005*  
Cleo Hutton, a 12-year stroke survivor and nurse, gives readers tips she used in her recovery including how to accomplish daily living routines, combat fatigue, enjoy recreational activities, and how to turn deficits into assets. (128 pages)

**After Stroke**  
*David M Hinds, 2000*  
This book has information why a stroke occurs and what happens when it does, how to get the best care in a specialized stroke unit and more. (210 pages)

**Brain Attack—The Journey Back**  
*Liz Pearl, M.Ed., 2005*  
A book of 33 narratives written by survivors about their recoveries. (137 pages)
The Dresser Poems: After the Stroke
Patricia Celley Groth, 2001
A collection of poems by an award winning poet and stroke survivor. (21 pages)

Living with Stroke: A Guide for Families
Richard Senelick, 2001
In this book, stroke survivors and their families, friends, and caregivers learn about the process of rehabilitation, and the causes of stroke. (277 pages)

My Mum Had a Stroke
Jenny Tunstall, 2001
This book explores a daughter’s reaction to her mother’s stroke. She has to cope with her mother’s changes, and her own fears and feelings. Although her life is now different and has its difficulties, she comes to appreciate that there are good times, too. (40 pages)

Out of the Darkness
Allison S. O’Reilly, 2014
An inspirational story of survival in the face of stroke and locked-in syndrome. (119 pages)

Stroke and the Family: A New Guide
Joel Stein, MD, 2004
In this book, Joel Stein shows the many faces of stroke and the people it strikes and gives guidelines for family coping. (272 pages)

Stronger After Stroke: Your Roadmap to Recovery
Peter G Levine, 2009
Written for survivors, caregivers, and loved ones, this book offers a new approach: stroke survivors recover by using the same learning techniques anyone uses to master anything. Concepts include repetition of task-specific movements, proper scheduling, setting goals and recognizing achievements. (215 pages)

Take Brave Steps: For Stroke Survivors and Families
Ron Gardner, 2008
In 1997, Ron suffered a devastating stroke. After recovering from his stroke, Ron shares his powerful and personal message of motivation and hope with individuals and corporations. His is a human interest story of triumph over tragedy that will be sure to inspire and help you and your loved ones. (156 pages)
The printing of this guide is made possible through the New Jersey Traumatic Brain Injury Fund, administered by the New Jersey Department of Human Services, Division of Disability Services.

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