

MILD BRAIN INJURY

BOOKS

Policy: A Construction Guide for Schools

Phil Hossler, MS, ATC and Michael Collins, Ph.D., 2012

This guide provides a step by step approach to developing a successful and comprehensive concussion program in schools. It is a unique approach to addressing the risks and consequences of concussion among children and adolescents in our schools. (56 pages)

Kids, Sports, and Concussion: A Guide for Coaches & Parents

William Paul Meehan III, MD, 2011

In addition to explaining in simple & complete terms what a concussion is and how it alter brain function, this guide discusses new technologies & equipment that may help prevent concussion. (182 pages)

Mild Traumatic Brain Injury Workbook

Douglas J Mason, 2004

This book will help you learn the causes and symptoms of MTBI, understand the recovery timeline, manage medical care, recover cognitive skills, and cope with depression and anxiety. (174 pages)

Minor Traumatic Brain Injury: Diagnosis and Treatment

Gary Jay, 2000

This is an excellent resource to help fight the misunderstanding of mild traumatic brain injury (MTBI) and to help patients recover and thrive in its wake. (376 pages)

Neuropsychological Management of Mild Traumatic Brain Injury

Sarah Raskin, 2002

This clear pragmatic guide applies rehabilitation techniques to cognitive and emotional effects in persons with mild traumatic brain injury. (290 pages)

Report to Congress on Mild Traumatic Brain Injury in the United States: Steps to Prevent a Serious Public Health Problem

Centers for Disease Control and Prevention, 2003

The CDC formed the Mild Traumatic Brain Injury (MTBI) Work Group, composed of experts in the field of brain injury, to determine appropriate and feasible methods for assessing the incidence and prevalence of MTBI in the United States. This report presents the findings and recommendations of the Work Group. It describes the public health significance of MTBI and recommends how to measure the magnitude of the problem. (45 pages)

The Mild Brain Injury category has materials about concussion and mild brain injury, including diagnosis, treatment, patient information, and help for schools in developing concussion policies.