SENSITIVITY & STAFF DEVELOPMENT

People with Brain Injury are Speaking Up about Quality of Services
National Center on Outcomes Resources, 2001
This booklet presents the views of people with brain injury concerning quality in services and supports. (20 pages)

Treating Families of Brain Injury Survivors
Paul R Sachs, PhD, 1991
A text on treatment for families of brain injury survivors, including information on the family system, assessment, psychological treatment, the family self-help movement, the emotional impact of family treatment on the professional, and future directions of treatment. (211 pages)

Working with Families of Brain Injury Survivors in Community Re-Entry
Paul Sachs, PhD, 1996
This manual is for rehab therapists working with families of persons with TBI at the community re-entry stage. (56 pages)

STROKE

BOOKS

After a Stroke: 300 Tips for Making Life Easier
Cleo Hutton, RN, 2005
Cleo Hutton, a 12-year stroke survivor and nurse, gives readers tips she used in her recovery including how to accomplish daily living routines, combat fatigue, enjoy recreational activities, and how to turn deficits into assets. (128 pages)

After Stroke
David M Hinds, 2000
This book has information why a stroke occurs and what happens when it does, how to get the best care in a specialized stroke unit and more. (210 pages)

Brain Attack—The Journey Back
Liz Pearl, M.Ed., 2005
A book of 33 narratives written by survivors about their recoveries. (137 pages)
The Dresser Poems: After the Stroke  
*Patricia Celley Groth, 2001*  
A collection of poems by an award winning poet and stroke survivor. (21 pages)

Living with Stroke: A Guide for Families  
*Richard Senelick, 2001*  
In this book, stroke survivors and their families, friends, and caregivers learn about the process of rehabilitation, and the causes of stroke. (277 pages)

My Mum Had a Stroke  
*Jenny Tunstall, 2001*  
This book explores a daughter’s reaction to her mother’s stroke. She has to cope with her mother’s changes, and her own fears and feelings. Although her life is now different and has its difficulties, she comes to appreciate that there are good times, too. (40 pages)

Out of the Darkness  
Allison S. O’Reilly, 2014  
An inspirational story of survival in the face of stroke and locked-in syndrome. (119 pages)

Stroke and the Family: A New Guide  
*Joel Stein, MD, 2004*  
In this book, Joel Stein shows the many faces of stroke and the people it strikes and gives guidelines for family coping. (272 pages)

Stronger After Stroke: Your Roadmap to Recovery  
*Peter G Levine, 2009*  
Written for survivors, caregivers, and loved ones, this book offers a new approach: stroke survivors recover by using the same learning techniques anyone uses to master anything. Concepts include repetition of task-specific movements, proper scheduling, setting goals and recognizing achievements. (215 pages)

Take Brave Steps: For Stroke Survivors and Families  
*Ron Gardner, 2008*  
In 1997, Ron suffered a devastating stroke. After recovering from his stroke, Ron shares his powerful and personal message of motivation and hope with individuals and corporations. His is a human interest story of triumph over tragedy that will be sure to inspire and help you and your loved ones. (156 pages)

The Stroke category has materials about strokes, including information on diagnosis, treatment, coping and adjustment.